

Type	Title	Company	Address	City	State	Postal Code	Work Phone	Email Address	INFORMATION
Parent		The Center for Grief and Loss for Children					866-714-7433	www.griefcenterforchildren.org	Support groups for children, teens and their parents, who have experienced the death of a loved one.
Parents	Comforting Hearts						626-915-3266		An intimate bereavement support group for parents, who have lost a child; monthly meetings; free of charge; facilitated by volunteers.
Parents	Compassionate Hearts						877-969-0010	www.compassionatefriends.com	A nationwide organization dedicated to providing bereavement support for parents, who have lost a child at any age from any cause.
General	GriefShare	Coast Hills Community Church	5 Pursuit	Aliso Viejo	CA	92656	949-362-0079		Call for dates and times. Visit their website at www.coasthillschurch.org .
General	GriefShare	Baptist Church Hillside	9090 19th St.	Alta Loma	CA	91701	909-945-5001		Call for dates and times.
General	GriefShare	Community Church	5354 Haven Ave.	Alta Loma	CA	91737	909-980-2191		Call for dates and times.
General		Northkirk Presbyterian Church	9109 19th St.	Alta Loma	CA	91701	909-399-3289 or 909-989-4919		Meetings are held on Monday evenings from 7:00 to 8:30 p.m. Sponsored by Inland Hospice.
General		Northkirk Presbyterian Church	9109 19th St.	Alta Loma	CA	91701	909-399-3289 or 909-989-4919		Meetings are held on Monday evenings from 7:00 to 8:30 p.m. Sponsored by Inland Hospice.
General	GriefShare	Crescent Southern Baptist Church	622 N. Gilbert St.	Anaheim	CA	92801	714-535-1313		Call for dates and times.
General		Ezra Center	1771 W. Cerritos Ave.	Anaheim	CA	92804	714-776-1103		Meetings are held on Thursday morning starting at 10:00 a.m. Registration required.
General		Knott Avenue Christian Church	315 S. Knott Ave.	Anaheim	CA	92804	714-527-5195		Grief share group, film and discussion and meetings are held Monday evenings from 7:00 p.m. to 8:30 p.m. www.kacc.com .
General	GriefShare	Knott Avenue Christian Church	316 S. Knott Ave.	Anaheim	CA	92804	714-527-5196		Tuesday evenings from 7:00 p.m. to 9:00 p.m. - scheduled to start 9/15/09.
General	GriefShare	Sa-Rang Community Church	1111 N. Brookhurst St.	Anaheim	CA	92801	714-772-7777		Call for dates and times.
General		St. Justin Martyr Church	2050 W. Ball Road	Anaheim	CA	92804	714-774-2407		A 6-week program, which meets on Thursday evenings from 7:00 p.m. to 9:00 p.m. Call for starting dates and times
General	GriefShare	The Cornerstonf Church	4905 E. La Palma Ave.	Anaheim	CA	92807	714-701-1818		Tuesday evenings from 7:00 p.m. to 9:00 p.m. - call for start dates.
Parents	Compassionate Friends	Kaiser Hospital	441 Lakeview	Anaheim	CA	92807	714-993-6708		A bereavement support group for parents, who have lost a child. Meetings are held on the third Wednesday evening from 7:00 to 9:00 p.m. Website: www.compassionatefriends.org
General		San Antonio Catholic Church	5800 E. Santa Ana Canyon Road	Anaheim Hills	CA	92807	714-974-1416 or 714-779-2443		Meetings are held on the 1st and 3rd Saturday mornings starting at 9:00 a.m. Website: www.sanantoniochurch.org .
Children and Teenagers	I Count Too	Presbyterian Hospital	351 E. Foothill Blvd	Arcadia	CA	91006	626-397-3600		Meetings are Wednesdays 6:30-8:00 p.m. and Thursdays 1:00-2:30 p.m.
General		Methodist Hospital of Southern California	300 W. Huntington Dr.	Arcadia	CA	91005	626-379-7766 or 626-932-1015		Meetings are held on Wednesday afternoons from 5:30 p.m. to 7:00 p.m.
General		Kaiser Permanente	1011 Baldwin Park Blvd.	Baldwin Park	CA	91706	562-622-4317		An ongoing bereavement support group and meetings are held on the 1st and 3rd Thursday mornings from 10:00 a.m.-11:30 a.m.

General	GriefShare	Blessed Kateri Tekakwitha Church	1234 Palm Ave. 650 Oak Valley Parkway 9107 Wilshire Blvd.	Beaumont	CA	92223	951-845-2849		Call for dates and times.
General	GriefShare	Fellowship in the Pass	9107 Wilshire Blvd.	Beaumont	CA	92223	951-845-2693		Call for dates and times.
General		Maple Center	Blvd.	Beverly Hills	CA	90210	310-271-9999		Meetings are held on Tuesday evenings from 7:00 p.m. to 8:30 p.m.
Parent		Maple Counseling Center	9108 Wilshire Blvd.	Beverly Hills	CA	90210	310-271-9999, Ext. 254	www.tmcc.org/program/supportgroups	Provides a bereavement support for the loss of a child; individual counseling; a fees on based on sliding scales. Meetings are held on the 1st Thursday evening starting at 8:00 p.m. Spanish meetings and phone support available. Chapter Name: TCF of Los Angeles; Chapter #2132. Visit www.tcfla.org for more information.
Parents	Compassionate Friends - English & Spanish available	Temple Emanuel	8844 Burton Way	Beverly Hills	CA		310-474-3407	www.tmcc.org/program/supportgroups	
Widow/Widowers		Maple Counseling Center	9107 Wilshire Blvd.	Beverly Hills	CA	90210	310-271-9999	www.tmcc.org/program/supportgroups	Provides a bereavement support for the loss of a spouse; individual counseling and fees on based on sliding scale. Thursday afternoon from 2:30 p.m. to 4:00 p.m. - scheduled to start 9/10/09.
General	GriefShare	Christian Faith Center	764 Pine Knot Ave.	Big Bear Lake	CA	92315	909-866-1742		
General	GriefShare	Bonita Valley Community Church	4744 Bonita Rd.	Bonita	CA	92902	619-475-8000		Call for dates and times.
Children	Kids Konected	Brea Community Center	695 Madison Ave.	Brea	CA	92821	800-899-2866		A bereavement support group for children, who have lost a parent due to CA diagnosis. Meetings are held on the 4th Tuesday evenings 6:30 p.m. to 8:00 p.m. Website: www.kidskonected.org .
General		Brea Community Center	695 Madison Ave.	Brea	CA	92821	714-557-9656 or 800-577-9679		Call to confirm dates and times or visit their website: www.hospicecareofca.com . Group sponsored by Hospice Care of California.
Parents General - Available in English, Spanish, Hebrew, French, Arabic, Russian, and Farsi		Brea Community Hospital	380 Central	Brea	CA	92821	714-750-9237 or 74-962-2005		A bereavement support group for parents, who have lost a child. Meetings are held on the first Wednesday evening from 7:00to 9:00 p.m. Website: www.bereavedparents.com .
		International Counseling Center Providence St.	20001 S. Barrington Ave., #216	Brentwood	CA	90025	310-289-2257	Email: talktherapy911@aol.com	Part of the Antioch Counseling Center specializing in Farsi and English language counseling. Counseling is also available in Spanish, Hebrew, French, Arabic, and Russian. Individual counseling is provided by licensed psychologists and interns. Fees are based on sliding scale (ability to pay taken into account).
Adult		Joseph Medical Center	501 S. Buena Vista	Burbank	CA	91505	818-847-4695		Provides an 8-week adult bereavement group 3 times a year. Call for dates and times.
General	GriefShare	First Presbyterian Church	521 East Olive Ave.	Burbank	CA	91501	818-842-5103		Call for dates and times.
General		H.O.P.E. Unit Foundation, Inc.	P.O. Box 8034	Calabasas	CA	91372	818-788-4673	www.hopeunit.org	Community support groups offered in the San Fernando Valley at Valley Beth Shalom and in Los Angeles at Wilshire Boulevard Temple. Adult support groups offer education of the different stages of grief. All groups are led by licensed therapists; small fee required for each session.
Widow/Widowers		H.O.P.E. Unit Foundation, Inc.	P.O. Box 8035	Calabasas	CA	91372	818-788-4673	www.hopeunit.org	Community support groups offered in the San Fernando Valley at Valley Beth Shalom and in Los Angeles at Wilshire Boulevard Temple. Widow/Widowers support groups offer education of the different stages of grief. All groups are led by licensed therapists; small fee required for each session.

General	GriefShare	Calimesa SDA Church	397 Myrtlewood Dr.	Calimesa	CA	92320	909-795-9741	Call for dates and times.
General	GriefShare	Camarillo Christian Church	1777 Arneill Rd.	Camarillo	CA	93010	805-482-3116	Call for dates and times.
General	GriefShare	Capo Beach Calvary	25975 Domingo	Capistrano Beach	CA	92624	949-493-2006	Call for dates and times or visit www.calvarychapel.com.
General		Faith Lutheran Church	34381 Calle Portola	Capistrano Beach	CA	92624	949-425-0372	Meetings are held on the 3rd Tuesday morning starting at 11:00 a.m. and another group is available on the 3rd Tuesday starting at 7:00 p.m. Call for information.
Adults	Pathway Grief and Loss		5441 Avenida Encinas, Ste.A	Carlsbad	CA	92008	760-431-4100	Meets from 1:30-3 p.m. every Tuesday. Education and discussion on topics of interest for adults who have lost a loved one.
General	GriefShare	Carlsbad Community Church	3175 Harding St.	Carlsbad	CA	92008	760-729-2331	Call for dates and times.
General	GriefShare	Daybreak Community Church	6515 Ambrosia Lane	Carlsbad	CA	92009	760-931-7773	Call for dates and times.
General	GriefShare	North Coast Calvary Chapel	Poinsettia Lane	Carlsbad	CA	92009	760-929-0029	Monday evenings from 7:00 p.m. to 8:30 p.m. - scheduled to start 9/14/09.
Parents			5441 Avenida Encinas, Ste.A	Carlsbad	CA	92008	760-431-4100	Meets from 7 to 9 p.m. the 1st and 3rd Tuesday of each month. On-going group for parents who have lost a child of any age, from any cause sponsored by Hospice of the North Coast.
								An ongoing bereavement support group providing opportunities for bereaved adults to meet others and interact regarding some of the significant issues of bereavement.
General	Journeys	Cerritos Senior Center	12340 South Street	Cerritos	CA	90703	562-531-3031	Groups are for grief education and support, providing some "content" as well as time for sharing in discussion. Meets on alternate Tuesday afternoons from 1:00 p.m. to 2:30 p.m. Sponsored by Pathways Volunteer Hospice. Free of Charge. Call for more information.
General	GriefShare	The Church at Rocky Peak	22601 Santa Susana Pass Rd.	Chatsworth	CA	91311	818-709-0113	Call for dates and times.
General		Chino Senior Center	13170 Central Ave.	Chino	CA	91710	909-591-9836 or 909-393-3289	Meetings are held on Thursday morning from 9:30 to 10:30 a.m. Sponsored by Inland Hospice.
General	GriefShare	Inland Hills Church	14670 Ramona Ave.	Chino	CA	91710	909-393-1577	Call for dates and times.
Parents	Christ Friends	Christ Lutheran Church	5500 Francis Ave.	Chino	CA	91710	626-919-7206	Meetings are held on first Tuesday from 7:00 to 9:00 p.m. Chapter Name: Pomona-San Gabriel Valley Chapter; Chapter #1303. For more information, contact estrellatcf@aol.com.
General	GriefShare	Calvary Chapel San Diego	1771 E. Palomar St.	Chula Vista	CA	91913	619-421-1100	Tuesday evenings from 6:30 p.m. to 8:30 p.m. - call for start dates. Contact-Elizabeth Rankin.
General		Blaisdell Senior Center	440 S. College Ave.	Claremont	CA	91711	909-399-5488	FREE meetings are held on Monday afternoons starting at 3:00 p.m.
General		Claremont United Methodist Church	211 W. Foothill Blvd.	Claremont	CA	91711	909-624-9021	FREE meetings are held on Wednesday afternoons starting at 3:00 p.m.
General		Corona Reginal Medical Center Hospice	800 S. Main Street	Corona	CA	92882	951-735-0274 or 800-232-5968	A 10-week program offered on Wednesday evenings from 6:00 p.m. to 8:00 a.m.; and Tuesday mornings from 10:00 a.m. to 12:00 noon; and Monday and Thursday evenings from 6:00 to 8:00 p.m. Fee: \$15.00 for materials. Contact-Lucy Davies.
General	GriefShare	Crossroads Christian Church	2331 Kellogg Ave.	Corona	CA	32881	951-737-4664	Call for dates and times. \$10.00 for materials Contact-Sue Sheedy

General Widow/Widowers Support Group	Recovery "We don't grieve, we achieve!"	St. Joachim	1964 Orange Ave.	Costa Mesa	CA	92627	949-548-9669		FREE support for adults who have lost a loved one. Meetings are held on Wednesday evenings starting at 7:30 p.m. Contact Hal FREE weekly bereavement support group for widow/widowers. 2nd & 4th Tuesday 1-3pm. www.cmseniorcenter.org.
		Costa Mesa Senior Center	695 W. 19th Street	Costa Mesa	CA	92627	949-645-2356 Ext#24		
Suicide	Survivors After Suicide	Didi Hirsch Community Mental Health Center	Prevention Center 470 S Sepulveda Blvd.	Culver City	CA	90230-4888	310-751-5382	www.didihirsch.org	A 8-week program designed for people, who have lost a loved on to suicide. Also, offers monthly drop-in meetings and telephone counseling. Call for fates and times of new groups starting. 1st and 3rd Wednesday 5:30-7:00 p.m. 1st & 3rd Thursday 11:00-12:30.
	Friends	Lutheran Church Permanente Community Care Resources	Bellflower Blvd. Ave.						
Widow/Widowers	Widowed Persons Service	Downey Regional Hospital	12130 Paramount Blvd. 11500	Downey	CA	90242	562-904-6016		A volunteer network of widowed men and women that provide individual and group support for newly widowed persons. Free of charge. Call for more information.
Widows	Widows' Support Group Reflections Bereavement Support Group	Downey Tegmental Medical Center	Brookshire Ave.	Downey	CA	90241	562-904-5580		Call for meeting times. Offers open-ended bereavement support groups for adults. Groups are facilitated by hospital chaplains. Call for more information.
General		City of Hope	1500 E. Buarte Rd.	Duarte	CA	91010	626-256-8626	www.cityofhope.org/support	For parents and siblings (ages 5-12) which have lost a child to cancer. Meets every 1st Tuesday of the month 5:30-6:30. Please call for further information.
Parents		City of Hope	1500 E. Buarte Rd. 350 Cypress Lane, #B	Duarte	CA	91010	626-301-8426		Call for dates and times.
General	GriefShare	Foothills Christian Church El Camino Christian Fellowship	510 S. El Camino Real	El Cajon	CA	92020	619-442-7728		Call for dates and times.
General	GriefShare			Encinitas	CA	92024	760-942-4900		Call for dates and times.
Adult, Teen Family and Group Counseling									Specializing in individual adult, teen, family and group counseling, focusing on bereavement and loss issues. Groups include "Survivors After Suicide" and "Trauma and Loss." Licensed workers and lay trained facilitators. Culturally specific factors incorporated into treatment.
General	Living With Loss	The Bereavement Counseling Center	16255 Ventura Blvd., #308 16830 Ventura Blvd., #315	Encino	CA	91436	818-509-9701		A six-week support group for adults seeking support after the loss of a loved one. Call to confirm dates and times. Specializing in individual adult, teen, family and group counseling, focusing on bereavement and loss issues. Groups include "Survivors After Suicide" and "Trauma and Loss." Licensed workers and lay trained facilitators. Culturally specific factors incorporated into treatment.
General	Living With Loss	VITAS Hospice		Encino	CA	91436	818-971-3435		Specializing in individual adult, teen, family and group counseling, focusing on bereavement and loss issues. Groups include "Survivors After Suicide" and "Trauma and Loss." Licensed workers and lay trained facilitators. Culturally specific factors incorporated into treatment.
Suicide	Survivors After Suicide	The Bereavement Counseling Center	16255 Ventura Blvd.,#308	Encino	CA	91436	818-509-9701		Specializing in individual adult, teen, family and group counseling, focusing on bereavement and loss issues. Groups include "Survivors After Suicide" and "Trauma and Loss." Licensed workers and lay trained facilitators. Culturally specific factors incorporated into treatment.
Trauma, i.e., car accident, murder, heart attack, etc.	Trauma and Loss	The Bereavement Counseling Center	16255 Ventura Blvd.,#308	Encino	CA	91436	818-509-9701		Specializing in individual adult, teen, family and group counseling, focusing on bereavement and loss issues. Groups include "Survivors After Suicide" and "Trauma and Loss." Licensed workers and lay trained facilitators. Culturally specific factors incorporated into treatment.
Various Bereavement Support Groups		California Family Counseling Center	5445 Balboa Blvd.	Encino	CA	91316	818-386-5694	www.ci.burbank.ca.us/park/YOUTHResources/California_Counseling	To provide counseling services to individuals, couples, families, children, adolescents and seniors. A variety of groups are also offered including grief and loss; teen; anger management; women and men support groups; children and others. Counseling services are also provided to local schools and community groups.

General	GriefShare	Calvary Chapel Emmanuel Faith Community	1675 Seven Oakes Rd. 639 W. Felicita Ave.	Escondido	CA	92026	760-489-6255	Call for dates and times.
General	GriefShare Fallbrook Hospice Support Group	Silvergate Residential Facility in the Library	420 Elbrook Dr.	Fallbrook	CA	92028	760-728-1435	Meet every Tuesday. Call Fallbrook Hospital Hospice for further information.
General	GriefShare	Christ The King Lutheran Church	1620 S. Stage Coach Lane	Fallbrook	CA	92028	760-728-3256	Call for dates and times.
General	GriefShare	Presbyterian Church	463 S. Stage Coach Lane	Fallbrook	CA	92028	760-728-5804	Monday mornings from 10:30 a.m. to 12:00 p.m. - call for start dates.
General	GriefShare	Kaiser Permanente Hospice Water of Life Community	9961 Sierra Ave. Bldg. 3A	Fontana	CA	92325	909-427-6956	Meetings are held on Thursday afternoon and evenings - call for specific times.
General	GriefShare	Church Hospice Care of the West	7623 Easy Ave. 27442 Portola Parkway	Fontana	CA	92336	909-463-0103	Call for dates and times.
General	GriefShare	Fountain Valley Regional Medical Center	11250 Warner Ave.	Foothill Ranch	CA		949-282-5943	Visit www.hospicecareofthewest.com
Children	Kids, Inc.	Fountain Valley Regional Medical Center	11250 Warner Ave.	Fountain Valley	CA	92708	714-966-8055 Danny Daniels 9-5	A group designed for children between the ages of 6-13, who are experiencing loved one diagnosed with cancer.
General	GriefShare	Fountain Valley Regional Medical Center	11250 Warner Ave.	Fountain Valley	CA	92708	714-966-8055 Danny Daniels 9-6	Meetings are held on the first and third Wednesdays from 6:30 to 8:00 p.m.
General	GriefShare	Holy Spirit Catholic Church	17270 Ward Street	Fountain Valley	CA	92708	714-963-1811 or 714-842-8486	A ten-week bereavement support group for anyone who has lost a loved one. Call for more information o visit www.hsccfv.org .
General	GriefShare	Manor Care	11680 Warner Ave. 9920 Talbert Ave.	Fountain Valley	CA		714-558-2366	A 10-week bereavement program. Meetings are held on Tuesday afternoon from 3:00 p.m. to 4:30p.m. Preregistration required. Sponsored by Heartland Hospice.
General	The Journey	Orange Coast Medical Center	Conference Rooms B & C 1343 W. Valencia Dr.	Fountain Valley	CA	92708	800-636-6742	Meetings are the first and third Thursday of the month. Noon - 1:30 p.m.
Adults	"The Gathering Place"	Eastside Christian Church	Room H 1343 W. Valencia Dr.	Fullerton	CA	82833	714-810-5302	A support group for adults experiencing the loss of a loved one. Meetings are held on Saturdays @ 10:00 a.m.
Children	"The Gathering Place"	Eastside Christian Church	Room H 2505 Yorba Linda Blvd.	Fullerton	CA	82833	714-810-5302	For ages 8-14 from 4:00 p.m. to 5:30 p.m. on Tuesdays.
General	GriefShare	First Evangelical Free Church	2801 N. Brea Blvd. 340 W. Commonweal th Ave.	Fullerton	CA	92831	714-871-6844	Meets every Thursday 10-11:30 a.m.
General	GriefShare	Fullerton Senior Center	2801 N. Brea Blvd. 340 W. Commonweal th Ave.	Fullerton	CA	92835	714-529-5544	An ongoing bereavement support group for anyone who has suffered a loss. Meets on Tuesday evenings from 7:30 a.m. to 9:30 p.m. Call for more information.
General	Hope for the Bereaved: Understanding Coping and Growing Through Grief	Fullerton Senior Center	2801 N. Brea Blvd. 340 W. Commonweal th Ave.	Fullerton	CA	92832	714-738-6305	Meets every Tuesday 12-2:00 p.m. Also every Wednesday 2-3:30 p.m.
General	Hope for the Bereaved: Understanding Coping and Growing Through Grief	St. Jude Medical Center	101 E. Valencia Mesa Drive	Fullerton	CA	92835	714-446-7111 or 800-970-7537	Meetings are held on Wednesday evenings starting at 7:00 p.m. A \$10.00 fee is requested. Call for more information or visit www.stjudemedicalcenter.org .

General		St. Philip Benizi Church	205 S. Pine Drive	Fullerton	CA	92833	714-879-6180	Meetings are held on the 1st and 3rd Monday evenings from 7:00 to 9:00 p.m. No fee; donations accepted. 2 sessions annually. Call to register.
Parents	Compassionate Friends	Grace Bible Chapel	1119 Lambert Dr. 7077 Oranewood St.,#207	Fullerton	CA	92833	714-993-6708	Meetings are held on the 3rd Wednesday evenings starting at 7:00 p.m. Orange County Chapter; Chapter #1415. Spanish support via phone and brochures. Website: www.thecompassionatefriendsoc.com
General		Odyssey Hospice		Garden Grove	CA	92841	800-797-2686	Meetings are held on the 2nd and 4th Tuesday mornings from 11:00 a.m. to 12:00 noon, and another meeting on 2nd and 4th Wednesday evenings from 6:00 to 7:30 p.m.
Parents	Bereaved Parents	Crystal Cathedral Family Life Building	12141 Lewis Street	Garden Grove	CA	92840	714-971-4032	An ongoing bereavement support group for parents who have lost a child. Meets on the third Monday of each month starting at 7:00 p.m. Call for more information or visit www.bereaveparents.com .
Suicide	Survivors of Suicide (SOS)	Crystal Cathedral	12141 Lewis Street	Garden Grove	CA	92840	714-971-4032	Meetings are held on the 1st and 3rd Sunday afternoons from 1:30 to 3:30 p.m. 2nd floor of Tower of Hope. Website: www.survivorsofsuicide.com .
Widow/Widowers	The Unwelcome Journey: Loss of a Spouse	Crystal Cathedral	12141 Lewis Street 12555	Garden Grove	CA	92840	714-971-4032	An ongoing bereavement support group for widow/widowers. Meets every Thursday night starting at 7:00 p.m. Call for more information or visit www.crystalcathedral.org . Meeting room is on the 10th floor of the Tower of Hope.
Widow/Widowers		St. Colombian Catholic Church	Westlake Street 1630 W.	Garden Grove	CA	92840	714-534-1174	Meetings are held on the 2nd and 4th Friday mornings starting at 11:30 a.m. Call Inza 714-534-3161.
General Children and Teenagers	GriefShare English & Spanish available	Baptist Church Center for Grief & Loss for Children	158th St. 1010 N. Central	Gardena	CA	90247	310-323-5683	Call for dates and times. Call for more information. For Spanish groups-call 818-262-9101 or visit their website at www.griefcenterforchildren.org .
General	Beyond Loss ... A Bereavement Ministry	Adventist Medical Center	1509 Wilson Terrace	Glendale	CA	91206	818-409-8008	www.glendaleadventist.com An ongoing adult grief support group. A one-time registration fee requested \$25.00.
Loss of a Parent		Adventist Medical Center	1509 Wilson Terrace	Glendale	CA	91206	818-409-8009	www.glendaleadventist.com An ongoing adult grief support group. A one-time registration fee requested \$25.00.
Parents	English & Spanish available	Center for Grief & Loss for Children	1010 N. Central	Glendale	CA	91202	866-744-7433	Call for more information. For Spanish groups-call 818-262-9101 or visit their website at www.griefcenterforchildren.org .
Parents	Compassionate Friends - Loss of a Child	Verdugo Hills Hospital	1812 Verdugo Blvd.	Glendale	CA	91208	818-236-3635	Meetings are on the 4th Thursday starting at 7:30 p.m. Separate meetings for miscarriages and stillbirths. For other locations call 877-969-0010 or visit their website at www.compassionatefriends.org . Chapter Name: Verdugo Hills Chapter; Chapter#1596. Email address: caroledyck1@aol.com or grant42784@aol.com .
Suicide		Adventist Medical Center	1509 Wilson Terrace	Glendale	CA	91206	818-409-8008	An ongoing bereavement group for family members of suicide ... preregistration required. A one-time registration fee required - \$25.00.
Widow/Widowers		Adventist Medical Center	1509 Wilson Terrace	Glendale	CA	91206	818-409-8008	www.glendaleadventist.com An ongoing adult grief support group available on Wednesday evenings from 7:00 to 8:30 p.m. A one-time registration fee request - \$25.00.
Widow/Widowers		Granada Hills Community Hospital	10445 Balboa Blvd.	Granada Hills	CA	91344	818-834-0995	Call for more information.
Parents	Hoping and Sharing Support Group	Pregnancy and Infant Loss Center	22325 Barton Rd.	Grand Terrace	CA		909-877-2777	A bereavement support group for parents, who have a baby from SIDS. Meetings are held on the 1st Monday starting at 7:00 p.m. Sponsored by Southern California Pregnancy and Infant Loss Center.
General		Kaiser Medical Center	25825 So. Vermont Ave	Harbor City	CA	90710	562-622-4370	2nd & 4th Thursday 3:30 - 5:00 p.m. Call Linda Grant 562-622-4370.

Adults	Bereavement Support Groups	Hemet Hospice Bible Fellowship Church	890 West Stetson, #B 26835 Columbia St. Hemet St.	Hemet	CA	92543	951-766-9629	Support groups for everyone grieving death of a loved one. Meet on Monday from 2-3:30 p.m. or 6:30-8:00 p.m.
General	GriefShare	Calvary Chapel of Hemet	26121 Hemet St.	Hemet	CA	92544	951-652-8558	Call for dates and times.
General	GriefShare	First Baptist Church	26089 Girard St.	Hemet	CA	92544	951-927-6117	Call for dates and times.
General	GriefShare		890 W. Stetson	Hemet	CA	92544	951-658-7133	Sunday afternoons from 3:30-5:30 p.m. - scheduled to start 9/13/09.
General		Hemet Hospice Simpson Senior Center	303 E. Devonshire	Hemet	CA	92543	909-766-9629	Meetings are held on Monday afternoons from 2-3:30 p.m. and Monday evenings from 6:30-8:00 p.m.
Widow/Widowers	Loss of a Spouse		2420 Pacific Beach	Hemet	CA	92543	909-765-2390	Meetings are held on Wednesday afternoons from 1:30 p.m. to 3:30 p.m.
General	GriefShare	Hope Chapel Immanuel Baptist Road	28355 Baseline Road	Hermosa Beach	CA	90254	310-374-4673	Tuesday evenings from 7:-9:00 p.m. - scheduled to start 9/8/09.
Adults	Grief Recovery Support Group	Hope for Healing Hearts	7372 Prince Dr., #107	Highland	CA	92346	909-425-1777	A twelve week group that meets twice each year on Wednesday nights at 5:45 p.m.
Family		Christ Presbyterian Church	20112 Magnolia St.	Huntington Beach	CA	92647	714-843-6525	A support group for parents, spouse, and children. Call Randy Hill for information.
General	GriefShare			Huntington Beach	CA	92646	714-968-4940	Sunday afternoons from 2:00-4:00 p.m. - scheduled to start 9/6/09.
General	GriefShare	First Christian Church	1207 Main St.	Huntington Beach	CA	92648	714-536-2589	Call for dates and times.
General	GriefShare	Grace Lutheran Church	6931 Edinger Ave.	Huntington Beach	CA	92647	714-897-0361	Call for dates and times.
General		St. Bonaventure Church	16400 Springdale Ave.	Huntington Beach	CA	92649	714-846-3359	An ongoing bereavement support for individuals who have experienced the loss of a loved one. Meets every Tuesday from 7:30-9:00 p.m. Free of charge. Call for more information or visit www.stbonaventure.org .
General	GriefShare	St. Peter's By-the-Seal Church	16911 Bolsa Chica St.	Huntington Beach	CA	92649	714-846-6641	Thursday afternoons from 3:00-4:30 p.m. -scheduled to start 8/13/09.
General		St. Peter's By-the-Seal Church	16912 Bolsa Chica St.	Huntington Beach	CA	92649	714-846-6641	Meetings are held Thursdays 3-4:30 p.m. and 7-8 pm.
Parents	"Mother's in Sympathy and Support"			Huntington Beach	CA		714-442-3669	For families wo experienced the loss of a young child. Dads welcome. Meetings are held on Thursday evenings starting at 7pm.
Widow/Widowers		St. Jude & St. Catholic Parish	20444 Magnolia Street	Huntington Beach	CA	92646	714-962-3333	An ongoing bereavement support group for widow/widowers. This program designed for the newly bereaved. The focus will be on dealing with personal grief. Meets on the first and third Tuesday of each month from 7-9pm. Free of charge. Call for more information.
Various Groups		Daniel Freeman Memorial Hospital	333 N. Prairie Ave.	Inglewood	CA	90301	310-674-7050; ext. 3725	Provides several types of bereavement groups for adults and children; free of charge; call for more information.
Adult Children	Missing Our Mothers	VITAS Hospice Rancho Senior Center	220 Commerce, #100	Irvine	CA	92602	714-734-2753	A 2-part support group for women who have recently (within the last 9 months) experienced the death of their mothers. Call to confirm dates and times.
Adults	Compassionate Friends	AIDS Service Foundation	3 Ethel Coplen Way	Irvine	CA	92612	949-552-2800	Meets 1st Wednesday 7-9pm.
AIDS Groups			17982 Sky Park Circle, #J	Irvine	CA	92612	949-253-1529 949-528-5443 or 800-899-2866	Call for more information or visit www.ocasf.org .
Children	Kids Connected			Irvine	CA			A support group for children.
General		Jewish Family Services of O.C.	1 Federation Way #220	Irvine	CA	92603	714-445-4950	Meets every Tuesday 2-3:30 pm.
General	"Healing From Recent Loss"	Jewish Family Services of O.C.	1 Federation Way #220	Irvine	CA	92603	949-435-3460 or 714-445-490	Call for meeting dates, times & locations. For more information - see their website at www.jfsoc.org .
General	Living with the Loss of a Spouse	Lake View Senior Center	20 Lake Road	Irvine	CA	92614	949-253-5701	An ongoing bereavement support group for anyone who lost a loved one. Meets on 2nd & 4th Wednesday 1-2:30 pm.

General	GriefShare	Woodbridge Community Church Guild for Infant Survival Orange Country	5000 Barranca Parkway P.O. Box 17432	Irvine Irvine	CA CA	92604 92713	949-552-1101 949-474-SIDS or 800-221-SIDS	Thursday evenings from 6:45-9pm.--call for start dates. A peer support group for families who are suffering the death of a baby due to Sudden Infant Death Syndrome (SIDS). Free of charge. Call for more information or visit www.gisoc.org . Meetings are held on the 1st Wednesday evenings from 7-9pm. Call for more information or email schneidervickie@yahoo.com . Chapter Name: Orange Coast/Irvine Chapter; Chapter #1745.
Parents	"Compassionate Friends"	Lakeview Senior Center	20 Lake Road 5001 Newport Coast Dr.	Irvine	CA	92614	949-552-2800 or 949-448-9494	Call for more information or visit www.marinerschurch.org .
Parents		Mariner's Church	Jamul Community Church	Jamul	CA	91935	619-669-7203	Call for dates and times.
Various Groups		Green Hills Baptist Church	Imperial Highway 7929 La Mesa Blvd.	La Habra	CA	90631	562-943-7291	Meets are every Tuesday 6:30-8pm.
General	GriefShare	Christ Lutheran Church	La Mesa 4426 Harbinson Ave.	La Mesa	CA	91941	619-462-5211	Call for dates and times.
General	GriefShare	Compassionate Friends		La Mesa	CA	91941	619-463-4491	Call for dates and times.
Adults				La Mirada	CA		714-993-6708	Meets 1st Tuesday 7-9pm. Call Roy Redman for address.
General		Hospice of Interhealth	15050 Imperial Highway	La Mirada	CA	90638	562-902-7770	A structured 10-week program--call for dates and times. SPANISH SPEAKING too.
General		Odyssey Hospice		La Mirada	CA		800-797-2686	Meetings are held on Tuesday call for more information.
General			8071 Jannen Cr.	La Palma	CA	90623	714-527-8276	1st & 3rd Monday FREE Contact Marilyn Sweet.
General		Laguna Presbyterian Church	415 Forest Ave.	Laguna Beach	CA		949-494-7555	Call for more information or visit www.lagunapreschurch.org . An ongoing bereavement support group for anyone who has suffered a loss. Meets on Wednesday evenings from 7-8:30pm. Free of charge. Call for more information or visit www.southcoastmedcenter.org .
General		South Coast Medical Center	31872 Coast Highway	Laguna Beach	CA	92677	949-499-7133	A 5-week program designed for children and their parents in the grief process due to CA diagnosis. Call for dates and times or visit www.kidsconnected.org .
Children (4-18)	Kids Konected		26071 Merit Circle, #103	Laguna Beach	CA	92653	949-582-5443	An ongoing bereavement support group for individuals who lost a loved one. Meets on Monday afternoons from 2:30-4pm. Co-sponsored with Saddleback Memorial Hospital. Call for more information
General		Hospice of Saddleback Valley	24022 Calle de La Plata, #500	Laguna Hills	CA	92653	949-598-3000 or 949-598-3041	Meets every Tuesday 2:30-4pm.
General		Saddleback Memorial Center	24451 Health Center Dr. 24512 Moulton Parkway	Laguna Hills	CA	92653	949-598-3041	Meetings are held on Thursday mornings starting at 10am. Registration required.
General		Temple Judea	24022 Calle de La Plata, #500	Laguna Hills	CA	92653	949-598-3000 or 949-598-3041	A bereavement support group for men who lost a loved one. Meets on Monday afternoons from 2:30-4pm. Co-sponsored with Saddleback Memorial Hospital. Call for more information.
Men's		Hospice of Saddleback Valley		Laguna Hills	CA	92653	949-598-3000 or 949-598-3041	An ongoing bereavement support for young widows (20-35 years). Group covers grief stages, healing process, and difficulties with sadness, withdrawal, anger and resolution of loss. Cost \$20.00/session. Call for more information.
Young Widows Group	People Growers		25301 Cabot Road, #116	Laguna Hills	CA	92653	949-951-8369	

General		Temple Judea Church of the Woods	24512 Moulton Parkway 1210 Calgary Dr.	Laguna Woods	CA	92637	714-445-4950	Meets every Monday at 10am. Please call and ask for Ruth Raskin.
General	GriefShare	Saddleback Valley Community Church	1 Saddleback Parkway	Lake Arrowhead	CA	92352	909-337-5483	Call for dates and times.
General	GriefShare	Santiago de Compostela Catholic Church	21682 lake Forrest Drive	Lake Forest	CA	92630	949- 609-8000 or 949-609-8411	A 10-week program for adults. Meetings are held on Monday evenings from 7-9pm. Call for more information or visit www.saddleback.com.
General		Saddleback Valley Community Church	1 Saddleback Parkway	Lake Forest	CA	92630	949-951-8599	Twice a month - 2nd and 4th Tuesday. Call for more information.
Parents	"Empty Arms"	Lakewood Regional Medical	3700 South St	Lake Forest	CA	92630	949-609-8000 or 949-609-8411	A bereavement support group for parents, who have lost a child to miscarriage, still birth or infant death. Meetings are held on Thursday evenings from 7-9pm. Call for more information or visit www.saddleback.com.
General	Pathways	Weingart Senior Center	5220 Olivia Ave.	Lakewood	CA	90712	56-531-3031	Meets Tuesdays 7-8:30pm.
General		Hospice ProCare Central Christian Church	42442 10th St. West, #D 3131 West Ave. J	Lakewood	CA	90712	562-531-3031	A structured 10-week program. 3 adult groups and 1 family group. Call for dates and times. Sponsored by Pathways Volunteer Hospice.
General	GriefShare	Desert Vineyard Grace Chapel	44648 15th St., W 856 W.	Lancaster	CA	93534	661-951-1146	Provides bereavement support groups and offers individual counseling facilitated by/with a licensed social worker.
General	GriefShare	Grace Lutheran Church	Newgrove St.	Lancaster	CA	93534	661-945-7901	Call for dates and times.
General	GriefShare	Loma Linda University Medical Center	11234 Anderson St.	Lancaster	CA	93535	661-945-2777	Call for dates and times.
General	GriefShare	Loma Linda University Medical Center Child Life Dept.	11234 Anderson St.	Lancaster	CA	93534	661-848-0855	Call for dates and times.
General	GriefShare	Loma Linda University Medical Center	11234 Anderson	Lancaster	CA	93534	661-808-0698	Tuesday evenings from 7-8:30pm. - Call for start dates.
Adults	Grief Recovery Groups	Loma Linda University Medical Center	11234 Anderson St.	Loma Linda	CA	92354	909-558-4367	Sessions begin the 1st Monday of January April, July, and October 7-8:30pm.
Children	Children's Grief Support Group H.O.P.E.S. - Healing of Parents	Loma Linda University Medical Center	11234 Anderson	Loma Linda	CA	92354	909-558-8212	Ongoing support groups for children age 6+ who have had a parent die. Meets the 1st Wednesday of each month from 6:30-7:30pm in the Children's Hospital, room 1830.
Children 6+	Experiencing Sorrow H.O.P.E.S. - Healing of Parents	Loma Linda University Medical Center	11234 Anderson	Loma Linda	CA	92354	909-558-8212	Meetings are held on the first Thursday from 6-7pm. Concurrent groups also available for adults at the same time.
Children/Teens	Experiencing Sorrow H.O.P.E.S. - Healing of Parents	Loma Linda University Medical Center	11234 Anderson	Loma Linda	CA	92354	909-558-7261 or 909-558-4367	Available for Spanish-speaking FEE: \$45.00. Call for dates and times.
Parents	Experiencing Sorrow H.O.P.E.S. - Healing of Parents	Loma Linda University Medical Center	11234 Anderson	Loma Linda	CA	92354	909-558-7261 or 909-558-4367	Meetings are held on the first Monday with two different times: 1:30 and 7pm. Available for Spanish-speaking. Fee: \$45.00.
Parents/Sibling	Experiencing Sorrow	Loma Linda University Medical Center	11406 Loma Linda Dr.	Loma Linda	CA	92354	909-656-4064	Meetings are held on the third Monday from 7-8:30pm.

Children		Parkcrest Christian Church Unitarian Universalist	(Corner of Carson & Woodruff) 2520	Long Beach	CA		562-421-9374		A 13-week program offered in the fall and spring. \$20.00 fee includes cost of workbook. Call for information.
Children	Just For Kids	Church	Atherton	Long Beach	CA	90815	562-597-8445		Support groups held on as needed basis. Call for information. A seven-week bereavement support group for children (4-18 years old) who have experienced a loss of a love one. Additional group held for parents. Meetings are from 6:30-8pm. Call for more information.
Children/Parents	CHANGES	Pathways Volunteer Hospice Jewish Community Center	3300 South Street, #209	Long Beach	CA	90805	562-531-3031		
General		Light and Life Christian Fellowship Long Beach Christian Reformed	3801 E. Willow	Long Beach	CA	90815	562-427-7916, ext. 229 Karen Rubin		Call for information.
General	GriefShare		5951 Downey Ave.	Long Beach	CA	90805	562-630-6074		Call for dates and times.
General	GriefShare		5559 Wardlow Rd.	Long Beach	CA	90808	562-421-1721		Monday evenings from 6:30-8:30pm.-call for start dates. An ongoing bereavement support group for those who have experienced the loss of a loved one. Meets on Thursday evenings from 5-7pm. Free of charge. Call for more information.
General		Long Beach Memorial Medical Center	2801 Atlantic Ave.	Long Beach	CA	90801	562-933-0300		Meetings are held Tuesday 1-3pm at the Los Alamitos Community Center, 10911 Oak St., Los Alamitos.
General		Los Altos Methodist Church	5950 E. Willow	Long Beach	CA	90815	562-799-3131		
General		Parkcrest Christian Church	(Corner of Carson & Woodruff)	Long Beach	CA		562-421-9374 or 562-429-7139		Call for dates and times. An ongoing bereavement support group providing opportunities for bereaved adults to meet others and interact regarding some of the significant issues of bereavement. Groups are for grief education and support, providing some "content" as well as time for sharing in discussion. Free of charge. Call for more information.
General	Journeys	Pathways Volunteer Hospice St. Joseph's Church	3300 South Street, #209 6220 E. Willow Street	Long Beach	CA	90805	562-531-3031 562-594-4657 or 562-429-2546		A 6-week structured program. Call Nancy Miller, coordinator 562-429-2444 for dates and times.
General		Trinity Hospice	1050 Linden Ave.	Long Beach	CA	90813	562-491-9843		An ongoing bereavement support group for anyone who lost a loved one. Meets on Wednesday afternoons from 3-4:30pm. Call for more information.
Parents		Long Beach Memorial Medical Center	2801 Atlantic Ave.	Long Beach	CA	90801	562-933-1454 or 1452		An ongoing support group for parents who have experienced a prenatal loss. Meetings are held on the 2nd and 4th Monday evenings from 7-8:30pm. In Radiation Oncology Conf. Room. Free of charge. Pay parking.
Parents	Growing through Grief	Long Beach Memorial Medical Center	2801 Atlantic Ave.	Long Beach	CA	90801	562-933-1454		Meetings are held once a month on Thursday. Parents who have lost a child call Pathways 562-531-3031.
General	GriefShare	Cottonwood Christian Center Trinity Care Hospice/Cancer Support Foundation	3311 Sausalito St.	Los Alamitos	CA	90720	562-493-4442		Tuesday afternoons from 1-3pm. - call for dates and times.
General	Holiday Support Workshop	Los Alamitos Community Center		Los Alamitos	CA		562-799-3131		An 8-week holiday workshop held 3xyear. Call for dates and times.
Parents		Los Alamitos Community Center	10911 Oak Street	Los Alamitos	CA	90720	562-431-7489		Call for information. See Los Altos Methodist Church under Long Beach listing.
Widow/Widows		Los Alamitos Community Center	10911 Oak Street	Los Alamitos	CA	90720	562-594-9977		An 8-week bereavement support group for the widowed. Meetings are held on Tuesday afternoons from 1-3pm. Reservations requested. Sponsored by The Cancer Support

Widow/Widowers		Los Alamitos Medical Center	10861 Cherry Ste 202	Los Alamitos	CA	90720	562-594-9977		Foundation. Call for meeting dates or visit www.thecancersupport.org .
Adults	English & Spanish groups available	Gary Garcia Foundation	302 N. Laveta Terrace	Los Angeles	CA	90026	213-482-8500		A structured eight-week bereavement support group for the newly widowed. Free of charge. Call for more information. A ten-week bereavement support groups available for adults. Call for starting dates. Available in English and Spanish languages.
Children and Teenagers	Kids Can Cope	Kaiser Permanente (various facilities)		Los Angeles	CA		323-564-7911		Groups for 6-to-19-year-olds for bereavement. Open-ended, ongoing, no charge. Non-members, welcome. Contact Marlene Wilson for more information.
Children/Teens	English & Spanish available	Center for Grief & Loss for Children	924 W. 70th Street	Los Angeles	CA	90044	866-744-7433		Call for more information, For Spanish groups-call818-262-9101 or visit their website at www.griefcenterforchildren.org .
Children/Teens	English & Spanish available	Gary Garcia Foundation	302 N. Laveta Terrace	Los Angeles	CA	90026	213-482-8500		A 10-week bereavement support group available for children and teens. Call for starting dates. Available in English and Spanish languages.
General		OPICA	Missouri Ave. Hollywood	Los Angeles	CA	90025	310-478-0226	www.opica.org	Provides an on-going bereavement support group for adults, who have lost a loved one. Call for more details.
General		Forest Lawn Memorial Pars & Mortuaries	Hills FD 904 6300 Forest Lawn Dr.	Los Angeles	CA	90068	800-204-3131	www.forestlawn.com	Provides free bereavement seminars that cover all aspects of grief and the tools utilized to manage your grief.
General	The Coping With Loss Support Group	Beth Chayim Chadashim First Presbyterian Church of Hollywood	6000 W. Pico Blvd.	Los Angeles	CA	90035	323-931-7023	www.bcc-la.org	Provides bereavement support groups (of all sexual orientation), who are coping with the loss of a loved one.
General	GriefShare		1760 N. Gower St. 1964 Westwood	Los Angeles	CA	90028	323-463-7161		Call for dates and times.
General		Our House	Blvd. Ste 250 3045	Los Angeles	CA	90024	310-475-0299		Contact Susan Galeas for more information. Support groups are separated by age and relationship to the lost loved one.
General - Available in English, Spanish, Hebrew and Russian	Grief and Loss Support Group	West Angels Church	Crenshaw Blvd.	Los Angeles	CA	90016	323-730-2279		Meets every 2nd and 4th Thursday at 6:30pm.
General - Jewish	Orthodox Counseling Programs	Jewish Family Services -- Administrative Office	6505 Whilshire Blvd., #500	Los Angeles	CA	90048	323-761-8800	www.ifsla.org	Provides supports and individual counseling; fees based on sliding scale. Several locations available--Los Angeles, West Hollywood, Conejo Valley, San Fernando Valley, Santa Monica and South Bay. Call for more information on group locations, dates and times.
Loss due to AIDS		Jewish Family Services -- Administrative Office	6505 Whilshire Blvd., #500	Los Angeles	CA	90048	323-761-8800	www.ifsla.org	Provides individual bereavement counseling for children, adolescents, adults, couples and families. Services are provided by a licensed mental health professionals and interns, who are Orthodox. All work is in strict accordance with Halachah.
Parents	English & Spanish available	AIDS Project Los Angeles		Los Angeles	CA		213-201-1500	www.apla.org	Offers support groups and/or individual counseling for family members that have lost a loved one due to AIDS. Call for meeting times.
Parents (Jewish)		Center for Grief & Loss for Children	942 W. 70th Street	Los Angeles	CA	90044	866-744-7433		Call for more information. For Spanish groups-call 818-262-9101 or visit their website at www.griefcenterforchildren.org .
Seniors		Chai Lifeline Jewish Family Services	9233 W. Pico Blvd., #200 Pico-Robertson	Los Angeles	CA	90035	310-274-6331 or 877-374-6331	www.chailifeline.org	An international organization that provides free support services to catastrophically ill Jewish children and their families. Bereavement services include support and counseling via telephone conferences with other bereaved parents and a trained social worker or psychologist, weekend retreats of support and therapy, books and visual material available. Services also available for educators and community rabbis.
				Los Angeles	CA	90034	310-271-3306		Meetings are held on Wednesday afternoons from 1:30-3pm.

General	Kids Konnected	Hoag Cancer Center	One Hoag Dr.	Newport Beach	CA	92658	949-582-5443	Families dealing with the psychological effects of the parent's cancer meet the 1st and 3rd Monday of each month. Meeting held from 7-8pm. Call for more information or visit www.hoaghospital.org .
General	Adult Group for CA related deaths	Hoag Memorial Hospital Presbyterian Chaplain	One Hoag Dr.	Newport Beach	CA	95658	949-764-5542	An ongoing bereavement support group for individuals who have lost a loved one from a CA diagnosis. Meetings are held on Thursday evenings from 5:30-7pm. Call for more information or visit www.hoaghospital.org .
General	Facing Forward	Hoag Memorial Hospital Presbyterian Chaplain	One Hoag Dr.	Newport Beach	CA	95658	949-764-8358	An ongoing bereavement support group for anyone who has lost a loved one. Meets on Wednesday evenings from 6-7:30pm. In Hoag Conference Center Conference Room #3 Free of charge. Call for more information or visit www.hoaghospital.org .
General	Growth Through Grief	Hoag Memorial Hospital Presbyterian Chaplain	One Hoag Dr.	Newport Beach	CA	95658	949-764-8358	An ongoing bereavement support group for individuals who have lost a loved one. Prefer attendees from the 10-week session--Life Goes On. Meets on Saturday mornings from 9:30-11:30am. In Hoag Conference Center I/S Conference Room. Call for more information or visit www.hoaghospital.org .
General	Life Goes On	Hoag Memorial Hospital Presbyterian Chaplain	One Hoag Dr.	Newport Beach	CA	95658	949-764-8358	A ten-week session support and recovery group for adults who have lost a loved one. Meets on Saturday mornings from 9:30-11:30am. In Hoag Conference Center Conference Room #3. Call for more information or visit www.hoaghospital.org .
General	"Growing in Christ Through Grief"	St. Andrews Presbyterian Church	600 St. Andrews Road	Newport Beach	CA	92663	949-574-2236	A six-week grief support group. Group will be dealing with different losses such as a loved one, loss of a job, a relationship or a childhood experience. Group will look for insight from the scriptures for comfort, prayer, sharing and caring with one another. Call for more information or visit www.info@standrewspres.org .
General		St. Bonaventure Church		Newport Beach	CA		714-846-3359	Call for information.
General		St. Mark Presbyterian Church		Newport Beach	CA		949-644-1341 or 949-721-8079 X23	Meetings are held on Monday morning. Call for information.
Widow/Widowers (Spanish-speaking)	"Beginning Again"	Our Lady Queen of Angels Church	2046 Mar Vista Circle 16909	Newport Beach	CA	92660	949-644-0200 funerals, etc. 949-219-1408 Grief Counseling	A Spanish-speaking group for widow/widower which meets on Thursday evenings @7pm. Call for information.
General		Los Angeles County Group	Parthenia Street, #203	North Hills	CA	91343	818-830-5003	Meets Thursdays 10:30-11:45am. Contact Lucy Meckler pre-registration is required.
Widow/Widowers - 60+ years		Jewish Family Services-Valley Northridge	12821 Victory Blvd.	North Hollywood	CA	91606	818-984-1380	A bereavement support group for semi (60+), who has lost a spouse. Pre-registration and meeting required before attending group.
Adult	The Healing Journey	Hospital Medical Center		Northridge	CA		818-885-8500, ext. 4591	An 8-week program dealing with grief and loss. Call for dates and times.
Adult	On-going Bereavemnt Group	Hospital Medical Center		Northridge	CA		818-885-8351	An ongoing bereavement support group for adults, who have lost a loved one. Meetings are held on the second and fourth Wednesday of each month from 6-7:30pm.
General	GriefShare	Congregation al Church of Northridge	9659 Balboa Blvd.	Northridge	CA	91325	818-349-2400	Wednesday evenings from 7-8:30pm. Scheduled to start 10/7/09.
Parents	Loss of a Little One	Hospital Medical Center		Northridge	CA		818-885-8500, ext. 4591	An 8-week program dealing with grief and loss of a pregnancy, infant or child. Call for information.
Children	"Kids Konnected"	Cordelia Knott Center for Wellness	230 S. Main St., #100	Orange	CA	92868	714-541-9355, ext. 3337	For children, who have a parent diagnosed with CA.

General		Asera Hospice Care	750 The City Dr., #110	Orange	CA	92868	714-980-0900	Call for dates or visit www.aserahospiceorange.com .
General	Kids Konected	Cordelia Knott Center for Wellness	230 South Main Street, #210	Orange	CA	92868	949-582-5443	Meets the 2nd and 4th Tuesday of each month from 7-8pm.
General	GriefShare	Covenant Presbyterian Church	1855 N. Orange Olive Rd.	Orange	CA	92865	714-998-6650	Call for dates and times.
General		Kaiser Permanente	200 N. Lewis, #2	Orange	CA	92868	562-622-4317	Meetings are held on the 1st and 3rd Wednesday evenings from 5:30-7pm. Open to the community.
General		St. Joseph Hospice	1845 W. Orangewood, #100A	Orange	CA	92868	714-712-9559	An 8-week bereavement program. Call for dates and times.
General	"Meditation for Grief Recovery"	UCI Medical Center	101 The City Drive	Orange	CA	92868	714-456-6157	Meetings are held on Monday evenings from 6-7pm. Pre-registration required and \$20.00 fee. Limited to 8 participants. Call for more information or visit www.ucihealth.com .
Parents	Healing Hearts	CHOC Children's Hospital	455S. Main Street	Orange	CA	92868	714-998-0210 Stacy Smith	A support group for bereavement parents. (Pregnancy 5 years) Meetings are held on 2nd and 4th Wednesday evenings from 7-9pm.
Various groups available		Mariposa Women's Center	82 Town & Country Road	Orange	CA	92868	714-547-6494	"Loss of An Adult Child" -Monday evenings from 7-9pm. Children's Grief Group (9-12)-Tuesday evenings from 7-9pm. Teen Grief (13-18)-Thursday evenings from 6:30-8pm. "Loss of a Spouse"-Thursday evenings from 6:30-8pm. "Grieving the Death of a Parents"-Thursday evenings from 5:30-7pm.or Thursday evenings from 7:30-9pm. Pre-registration required and a \$10/session fee or individual therapy on sliding scale.
Widow/Widowers	New Beginnings	St. Joseph Hospital	1100 W. Stewart	Orange	CA	92868	714-771-8243	A bereavement group for widow/widowers. Meetings are held on Tuesday evenings from 5:30-6:30pm \$60 fee.
Widow/Widowers -- newly	New Beginnings	Orange Senior Citizens Community	170 S. Olive	Orange	CA	92866	714-538-9633	Meetings are held on the second and fourth Mondays starting at 1pm.
General	GriefShare	Palm Springs Baptist Church	1696 S. El Cielo Rd.	Palm Springs	CA	92264	760-323-1013	Call for dates and times.
Parents	Compassionate Friends	Neighborhood Church	415 Paseo Del Mar	Palos Verdes Estates	CA		310-953-5230	Meetings are held on the 1st Wednesday evenings starting at 7pm. Chapter Name: South Bay/LA Chapter; Chapter #1916. Visit www.tcfsbla.org for more information.
Children	"I Count, Too"	Hospice of Pasadena	37 N. Holliston Ave.	Pasadena	CA	91105	626-397-3600	www.picf.org/hospiceofpasa Offers individual and group counseling and support groups for children. Provided free-of-charge. Also, available in Spanish.
Children/Teens	English & Spanish available	Center for Grief & Loss for Children	33 S. Catalina	Pasadena	CA	91106	866-744-7433	Call for More information, For Spanish groups-call818-262-9101 or visit their website at www.griefcenterforchildren.org .
Children/Teens	English & Spanish available	Center for Grief & Loss for Children	100 W. Catalina	Pasadena	CA	91101	866-744-7433	Call for More information, For Spanish groups-call818-262-9101 or visit their website at www.griefcenterforchildren.org .
Children-Spanish groups available	"I Count, Too"	Hospice of Pasadena	100 W. Catalina	Pasadena	CA	91105	626-397-3600	www.picf.org/hospiceofpasa Offers individual and group counseling and support groups for children. Provided free-of-charge. Also, available in Spanish.
General		Huntington Hospital	100 W. Catalina	Pasadena	CA	91105	626-397-5074	An 8-week program that meets on Wednesday afternoons from 4:30-6pm. Call for start dates.
General	Rediscovering Hospice	Pasaena Senior Center	85 E. Holly St.	Pasadena	CA	91103	626-918-2273	Meetings are held on Thursday afternoons from 3-4:30pm. Sponsored by VITAS Hospice in Covina.
Parents	English & Spanish available	Center for Grief & Loss for Children	37 N. Holliston Ave.	Pasadena	CA	91106	866-744-7433	Call for more information, For Spanish groups-call818-262-9101 or visit their website at www.griefcenterforchildren.org .
Parents	English & Spanish available	Center for Grief & Loss for Children	33 S. Catalina	Pasadena	CA	91101	866-744-7433	Call for more information, For Spanish groups-call818-262-9101 or visit their website at www.griefcenterforchildren.org .
Various groups-available in Spanish		Huntington Memorial Hospital	100 W. Catalina	Pasadena	CA	91105	626-397-3600	www.hospiceofpasadena.org Provides bereavement support groups for adults, and individual counseling (also provided in Spanish). All services

								are provided free-of-charge. Services are provided by Pasadena Hospice. Call for more details.
General		St. Hilary Catholic Church	5465 S. Citronelle Ave.	Pico Rivera	CA	90660	562-942-7300	Meetings are held on Monday evenings from 7-8pm, every other week. Call to confirm dates.
General		Hospice Care of California	377 E. Chapman Ave.	Placentia	CA	92870	714-577-9656	A 9-week bereavement program that meets on Tuesday mornings from 10-11:30am. Pre-registration required. Call for start dates or visit www.hospicecareofca.com .
Mothers		Eastside Christian Church		Placentia	CA		714-871-6844	Meets 1st Wednesday of the month 6-8:30pm. Call for further information meetings take place in person home and change at times.
Children/Teens		Pomona Valley Hospital	1798 N. Garey Ave.	Pomona	CA	91767	3289	Meetings are held on Monday evenings from 7:30-9:30pm. Sponsored by Inland Hospice.
General	GriefShare	Pomona First Baptist Church	586 N. Main St.	Pomona	CA	91768	909-629-5277	Thursday mornings from 9:30a-11:30am-scheduled to start 9/17/09.
General	GriefShare	Pomona First Baptist Church	586 N. Main St.	Pomona	CA	91768	909-629-5277	Thursday mornings from 9:30a-11:30am-scheduled to start 9/17/09.
General		Pomona Valley Hospital	1798 N. Garey Ave.	Pomona	CA	91769	3289	Meetings are held on Tuesday evenings from 7-8:30pm. Sponsored by Inland Hospice.
General		Robert & Beverly Lewis Family Cancer Care	1910 Royalty Drive	Pomona	CA	91767	3289	Meetings are held on Tuesday evenings from 7-8:30pm-and on Thursday afternoons from 3-4:30pm. Sponsored by Inland Hospice.
General	GriefShare	Shepard of the Hills	19700 Rinaldi St.	Porter Ranch	CA	91326	818-831-9333	Monday evenings from 7-8pm.-call for start dates.
General	GriefShare	Pomerado Christian Church	12708 Stone Canyon	Poway	CA	92064	858-487-7312	Thursday evenings from 7-9pm-scheduled to begin 9/17/09.
General	GriefShare	St. Gabriel 's Catholic Church	13734 Twin Peaks Rd.	Poway Rancho	CA	92064	858-748-5348	Call for dates and times.
General	GriefShare	Abundant Living Family Church	10900 E. Civic Center Drive	Cucamonga	CA	91730	909-987-7110	Tuesday evenings from 7-8pm-Call for start dates.
Suicide General & private consulting		Rancho San Antonio Medical Center	7777 Milliken Ave.	Rancho Cucamonga	CA	91730	909-393-2563	Meetings are held on the 1st Saturday from 10-12noon.
		Green Hills Memorial Park	27501 S. Western Ave.	Rancho Pales Verdes	CA	90275	310-803-5441	Wednesdays 5-6:30pm-Rene likes this organization for the Torrance area.
General	GriefShare	Horizon Christian Fellowship	6365 El Apajo Rd.	Rancho Santa Fe	CA	92014	858-756-5599	Sunday morning's 10an-12noon-call for start dates.
Children	"Gary's Place for Kids"	Bell Tower Regional Community Center	22132 El Paseo	Rancho Santa Margarita	CA		949-740-0775	Call for dates and times or visit www.vitas.com/bereavement . Group sponsored by VITAS Hospice.
General		San Francisco Solano Church	Antonio Parkway	Rancho Santa Margarita	CA		949-589-7767	An 8-week bereavement program. Pre-registration required. Call for start dates and times.
General	GriefShare	The Holy Name of Jesus Catholic Church	115 W. Olive Ave.	Redlands	CA	92373	909-793-2469	Call for dates and times.
General	GriefShare	Trinity Church	1551 Reservoir Rd.	Redlands	CA	92374	909-335-7333	Wednesday evenings from 6:30-8:30pm-call for start dates.
General	GriefShare	Growth Through Grief	Trinity Evangelical Free Church	Redlands	CA		909-794-5941 or 909-798-2591	Call for dates and times.
Parents	Compassionate Friends	First Congregation at Church	2 W. Olive	Redlands	CA		800-717-0373	Meetings are held on the 3rd Tuesday evenings starting at 7:30pm. Chapter Name: TCF Redlands CA; Chapter #2018. Visit www.redlandstcf.com or redlndstcf@aol.com for more information.
Parents	Compassionate Friends	First Congregation at Church	2 W. Olive	Redlands	CA	92373	909-793-3157	Support group for parents who lost children of any age. Meets the 3rd Tuesday of the month at 7:30pm.

Parents	Compassionate Friends--Loss of a Child	First Congregation at Church Redlands	2 W. Olive	Redlands	CA	92373	909-792-6358	Meetings are held on the 3rd Tuesday starting at 7:30pm.
Parents Children-ages 3-8; and ages 9-13; including their parents	Resolve Through Sharing	Community Hospital	350 Terracina Blvd.	Redlands	CA	92262	909-335-5645 ext. 6650	A bereavement support group for parents who have lost a baby. Meetings are held on the 1st Tuesday starting at 7pm.
Various Groups	Kids Can	The Gathering Place	514 N. Prospect Ave., #115	Redondo Beach	CA	90277	310-374-6323	www.griefcenter.net Bereavement/Grief support groups for adults, children and adolescents. Groups facilitated jointly with the partnership between Beach Cities Health District and Trinity Care Hospice.
		The Gathering Place	514 N. Prospect Ave., #115	Redondo Beach	CA	90277	310-374-6323	
General	GriefShare	The Bridge Bible Fellowship	18644 Sherman Way	Reseda Reseda, North Hollywood, Panorama City, Woodland Hills, Lancaster, Valencia	CA	91355	818-776-1500	Bereavement/Grief support groups for adults, children and adolescents. Groups facilitated jointly with the partnership between Beach Cities Health District and Trinity Care Hospice. Wednesday evenings from 6:45-8:30pm.-scheduled to start 2/3/10.
Various Groups		Kaiser Permanente - Valley Service Area			CA		818-375-3528	Kaiser offers a variety of support groups provided in several cities around North Hollywood. Call for more details. All groups are free-of-charge.
Parents	Compassionate Friends	Immanuel Ministry Center	1201 N. China Lake Blvd. 6141	Ridgecrest	CA		760-371-1593	Meetings are held on the 2nd Tuesday evening starting at 6pm. Chapter Name: Indian Wells Valley Chapter; Chapter #1941. Visit tcf_iwv@yahoo.com for more information.
Children/Teens		Riverside Hospice	Ave., #1 5500	Riverside	CA	92506	909-274-0710	Call for dates and times.
General	GriefShare	First Baptist Church	Magnolia Avenue 8351	Riverside	CA	92507	951-684-4143	Sunday mornings from 10:45am-12:15pm.-call for start dates.
General	GriefShare	Baptist Church	Magnolia Ave. 6141	Riverside	CA	92507	951-689-5700	Call for dates and times.
General		Riverside Hospice	Riverside Ave., #1 3510 Adams	Riverside	CA	92506	909-274-0710	Meetings are held on Wednesday mornings from 10-11:30am and Wednesday afternoons from 1-1:30pm.
General	GriefShare	Sandals Church	The Grove Community Dr.	Riverside	CA	92504	951-637-8800	Call for dates and times.
General	GriefShare	Victoria Community Church	5320 Victoria Ave.	Riverside	CA	92506	909-359-1737	A seven-week program offered for adults. Call for dates and times.
General		VNA Hospice of Riverside	6235 River Crest Dr., #L	Riverside	CA	92507	909-413-1270	Call for dates and times.
Parents	Compassionate Friends-English & Spanish available	First Baptist Church	5500 Alessandro Blvd.	Riverside	CA		951-689-3072	Meetings are held on the 2nd Tuesday evening starting at 7:30pm. Spanish language support 951-689-3072. Chapter #1114. Visit soniavidesm@aol.com for more information.
Parents	Compassionate Friends--Loss of a Child	First Baptist Church of Riverside	5500 Alessandro Blvd. 6141	Riverside	CA	92507	909-689-3072	Meetings are held on Tuesday evenings starting at 7:30pm.
Parents	Loss of a Child	Riverside Hospice	Riverside Ave., #1	Riverside	CA		909-274-0710	Call for dates and times.
Parents	Parents Adjusting	Riverside YMCA	8172 Magnolia Ave.	Riverside	CA	92504	909-688-1387	A bereavement support group for parents, who have lost a baby from miscarriage, stillbirth, newborn death or SIDS. Meetings are held on the 2nd Thursday starting at 7pm.

		Through Caring & Sharing (PACS)							
General	GriefShare	Rolling Hills Covenant Church	2221 Palos Verdes Drive North	Rolling Hills Estates	CA	90274	310-519-9406	Saturday mornings from 9-11am.-scheduled to start 9/27/09.	
General		Christ Lutheran Church	35522 Camino Capistrano	San Clemente	CA		949-496-2621	Call for more information or visit www.beachchurchclc.org . Monday evenings from 6:30-8:30pm-scheduled to start 10/10/09.	
General	GriefShare	Pacific Coast Church	2651 Calle Frontera	San Clemente	CA	92673	949-940-2600	Meetings are held on Monday evenings from 7-8:30pm. Pre-registration required. Call for more information or visit www.scpres.org .	
General		San Clemente Presbyterian Church	11 N. Avenue de la Estrella	San Clemente	CA		949-361-1228		
All Types		The Center for Grief Care and Education San Diego Hospice Canyon View	4311 Thrid Ave. 10791	San Diego	CA	92103	619-278-6480	All types of groups available-call for more information.	
General	GriefShare	Christian Fellowship College Avenue	Blvd., #104 4747 College Ave	San Diego	CA	92124	858-576-0007	Call for dates and times.	
General	GriefShare	Baptist Church	9919 Carroll Center Rd.	San Diego	CA	92115	619-582-7222	Thursday afternoons from 4-5pm.-scheduled to start 9/10/09.	
General	GriefShare	Community Bible Church	2285 Murray Ridge Rd.	San Diego	CA	92126	858-549-7729	Saturday afternoons from 2:30-4:30pm.-call for start dates. Friday afternoons from 12-1:30pm.-scheduled to begin 9/18/09.	
General	GriefShare	Faith Community Church	8804 S. Balboa Ave. 10752	San Diego	CA	92123	877-537-1818	Call for more information.	
General	GriefShare	Jewish Family Services Healing Center	Coastwood Rd. 4305 La Jolla Village Drive	San Diego	CA	92127	858-613-7800	Sunday mornings from 10:30am-12:30pm.-scheduled to begin 9/20/09.	
General	Kids Konected	Marantha Chapel	UTC Mall Suite L-5	San Diego	CA	92122	949-582-5443		
General	GriefShare	St. Andrew's Lutheran	8350 Lake Murray Blvd. 11740	San Diego	CA	92119	619-464-4211	Monday evenings from 6:30-8:30pm-call for start dates.	
General	GriefShare	The Church of Rancho Bernardo	Bernardo Plaza Court University Town Center	San Diego	CA	92128	858-592-2434	Call for dates and times. Meetings are held on the 1st Wednesday evenings starting at 7pm. Spanish phone support available. Chapter Name: San Diego County Chapter; Chapter #1027. Visit www.sdtcf.org or leaders@sdtcf.org for more information.	
Parents	Compassionate Friends - English & Spanish available	Scripps Well Being Clinic	4305 La Jolla Village Drive	San Diego	CA	92122	619-583-1555		
General		San Dimas Senior Center	201 E. Bonita	San Dimas	CA	91773	909-394-6290	Meetings are held on Monday mornings from 10-11am. H.O.P.E Unit Foundation, Inc. provides community support groups offered in the San Fernando Valley at Valley Beth Shalom and in Los Angeles at Wilshire Boulevard Temple. Widow/widowers support groups provides education of the different stages of grief. All groups are led by licensed therapists; small fee required for each session.	
Widow/Widowers		Valley Beth Shalom	Capistrano Community Church	San Fernando Valley	CA		818-788-4673	www.hopeunit.org	
General	GriefShare	Capistrano Community Church	29251 Camino Capitrano Emeritus	San Juan Capistrano	CA	92675	949-364-5856	Tuesday evenings from 6-7:30pm-scheduled to start 9/15/09.	
General	GriefShare	Capistrano Community Church	Senior Living (site) 31741	San Juan Capistrano	CA	92675	949-348-2857	Tuesday evenings from 6-7:30pm-scheduled to start 9/15/09.	

General	GriefShare	Ocean Hills Church San Juan Capistrano	Rancho Viejo Rd. 32222 Del Obispo	San Juan Capistrano	CA	92675	949-496-7411	A 13-week bereavement program. Call for dates and times or visit www.griefshare.oceanhills@gmail.com .
General		Community Center St. Margaret's Episcopal Church	25925 Camino del Avion 31641 La Novia Ave.	San Juan Capistrano	CA	92675	949-493-5911	A six-week program sponsored by Hospice Touch. Call for more information.
General			400 Craven Road	San Marcos	CA	92675	714-661-0110	Meetings are held on the 3rd Monday afternoon from 1-2pm. Call for more information or visit www.stmarg.org .
General		San Marcos Clinic San Marino Community Church			CA	92069	619-641-4100	Call for more information.
General			1750 Virginia Road	San Marino	CA	91108	626-282-4181	Meetings are held on Wednesday afternoons starting at 4pm. A children's bereavement support group (5-12 years old), young adults (18-25 year old) and parents (English and Spanish-speaking). Groups provides both child and adult participants with an understanding of faith, insight into the effects the loss had had on their lives and develops positive ways of coping. Meets on Tuesday evenings from 6:30-8pm for 8-10 weeks. Cost: Donation of \$10/session (no one refused). Call for more information or visit www.vansocal.org .
Children	Necessary Steps	VNA of Orange County Hospice	2500 Red Hills, #105 540 N. Golden Circle Dr., #315	Santa Ana	CA	92705	949-263-4870	Meetings are held on the first and third Thursdays from 6-8pm.
General			1010 N. Tustin Ave,	Santa Ana	CA	92705	714-543-3200	Call for dates and times or visit www.info@griefshare.org .
General	GriefShare	Calvary Church Community Bible Church	555 E. Memory Lane 3611 S. Harbor Blvd., #105	Santa Ana	CA	92706	71-973-4644	Call for dates and times. Meetings are held on the first and third Mondays from 1-2:30pm. Call for more information or visit www.hospicetouch.com
General		Hospice Touch Trinity United Presbyterian Church		Santa Ana	CA	92704	714-327-1936	Wednesday afternoons from 3:30-5:30pm-scheduled to start 8/19/09.
General	GriefShare		13922 Prospect Ave.	Santa Ana	CA	92705	714-544-7850	A self-help organization offering friendship and understanding to ant parent surviving the murder of a child. Support is offered by phone and mail, in person, and group meetings. Free of charge. National address and number: 100 E. 8th Street, #b41, Cincinnati, Ohio 45202 ;(513)721-5682 or FAX (513)721-5687.
Parents	Parents of Murdered Children	Orange County Chapter	P.O. Box 28864	Santa Ana	CA	92799	714-647-7508	Group meets the 1st and 3rd Tuesday of each month from 6:30-8pm.
General	Kids Conncted	Parentst Helping Parents	3041 Olocott St.	Santa Clara	CA	95054	408-496-6336	Wednesday evenings from 7-8:30pm.-call for start dates.
General Groups for Seniors 55+ (including widow/widowers)	GriefShare	Grace Baptist Church	22833 Copper Hills Dr.	Santa Clarita	CA	91390	661-296-8737	General bereavement and widow/widowers support groups for adults 55 and over. Groups are facilitated by peer counselors and a sliding scale is utilized for counseling fees.
General		Center for Healthy Aging New Heights Community Church	2125 Arizona Ave.	Santa Monica	CA	90404	310-576-2554, ext. 373	Call for dates and times.
General	GriefShare	Pathways Community Church	10701 N. Magnolia Ave.	Santee	CA	92071	619-448-1622	Wednesday evenings from 6:30-8pm-scheduled to start 9/9/09.
General	GriefShare		9626 Carlton Hills Blvd.	Santee	CA	92071	619-449-1269	

General	GriefShare	Sonrise Community Church	8805 N. Magnolia Ave.	Santee	CA	92701	619-596-7667	Tuesday evenings from 6:30-8pm.-call for start dates.
General		Sunrise Senior Living	350 Lampson Ave.	Seal Beach	CA	90740	562-51-3031	Meetings are held on Monday afternoons from 3:30-5pm.
General	GriefShare	Grace Brethren Church	2900 Sycamore Dr.	Simi Valley	CA	93065	805-582-4300	Call for dates and times.
General	GriefShare	Simi Valley Presbyterian Church	4832 Cochran	Simi Valley	CA	93063	805-526-5475	Call for dates and times.
General		San Diego Family Counseling	341 S. Cedros, #D	Solana Beach	CA		858-792-8585	Call for more information.
General	Hospice of the Valley			Sun City	CA		951-672-1666	Contact Lynn Euzenas or Rene Martinex to sign up.
General	GriefShare	Grace Evangelical Free Church	29720 Goetz Rd.	Sun City	CA	92587	951-244-6444	Monday mornings from 10am-12pm.-call or start dates.
General		Hospice of the Valley	28127 Bradley Road	Sun City	CA	92586	909-672-1666	Meetings are held on Monday mornings from 10-11:30am.
General	GriefShare	Country Oaks Baptist Church	20915 Schout Rd.	Tehachapi	CA	93561	661-822-1379	Tuesday evenings from 6:39-8:30pm.
General	Mary Phillips senior Center	Hospice of the Valley		Temecula	CA		951-672-1666	Tuesday 1-2:30pm and 6-7:30pm. Contact Lynn Buzenas or Rene Martinez to Sign up.
General	GriefShare	Rancho Community Church	31300 Rancho Community Way	Temecula	CA		951-303-6789	Call for dates and times.
General	Loss of a child/sibling	Bereaved Parents/USA		Temecula	CA		909-676-4044	Call for dates and times.
General		St Luke's Parish	505 Cloverly Ave.	Temple City	CA	91780	626-291-5900	Groups are offered twice a year. Call to confirm dates.
General		Jewish Family Services-Conejo Valley Counseling Office		Thousand Oaks	CA		805-379-2273	Call for more details.
General	GriefShare	Ascension Lutheran Church	1600 E. Hillcrest Dr.	Thousand Oaks	CA	91362	805-495-0406	Friday afternoons from 1-2:30pm-call for start dates.
General	GriefShare	Calvary Community Church	5495 Via Rocas	Thousand Oaks	CA	91362	818-991-8040	Monday evenings from 6:30-8:30pm-scheduled to start 9/14/09.
General		Thousand Oaks Groups	468 Pennsfield Place Suite 102	Thousand Oaks	CA	91360	805-379-1616	Meets Wednesdays 4-5:30pm. Contact Eleanor Giron pre-registration is required.
General	GriefShare	Thousands Oaks New Life	540 Corsa Ave.	Thousand Oaks	CA	91362	850-277-4874	Tuesday evenings from 6-7:30pm-scheduled to start 8/11/09. Bereavement support groups are available for adults, children and teens, women's only group for pregnancy and infant loss, senior, widow/widowers, youth bereavement groups, parents.
Various Groups		Hospice of the Conejo	80 E. Hillcrest dr., #204	Thousand Oaks	CA	91360	805-495-2145	www.hospiceoftheconejo.org . Groups are facilitated by licensed counselors and are free-of-charge.
General	GriefShare	Bread of Life Church	2780 Lomita Blvd.	Torrance	CA	90505	310-325-7777	Saturday mornings from 9:45am-12pm-call for start dates.
General	Living Through Loss	VITAS Hospice	990 W. 190th St., #120	Torrance	CA	90502	310-225-5817	A six-week support group for anyone, who has experienced the death of someone in their life. Call to confirm dates and times.
Parents	Dealing With the Loss of an Adult Child	VITAS Hospice	990 W. 190th St., #120	Torrance	CA	90502	310-225-5817	This workshop is held periodically throughout the year. Please call first for meeting dates and times.

General	GriefShare	Aldergate United Methodist Church	1201 Irvine Blvd.	Tustin	CA	92780	714-544-3653	Wednesday evenings from 7-9:15pm-scheduled to start 8/19/09.
General		Trinity Presbyterian Church	13922 N. Prospect Ave.	Tustin	CA	92780	714-505-6254	Meets are held Wednesday 3:30-5:30pm. An ongoing bereavement support group for individuals who have experienced any type of loss. Meets on the 1st and 3rd Monday from 1-2:30pm. Free of charge. Call for more information.
General	Journey of Grief	Tustin Area Senior Center	200 S. Street #C	Tustin	CA	92680	714-573-3340 or 714-771-8243	A bereavement support group for parents, who have lost a child. Meets are held Tuesday evening's from 7-9pm. Call for more information or visit www.bereavedparents.org . An ongoing bereavement support group for widows and widowers. Meets are held Tuesday evenings from 5:30-6:30pm. Free of charge. Sponsored by St. Joseph's Community Counseling Services. Call for more information.
Parents		YMCA Community Counseling	13821 Newport Ave.	Tustin	CA	82780	714-960-1819	
Widow/Widowers	New Beginnings	Tustin Area Senior Center	200 S. Street #C	Tustin	CA	92680	714-573-3340 or 714-771-8243	
General		San Antonio Community Hospital	999 San Bernardino Rd. 23871 McBean Parkway	Upland	CA	81786	909-399-3289	Call Inland Hospice for more information.
General	Living With Loss	Henry Mayo Newhall Memorial Hospital	Our Lady of Assumption Building Room #1	Valencia	CA	91355	818-971-3435	A six-week support group for adult's seeking support after the loss of a loved one. Call to confirm dates and times. Cosponsored by VITAS Hospice in Encino.
General	GriefShare	Catholic Church	3175 Telegraph Rd.	Ventura	CA	93003	805-642-7966	Thursday evenings from 6:30-8pm. Meets Thursdays 4-5:30pm. Contact Jessica Adrienne pre-registration is required.
General		Ventura Group High Dessert Church	Ave. Suit #203 14545 Hook Blvd.	Ventura	CA	93003	805-677-7405	
General	GriefShare	Compassionate Friends - English & Spanish available	Rec. Room 14485 Seneca Rd.	Victorville	CA		760-261-4693	Call for dates and times. Meetings are held on the 1st Wednesday evenings at 7:30pm. Spanish meetings and phone support available. Chapter Name: Victor Chapter of TCF; Chapter #1997. Visit shoustonbound@aol.com for more information.
Parents	G.R.O.W Grief Support Group	City of Walnut Senior Center	21215 La Puente Rd.	Walnut	CA	91789	626-935-3818	Meets are held on the 1st Friday morning from 9-11am.
General	"I Count, Too"	Hospice Odyssey	1900 W. Garvey S.,	West Covina	CA	91791	626-974-0327	Call for start dates. Provides a bereavement support group for adults, who have lost a loved one; free of charge; open to the community. Call for more details.
General		Hospice Citrus Vally	#200 820 N. Phillips Ave.	West Covina	CA	91790	800-669-3990	www.odsyhealth.com
General		Hospice Citrus Vally Health Partners	820 N. Phillips Ave.	West Covina	CA	91791	626-859-2263	www.cvhp.org Offers various bereavement support groups.
General	Grief Outreach	Queen of the Valley Hospital	1115 S. Sunset Ave.	West Covina	CA	9179	626-814-2479	Call for dates and times. A six-week program to start September 16, 2009. Meetings will be held on Tuesday evenings from 7-9:30pm.
Parents	Loss of a Life Mate	Queen of the Valley Hospital	1115 S. Sunset Ave.	West Covina	CA	9179	626-814-2479	An ongoing bereavement group for widow/widowers. Meets are held on the 2nd Tuesday starting at 7:30pm.
General		Jewish Family Services-San Fernando Valley Counseling Center		West Hills	CA		818-464-3333	Call for more details.
Adult Child (40 or younger)		Jewish Family Services Wesy LA Counseling Center	2050 S. Bundy Dr., #270	West Los Angeles	CA	90025	310-820-4111	Support group designed for younger adults (40 or younger), who have lost a parent or parents. Call for more details.

Widow/Widowers	Coping With Living Alone	Jewish Family Services Wesy LA Counseling Center	2050 S. Bundy Dr., #270	West Los Angeles	CA	90025	310-820-4111	Support group designed for older adults, who have been grieving for over one year. Call for more details.
General	GriefShare	St. Jude Catholic Church	32032 Lindero Canyon Rd. 13431	Westlake Village	CA	91361	818-889-1279	Call for dates and times.
General	GriefShare	Bethany Bible Fellowship	Edwards St. 1964	Westminster	CA	92683	714-891-5859	Thursday evenings from 7-9pm-call for start dates.
Various Groups Available		Our House Whittier Presbyterian Intercommunity Hospital	Westwood Blvd. 250	Westwood	CA	90025	310-475-0299	Bereavement groups available for parents, widow/widowers, and young adults who have lost a parent. Call for group information.
General	Grief Recovery Program		12041 E. Washington Blvd.	Whittier	CA	90602	562-698-0811, ext. 2500	Provides adult bereavement support groups, which are facilitated by the Pastoral Services Department; offered free-of-charge. Call to get more details.
Parents	Compassionate Friends	Kaiser Hospital	Burbank & DeSoto	Woodland Hills	CA		818-788-9701	Meetings are held on the 2nd Monday evenings starting at 7:30pm. Chapter Name: San Fernando Valley Chapter; Chapter #1079.
Various Groups			21860 Burank Blvd., #195	Woodland Hills	CA	91367	818-222-3344	Provides grief support services, education, resources, and hope. All groups are fee-based with a sliding scale. Groups are co-led by highly trained volunteers. The adult program offers groups for young widow/widowers, mid-life loss, later-life loss, parents grieving the loss of a parent. The children's program offers support groups for death of a parent or sibling, utilizing various methods of grief expressions, including art, music, play, and poetry. School-based groups are also available. Serves West San Fernand Valley. Self-help support group for bereavement parents and siblings. Meets 2nd Monday of each month;7:30-9pm.
Adults	Compassionate Friends	Kaiser	501 De Soto Ave. Room B	Woodland Hills	CA	91367	818-788-9701	For parents who have experienced the death of a child at any age and from any cause. Other family members welcome. Support consists of group meetings, newsletters, phone caring friends, lending library and referrals. Meets on the 1st Tuesday - City of La Mirada and 3rd Wednesday Fullerton from 7-9pm. Call for more information.
General	Compassionate Friends-Loss of a Child	Orange County Chapter	P.O. Box 673 6550	Yorba Linda	CA	92885	714-993-6708	
General	GriefShare	Grace Lutheran Church	Fairmont Blvd.	Yorba Linda	CA	92887	714-795-2384	Wednesday evenings from 7-9pm.-call for start dates.
General	Transitions	St. Martin de Porres Church	19791 Yorba Linda Blvd. 5211	Yorba Linda	CA	92886	714-970-2771 or 714-777-2266	Meetings are held on the 1st and 3rd Saturday mornings starting at 9am. Call for more information or visit www.smdpyl.org .
General	GriefShare	Friends Church	Lakeview Ave. 13456 Bryany	Yorba Linda	CA	92886	714-777-2875	Call for dates and times.
General	GriefShare	Bryant Baptist Church	St.	Yorba Linda	CA	92399	909-795-4116	Saturday afternoons from 3-5pm.-call for start dates.