

NAME: _____

INTAKE QUESTIONS

What concern brings you in today? _____

How long have you been having said concern? _____

UROGYN QUESTIONS

- | | | |
|-------------------------------------------------------------------------------------------------------------------------------|------------------------------|-----------------------------|
| Do you leak urine when you cough/sneeze/laugh/exercise? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| Do you experience frequent urination? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| How many times do you urinate during the day (while awake)? _____ At night (sleeping hours)? _____ | | |
| Do you experience urine leakage associated with a strong sense of urgency to urinate (a sudden need to rush to the bathroom)? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| Do you wear pads to protect against urine leakage? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| Do you feel that it is difficult to empty your bladder? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| Do you leak urine during intercourse or orgasm? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| Have you ever been on a medication for your bladder problems?
If so, what is the name of the medication? _____ | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| Do you get bladder infections frequently? Number in the past year: _____ | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| Have you ever had bloody urine (not from the vagina or rectum)? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |

Do you feel like your pelvic organs are falling out? Bulge in your vagina? YES NO

If you have vaginal prolapse or feel a vaginal bulge, do you have to push it inside to urinate or have a bowel movement? YES NO

Have you ever used vaginal estrogen cream? YES NO

Do you ever leak stool? YES NO

How are your bowel movements? normal constipated diarrhea

UROGENITAL HISTORY:

Do you have a history of any of the following?

- | | |
|------------------------------------------------------------------------|------------------------------------------------------------------|
| <input type="checkbox"/> Hysterectomy | <input type="checkbox"/> Abnormal kidneys |
| <input type="checkbox"/> Removal of ovaries | <input type="checkbox"/> Recurrent urinary or bladder infections |
| <input type="checkbox"/> Surgery for prolapse (cystocele or rectocele) | <input type="checkbox"/> Kidney stones |
| <input type="checkbox"/> Surgery for urinary incontinence | <input type="checkbox"/> Abnormal vaginal or uterine bleeding |
| <input type="checkbox"/> Cervical, uterine, or ovarian cancer | <input type="checkbox"/> Hormone therapy (eg estrogen) |
| <input type="checkbox"/> Kidney or bladder surgery | <input type="checkbox"/> Genital Herpes |

SEXUAL ORIENTATION AND GENDER IDENTITY

Are you sexually active? YES NO

My current gender identity is (eg male/female/transgender): _____

My sexual orientation is (eg straight/lesbian/bisexual/queer): _____

My pronouns are (eg She/Her, He/Him, They/Them): _____

OBSTETRIC HISTORY

Total number of times pregnant: __

Number of vaginal deliveries: __ Number of cesarean sections: __ Largest baby weight: __

Were forceps used during delivery? YES NO

Was a vacuum used during delivery? YES NO

Did you have a tear through the rectum (3rd or 4th degree)? YES NO

HEALTH SCREENING

Date of last mammogram: _____ NORMAL ABNORMAL NEVER HAD

Date of last colonoscopy: _____ NORMAL ABNORMAL NEVER HAD

Date of last pap smear: _____ NORMAL ABNORMAL NEVER HAD

Would you like to receive emails for educational information about pelvic floor topics? YES NO