

Admission & Discharge Criteria

Admission Criteria

In order to qualify for admission into St. Luke's...

- A physician order is required.
- You must be strong enough to participate in intensive therapy - 3 hours per day, most days of the week – and make progress.
- You must have medical complexity (medical needs) requiring a rehab physician and 24-hour specialized rehab nursing.
- You must require intensive interdisciplinary approach – including therapy, rehab nurse, rehab physician, and care manager – and require at least 2 types of therapy (physical therapy, speech language therapy, occupational therapy).
- You must have a reasonable discharge plan – a place that you plan to go after St. Luke's. Discharge to a skilled nursing facility is not an acceptable discharge plan.

Discharge Criteria

You no longer require St. Luke's level of care when...

- You have met your rehab goals, or you are not making gains.
- You no longer require acute inpatient rehab level of care - you can discharge home and/or go to outpatient therapy.
- You are not able to do 3 hours of therapy a day, most days of the week - too weak or tire out quickly
- You no longer meet medical necessity – you improved medically and/or progressed physically
- You have medical or psychological problems that prevent you from being able to participate in rehab.

- Your rehab needs can be met at a different level of care, such as outpatient therapy or skilled level of care
- You are not cooperative or refuse to follow recommendations from your rehab team.