

My Hospital Help

Katherine's Day at the Pediatric Surgery Center

Meet Katherine



Hi, my name is Katherine. Today I'm going to the Sacred Heart Children's Hospital Pediatric Surgery Center to get surgery. I like to call it "hospital help."

Arriving at the Hospital



When I woke up today, I couldn't eat or drink anything. My mom drove me to the hospital and we parked in the big garage underneath.

Ped's Surgery



This is the Ped's Surgery Center. I'll get my hospital help here. They have a small door for little people like me!

Checking In



When we went inside,
we talked to the
lady at the desk.
She asked my mom
lots of questions, so
I went to play.

Playroom



The play area had all kinds of fun toys.



Weight & Height



A little while later, the nurse weighed me and measured my height. I'm so tall!



Exam Room



After that, we went into a little room and the nurse took my temperature and blood pressure.

She also put this cool thing on my finger to tell how much oxygen is in my blood. It didn't hurt at all.

Arm Bracelet



The nurse gave me this neat bracelet to wear.
It has my name on it so everyone knows
who I am.

Pajama Time



The nurse gave me fun pajamas to wear. I put my clothes in a bag, and she'll keep them in a locker for me. I'll put them back on before I go home today.

More Playroom Fun



After I changed into my pajamas, I played with more toys. Look at the tower I built!

Waking Up



Jan came and told me about what will happen during my hospital help. She's a *Child Life Specialist*. One thing she told me was that I would wake up with something on my hand to give me the fluids and medicine I'll need.

Picking a Flavor



Then I talked to the doctor who will help me sleep. He's an anesthesiologist. We talked about the mask that will make me sleepy, and I got to pick out a yummy flavor to smell when I wear it.

Ready for Hospital Help



Soon I was all ready, and I said see you later to my family. I got to ride in a wagon and bring my favorite toy with me.

Operating Room



This is the room where I got my hospital help. I don't remember it though, because I was asleep.

Waiting Room



My family stayed in the waiting room while I was having my operation. Lucky me, I slept the whole time!

Recovery Room



I woke up in this room, and a nurse made sure I was comfortable.

My Own Recovery Room



A little bit later, they brought me into my own recovery room.

Going Home



Soon I got dressed to go home! I rode in a wheelchair out to the car. It was fun.

At Home



When I was home, I got to watch movies and relax. Before I knew it, I felt great.

Sacred Heart Ped's Surgery is the best!