|              |               |                                |                               |               |            | Postal |                                  |                  |   |
|--------------|---------------|--------------------------------|-------------------------------|---------------|------------|--------|----------------------------------|------------------|---|
| Туре         | Title         | Company                        | Address                       | City          | State      | Code   | Work Phone                       | Email Address    | INFORMATION   |
|              |               | The Center for                 |                               |               |            |        |                                  | www.griefcent    |   |
| Daront       |               | Grief and Loss for<br>Children |                               |               |            |        | 866-714-7433                     | erforchildren.or | Support groups for children, teens and their parents, who have experienced the death of a loved one.            |
| Parent       |               | Children                       |                               |               |            |        | 800-714-7433                     | g                | An intimate bereavement support group for parents, who  |
|              | Comforting    |                                |                               |               |            |        |                                  |                  | have lost a child; monthly meetings; free of charge; facilitated  |
| Parents      | Hearts        |                                |                               |               |            |        | 626-915-3266                     |                  | by volunteers.  |
|              |               |                                |                               |               |            |        |                                  | www.compassi     | A nationwide organization dedicated to providing  |
| Darants      | Compassionate |                                |                               |               |            |        | 977 060 0010                     | onatefriends.co  | bereavement support for parents, who have lost a child at any   |
| Parents      | Hearts        | Coast Hills                    |                               |               |            |        | 877-969-0010                     | <u>m</u>         | age from any cause.   |
|              |               | Community                      |                               |               |            |        |                                  |                  | Call for dates and times. Visit their website at  |
| General      | GriefShare    | Church                         | 5 Pursuit                     | Aliso Viejo   | CA         | 92656  | 949-362-0079                     |                  | www.coasthillschurch.org.   |
|              |               | Community                      |                               |               |            |        |                                  |                  |   |
| General      | GriefShare    | Baptist Church                 | 9090 19th St.                 | Alta Loma     | CA         | 91701  | 909-945-5001                     |                  | Call for dates and times.   |
|              |               | Hillside<br>Community          | 5354 Haven                    |               |            |        |                                  |                  |   |
| General      | GriefShare    | Church                         | Ave.                          | Alta Loma     | CA         | 91737  | 909-980-2191                     |                  | Call for dates and times.   |
|              |               | Northkirk                      |                               |               |            |        |                                  |                  |   |
|              |               | Presbyterian                   |                               |               |            |        | 909-399-3289 or 909-989-         |                  | Meetings are held on Monday evenings from 7:00 to 8:30 p.m.   |
| General      |               | Church                         | 9109 19th St.                 | Alta Loma     | CA         | 91701  | 4919                             |                  | Sponsored by Inland Hospice.  |
|              |               | Northkirk<br>Presbyterian      |                               |               |            |        | 909-399-3289 or 909-989-         |                  | Meetings are held on Monday evenings from 7:00 to 8:30 p.m.   |
| General      |               | Church                         | 9109 19th St.                 | Alta Loma     | CA         | 91701  | 4919                             |                  | Sponsored by Inland Hospice.  |
|              |               | Crescent Southern              | 622 N. Gilbert                |               |            |        |                                  |                  | ·   |
| General      | GriefShare    | Baptist Church                 | St.                           | Anaheim       | CA         | 92801  | 714-535-1313                     |                  | Call for dates and times.   |
| Conoral      |               | Fara Contor                    | 1771 W.                       | Anahaim       | CA         | 02804  | 714 776 1102                     |                  | Meetings are held on Thursday morning starting at 10:00 a.m.  |
| General      |               | Ezra Center<br>Knott Avenue    | Cerritos Ave.<br>315 S. Knott | Anaheim       | CA         | 92804  | 714-776-1103                     |                  | Registration required.  Grief share group, film and discussion and meetings are held                            |
| General      |               | Christian Church               | Ave.                          | Anaheim       | CA         | 92804  | 714-527-5195                     |                  | Monday evenings from 7:00 p.m. to 8:30 p.m. www.kacc.com.   |
|              |               | Knott Avenue                   | 316 S. Knott                  |               |            |        |                                  |                  | Tuesday evenings from 7:00 p.m. to 9:00 p.m scheduled to  |
| General      | GriefShare    | Christian Church               | Ave.                          | Anaheim       | CA         | 92804  | 714-527-5196                     |                  | start 9/15/09.  |
|              |               | Sa-Rang<br>Community           | 1111 N.                       |               |            |        |                                  |                  |   |
| General      | GriefShare    | Church                         | Brookhurst St.                | Anaheim       | CA         | 92801  | 714-772-7777                     |                  | Call for dates and times.   |
|              |               | St. Justin Martyr              | 2050 W. Ball                  |               |            |        |                                  |                  | A 6-week program, which meets on Thursday evenings from   |
| General      |               | Church                         | Road                          | Anaheim       | CA         | 92804  | 714-774-2407                     |                  | 7:00 p.m. to 9:00 p.m. Call for starting dates and times  |
| Camanal      | CuintChaus    | The Cornerstonf                | 4905 E. La                    | A la :        | C 4        | 02007  | 74 4 704 4040                    |                  | Tuesday evenings from 7:00 p.m. to 9:00 p.m call for start  |
| General      | GriefShare    | Church                         | Palma Ave.                    | Anaheim       | CA         | 92807  | 714-701-1818                     |                  | dates.  A bereavement support group for parents, who have lost a  |
|              | Compassionate |                                |                               |               |            |        |                                  |                  | child. Meetings are held on the third Wednesday evening from  |
| Parents      | Friends       | Kaiser Hospital                | 441 Lakeview                  | Anaheim       | CA         | 92807  | 714-993-6708                     |                  | 7:00 to 9:00 p.m. Website: www.compassionatefriends.org   |
|              |               |                                | 5800 E. Santa                 |               |            |        |                                  |                  |   |
| Camanal      |               | San Antonio                    | Ana Canyon                    | A             | C 4        | 02007  | 714-974-1416 or 714-779-         |                  | Meetings are held on the 1st and 3rd Saturday mornings starting at 9:00 a.m. Website: www.sanantoniochurch.org. |
| General      |               | Catholic Church<br>Valley      | Road                          | Anaheim Hills | CA         | 92807  | 2443                             |                  | starting at 9.00 a.m. website. www.sanantomochurch.org.   |
| Children and |               | Presbyterian                   | 351 E. Foothill               |               |            |        |                                  |                  | Meetings are Wednesdays 6:30-8:00 p.m. and Thursdays 1:00-  |
| Teenagers    | I Count Too   | Hospital                       | Blvd                          | Arcadia       | CA         | 91006  | 626-397-3600                     |                  | 2:30 p.m.   |
|              |               | Methodist                      | 20214                         |               |            |        |                                  |                  |   |
|              |               | Hospital of                    | 300 W.                        |               |            |        | 626 270 7766 02 626 022          |                  | Meetings are held on Wednesday afternoons from 5:30 p.m.  |
| General      |               | Southern<br>California         | Huntington<br>Dr.             | Arcadia       | CA         | 91005  | 626-379-7766 or 626-932-<br>1015 |                  | to 7:00 p.m.  |
| 30           |               |                                | J.,                           |               | <i>-</i> . | 31003  |                                  |                  | An ongoing bereavement support group and meetings are   |
|              |               | Kaiser                         | 1011 Baldwin                  |               |            |        |                                  |                  | held on the 1st and 3rd Thursday mornings from 10:00 a.m  |
| General      |               | Permanente                     | Park Blvd.                    | Baldwin Park  | CA         | 91706  | 562-622-4317                     |                  | 11:30 a.m.  |
|              |               |                                |                               |               |            |        |                                  |                  |   |

|  |                                    | Blessed Kateri                                 |                                      |                |    |       |                                 |                                      |  |
|--|------------------------------------|--|--------------------------------------|----------------|----|-------|---------------------------------|--------------------------------------|--|
|  |                                    | Tekakwitha                                     | 1234 Palm                            |                |    |       |                                 |                                      |  |
| General  | GriefShare                         | Church   | Ave.<br>650 Oak                      | Beaumont       | CA | 92223 | 951-845-2849                    |                                      | Call for dates and times.  |
| General  | GriefShare                         | Fellowship in the<br>Pass                      | Valley<br>Parkway                    | Beaumont       | CA | 92223 | 951-845-2693                    |                                      | Call for dates and times.  |
|  |                                    |  | 9107 Wilshire                        |                |    |       |                                 |                                      | Meetings are held on Tuesday evenings from 7:00 p.m. to 8:30   |
| General  |                                    | Maple Center                                   | Blvd.                                | Beverly Hills  | CA | 90210 | 310-271-9999                    | www.tmcc.org/                        | p.m.   |
| Parent   | Compassionate<br>Friends - English | Maple Counseling<br>Center                     | 9108 Wilshire<br>Blvd.               | Beverly Hills  | CA | 90210 | 310-271-9999, Ext. 254          | program/suppo<br>rtgroups            | Provides a bereavement support for the loss of a child; individual counseling; a fees on based on sliding scales.  Meetings are held on the 1st Thursday evening starting at 8:00 p.m. Spanish meetings and phone support available. Chapter   |
| Parents  | & Spanish available                | Temple Emanuel                                 | 8844 Burton<br>Way                   | Beverly Hills  | CA |       | 310-474-3407                    |                                      | Name: TCF of Los Angeles; Chapter #2132. Visit www.tcfla.org for more information.   |
| 1 di ents  | available                          | remple Linander                                | vvay                                 | Deverty Tillis | CA |       | 310-474-3407                    | www.tmcc.org/                        | for more information.  |
| Widow/Widower<br>s   |                                    | Maple Counseling<br>Center                     | 9107 Wilshire<br>Blvd.               | Beverly Hills  | CA | 90210 | 310-271-9999                    | program/suppo<br>rtgroups            | Provides a bereavement support for the loss of a spouse; individual counseling and fees on based on sliding scale.   |
|  |                                    | Christian Faith                                | 764 Pine Knot                        |                |    |       |                                 |                                      | Thursday afternoon from 2:30 p.m. to 4:00 p.m scheduled to   |
| General  | GriefShare                         | Center<br>Bonita Valley                        | Ave.                                 | Big Bear Lake  | CA | 92315 | 909-866-1742                    |                                      | start 9/10/09.   |
| General  | GriefShare                         | Community<br>Church                            | 4744 Bonita<br>Rd.                   | Bonita         | CA | 92902 | 619-475-8000                    |                                      | Call for dates and times.  |
| General  | dicisiare                          |  |                                      | Bornta         | CA | 32302 | 013 473 0000                    |                                      | A bereavement support group for children, who have lost a parent due to CA diagnosis. Meetings are held on the 4th   |
| Children   | Kids Kannastad                     | Brea Community                                 | 695 Madison                          | Droo           | CA | 02021 | 900 900 3966                    |                                      | Tuesday evenings 6:30 p.m. to 8:00 p.m. Website:   |
| Children   | Kids Konnected                     | Center   | Ave.                                 | Brea           | CA | 92821 | 800-899-2866                    |                                      | www.kidskonnected.org. Call to confirm dates and times or visit their website:   |
|  |                                    | Brea Community                                 | 695 Madison                          |                |    |       | 714-557-9656 or 800-577-        |                                      | www.hospicecareofca.com. Group sponsored by Hospice Care   |
| General  |                                    | Center   | Ave.                                 | Brea           | CA | 92821 | 9679                            |                                      | of California.   |
| Parents  |                                    | Brea Community<br>Hospital                     | 380 Central                          | Brea           | CA | 92821 | 714-750-9237 or 74-962-<br>2005 |                                      | A bereavement support group for parents, who have lost a child. Meetings are held on the first Wednesday evening from 7:00to 9:00 p.m. Website: www.bereavedparents.com.   |
| General -<br>Available in<br>English,<br>Spanish,<br>Hebrew,<br>French, Arabic,<br>Russian, and<br>Farsi |                                    | International Counseling Center Providence St. | 20001 S.<br>Barrington<br>Ave., #216 | Brentwood      | CA | 90025 | 310-289-2257                    | Email:<br>talktherapy911<br>@aol.com | Part of the Antioch Counseling Center specializing in Farsi and English language counseling. Counseling is also available in Spanish, Hebrew, French, Arabic, and Russian. Individual counseling is provided by licensed psychologists and interns. Fees are based on sliding scale (ability to pay taken into account).   |
|  |                                    | Joseph Medical                                 | 501 S. Buena                         |                |    |       |                                 |                                      | Provides an 8-week adult bereavement group 3 times a year.   |
| Adult  |                                    | Center   | Vista<br>521 East Olive              | Burbank        | CA | 91505 | 818-847-4695                    |                                      | Call for dates and times.  |
| General  | GriefShare                         | First Presbyterian<br>Church                   | Ave.                                 | Burbank        | CA | 91501 | 818-842-5103                    |                                      | Call for dates and times.<br>Community support groups offered in the San Fernando Valley   |
| General  |                                    | H.O.P.E. Unit<br>Foundation, Inc.              | P.O. Box 8034                        | Calabasas      | CA | 91372 | 818-788-4673                    | www.hopeunit.                        | at Valley Beth Shalom and in Los Angeles at Wilshire Boulevard Temple. Adult support groups offer education of the different stages of grief. All groups are led by licensed therapists; small fee required for each session.  Community support groups offered in the San Fernando Valley at Valley Beth Shalom and in Los Angeles at Wilshire Boulevard Temple. Widow/Widowers support groups offer education of |
| Widow/Widower<br>s   |                                    | H.O.P.E. Unit Foundation, Inc.                 | P.O. Box 8035                        | Calabasas      | CA | 91372 | 818-788-4673                    | www.hopeunit.<br>org                 | the different stages of grief. All groups are led by licensed therapists; small fee required for each session.   |
|  |                                    |  |                                      |                |    |       |                                 |                                      |  |

|                  |                | Calimesa SDA                     | 397<br>Myrtlewood              |                  |    |       |  |   |
|------------------|----------------|----------------------------------|--------------------------------|------------------|----|-------|--|---|
| General          | GriefShare     | Church<br>Camarillo              | Dr.<br>1777 Arneill            | Calimesa         | CA | 92320 | 909-795-9741                             | Call for dates and times.   |
| General          | GriefShare     | Christian Church<br>Capo Beach   | Rd.<br>25975                   | Camarillo        | CA | 93010 | 805-482-3116                             | Call for dates and times.   |
| General          | GriefShare     | Calvary                          | Domingo                        | Capistrano Beach | CA | 92624 | 949-493-2006                             | Call for dates and times or visit www.calvarychapel.com. Meetings are held on the 3rd Tuesday morning starting at   |
| Conoral          |                | Faith Lutheran                   | 34381 Calle<br>Portola         | Canistrana Baach | CA | 92624 | 949-425-0372                             | 11:00 a.m. and another group is available on the 3rd Tuesday starting at 7:00 p.m. Call for information.  |
| General          | Pathway Grief  | Church                           | 5441 Avenida                   | Capistrano Beach | CA | 92024 | 343-425-0372                             | Meets from 1:30-3 p.m. every Tuesday. Education and discussion on topics of interest for adults who have lost a   |
| Adults           | and Loss       | Carlsbad                         | Encinas, Ste.A                 | Carlsbad         | CA | 92008 | 760-431-4100                             | loved one.  |
|                  |                | Community                        | 3175 Harding                   |                  |    |       |  |   |
| General          | GriefShare     | Church<br>Daybreak<br>Community  | St.<br>6515<br>Ambrosia        | Carlsbad         | CA | 92008 | 760-729-2331                             | Call for dates and times.   |
| General          | GriefShare     | Church                           | Lane<br>1330                   | Carlsbad         | CA | 92009 | 760-931-7773                             | Call for dates and times.   |
| General          | GriefShare     | North Coast<br>Calvary Chapel    | Poinsettia<br>Lane             | Carlsbad         | CA | 92009 | 760-929-0029                             | Monday evenings from 7:00 p.m. to 8:30 p.m scheduled to start 9/14/09.  |
|                  |                | , ,                              |                                |                  |    |       |  | Meets from 7 to 9 p.m. the 1st and 3rd Tuesday of each month. On-going group for parents who have lost a child of   |
| Parents          |                |                                  | 5441 Avenida<br>Encinas, Ste.A | Carlsbad         | CA | 92008 | 760-431-4100                             | any age, from any cause sponsored by Hospice of the North Coast.  |
| । वासाउ          |                |                                  |                                | Canada           |    | 32008 | 700-431-4100                             | An ongoing bereavement support group providing opportunities for bereaved adults to meet others and interact regarding some of the significant issues of bereavement. Groups are for grief education and support, providing some "content" as well as time for sharing in discussion. Meets on alternate Tuesday afternoons from 1:00 p.m. to 2:30 p.m. |
| General          | Journeys       | Cerritos Senior<br>Center        | 12340 South<br>Street          | Cerritos         | CA | 90703 | 562-531-3031                             | Sponsored by Pathways Volunteer Hospice. Free of Charge. Call for more information.   |
| <b>3</b> 0.1014. |                | The Church at                    | 22601 Santa<br>Susana Pass     |                  |    |       |  |   |
| General          | GriefShare     | Rocky Peak<br>Chino Senior       | Rd.<br>13170 Central           | Chatsworth       | CA | 91311 | 818-709-0113<br>909-591-9836 or 909-393- | Call for dates and times.<br>Meetings are held on Thursday morning from 9:30 to 10:30   |
| General          |                | Center                           | Ave.<br>14670                  | Chino            | CA | 91710 | 3289                                     | a.m. Sponsored by Inland Hospice.   |
| General          | GriefShare     | Inland Hills Church              | Ramona Ave.                    | Chino            | CA | 91710 | 909-393-1577                             | Call for dates and times.  Meetings are held on first Tuesday from 7:00 to 9:00 p.m.  |
| Parents          | Christ Friends | Christ Lutheran<br>Church        | 5500 Francis<br>Ave.           | Chino            | CA | 91710 | 626-919-7206                             | Chapter Name: Pomona-San Gabriel Valley Chapter; Chapter #1303. For more information, contact estrellatcf@aol.com.  |
| General          | GriefShare     | Calvary Chapel<br>San Diego      | 1771 E.<br>Palomar St.         | Chula Vista      | CA | 91913 | 619-421-1100                             | Tuesday evenings from 6:30 p.m. to 8:30 p.m call for start dates. Contact-Elizabeth Rankin.   |
| General          |                | Blaisdell Senior<br>Center       | 440 S. College<br>Ave.         | Claremont        | CA | 91711 | 909-399-5488                             | FREE meetings are held on Monday afternoons starting at 3:00 p.m.   |
|                  |                | Claremont United                 | 211 W.                         |                  |    |       |  | FREE meetings are held on Wednesday afternoons starting at  |
| General          |                | Methodist Church  Corona Reginal | Foothill Blvd.                 | Claremont        | CA | 91711 | 909-624-9021                             | 3:00 p.m. A 10-week program offered on Wednesday evenings from 6:00 p.m. to 8:00 a.m.; and Tuesday mornings from 10:00 a.m. to  |
|                  |                | Medical Center                   | 800 S. Main                    | _                |    |       | 951-735-0274 or 800-232-                 | 12:00 noon; and Monday and Thursday evenings from 6:00 to   |
| General          |                | Hospice<br>Crossroads            | Street<br>2331 Kellogg         | Corona           | CA | 92882 | 5968                                     | 8:00 p.m. Fee: \$15.00 for materials. Contact-Lucy Davies. Call for dates and times. \$10.00 for materials Contact-Sue  |
| General          | GriefShare     | Christian Church                 | Ave.                           | Corona           | CA | 32881 | 951-737-4664                             | Sheedy  |

| General                       | Recovery                            | St. Joachim                                   | 1964 Orange<br>Ave.                            | Costa Mesa  | CA       | 92627          | 949-548-9669                 |  | FREE support for adults who have lost a loved one. Meetings are held on Wednesday evenings starting at 7:30 p.m. Contact Hal  |
|-------------------------------|-------------------------------------|---|--|-------------|----------|----------------|------------------------------|--|---|
| Widow/Widower                 | "We don't                           |   |  |             |          |                |                              |  | FREE weekly bereavement support group for   |
| s Support<br>Group            | grieve, we<br>achieve!"             | Costa Mesa Senior<br>Center                   | 695 W. 19th<br>Street<br>Los Angeles<br>Sicide | Costa Mesa  | CA       | 92627          | 949-645-2356 Ext#24          |  | widow/widowers. 2nd & 4th Tuesday 1-3pm.  Www.cmseniorcenter.org.   |
|                               | Survivors After                     | Didi Hirsch<br>Community<br>Mental Health     | Prevention<br>Center 470 S<br>Sepulveda        |             |          | 90230-         |                              | www.didihirsch                                     | A 8-week program designed for people, who have lost a loved on to suicide. Also, offers monthly drop-in meetings and telephone counseling. Call for fates and times of new groups       |
| Suicide                       | Suicide                             | Center<br>Lutheran Church                     | Blvd.<br>Bellflower                            | Culver City | CA       | 4888           | 310-751-5382                 | .org   | starting. 1st and 3rd Wednesday 5:30-7:00 p.m. 1st & 3rd Thursday   |
|                               | Friends                             | Permanente Community Care Resources           | Blvd. Ave.                                     |             |          |                |                              |  | 11:00-12:30.  |
| \\/idow/\\/idowor             | Widowed                             | Downey<br>Community                           | 12130<br>Paramount                             |             |          |                |                              |  | A volunteer network of widowed men and women that<br>provide individual and group support for newly widowed   |
| Widow/Widower<br>s            | Persons Service                     | Hospital                                      | Blvd.<br>11500                                 | Downey      | CA       | 90242          | 562-904-6016                 |  | persons. Free of change. Call for more information.   |
| Midowo                        | Widows' Support                     | Downey Tegional                               | Brookshire                                     | Downey      | CA       | 00241          | 562-904-5580                 |  | Call for mosting times  |
| Widows                        | Group<br>Reflections<br>Bereavement | Medical Center                                | Ave.<br>1500 E.                                | Downey      | CA       | 90241          | 562-904-5580                 | www.cityofhop                                      | Call for meeting times.  Offers open-ended bereavement support groups for adults.  Groups are facilitated by hospital chaplains. Call for more  |
| General                       | Support Group                       | City of Hope                                  | Buarte Rd.                                     | Duarte      | CA       | 91010          | 626-256-8626                 | e.org/support                                      | information.<br>For parents and siblings (ages 5-12) which have lost a child to   |
| Damasta                       | Cit of House                        | C'I a CIII a c                                | 1500 E.  | D - 1       | 64       | 04040          | 626 204 0426                 |  | cancer. Meets every 1st Tuesday of the month 5:30-6:30.   |
| Parents                       | City of Hope GriefShare             | City of Hope<br>Foothills Christian<br>Church | Buarte Rd.<br>350 Cypress                      | Duarte      | CA<br>CA | 91010<br>92020 | 626-301-8426<br>619-442-7728 |  | Please call for further information.  Call for dates and times.   |
| General                       | GriefSriare                         | El Camino<br>Christian                        | Lane, #B<br>510 S. El                          | El Cajon    | CA       | 92020          | 019-442-7720                 |  | Call for dates and times.   |
| General                       | GriefShare                          | Fellowship                                    | Camino Real                                    | Encinitas   | CA       | 92024          | 760-942-4900                 |  | Call for dates and times.  Specializing in individual adult, teen, family and group   |
| Adult, Teen<br>Family and     |                                     | The Bereavement                               | 16255<br>Venturea                              |             |          |                |                              |  | counseling, focusing on bereavement and loss issues. Groups include "Survivors After Suicide" and "Trauma and Loss." Licensed workers and lay trained facilitators. Culturally specific |
| Group<br>Counseling           |                                     | Counseling Center                             | Blvd., #308<br>16830                           | Encino      | CA       | 91436          | 818-509-9701                 |  | factors incorporated into treatment.  |
| General                       | Living With Loss                    | VITAS Hospice                                 | Ventura Blvd.,<br>#315                         | Encino      | CA       | 91436          | 818-971-3435                 |  | A six-week support group for adults seeking support after the loss of a loved one. Call to confirm dates and times.   |
|                               |                                     |   | 16255  |             |          |                |                              |  | Specializing in individual adult, teen, family and group counseling, focusing on bereavement and loss issues. Groups include "Survivors After Suicide" and "Trauma and Loss."           |
|                               | Survivors After                     | The Bereavement                               | Ventura  |             |          |                |                              |  | Licensed workers and lay trained facilitators. Culturally specific  |
| Suicide                       | Suicide                             | Counseling Center                             | Blvd.,#308                                     | Encino      | CA       | 91436          | 818-509-9701                 |  | factors incorporated into treatment.  Specializing in individual adult, teen, family and group  |
| Trauma, i.e., car accident,   |                                     | The Bereavement                               | 16255<br>Ventura                               |             |          |                |                              |  | counseling, focusing on bereavement and loss issues. Groups include "Survivors After Suicide" and "Trauma and Loss." Licensed workers and lay trained facilitators. Culturally specific |
| murder, heart attack, etc.    | Trauma and Loss                     | Counseling Center                             | Blvd.,#308                                     | Encino      | CA       | 91436          | 818-509-9701                 |  | factors incorporated into treatment.  To provide counseling services to individuals, couples, families,   |
| Various                       |                                     |   |  |             |          |                |                              | www.ci.burban<br>k.ca.us/park/Yo<br>uthResources/C | children, adolescents and seniors. A variety of groups are also offered including grief and loss; teen; anger management; women and men support groups; children and others.            |
| Bereavement<br>Support Groups |                                     | California Family<br>Counseling Center        | 5445 Balboa<br>Blvd.                           | Encino      | CA       | 91316          | 818-386-5694                 | alifornia Couns<br>eling                           | Counseling services are also provided to local schools and community groups.  |
|                               |                                     |   |  |             |          |                |                              |  |   |

|          |                       |                              | 4675.6                    |                 |            |       |                                   |  |
|----------|-----------------------|------------------------------|---------------------------|-----------------|------------|-------|-----------------------------------|--|
| General  | GriefShare            | Calvary Chapel               | 1675 Seven<br>Oakes Rd.   | Escondido       | CA         | 92026 | 760-489-6255                      | Call for dates and times.  |
| General  | GriefSilare           | Emmanuel Faith               | Oakes ku.                 | Escolidido      | CA         | 92020 | 700-469-0255                      | Call for dates and times.  |
|          |                       | Community                    | 639 W.                    |                 |            |       |                                   | Sunday afternoons from 1:00 p.m. to 3:00 p.m call for start  |
| General  | GriefShare            | Church                       | Felicita Ave.             | Escondido       | CA         | 92025 | 760-781-2108                      | dates.   |
|          | Fallbrook             | Silvergate                   |                           |                 |            |       |                                   |  |
|          | Hospice Support       | Residential Facility         | 420 Elbrook               |                 |            |       |                                   | Meet every Tuesday. Call Fallbrook Hospital Hospice for  |
|          | Group                 | in the Library               | Dr.                       | Fallbrook       | CA         | 92028 | 760-728-1435                      | further information.   |
|          | 0 : (0)               | Christ The King              | 1620 S. Stage             |                 |            |       | 750 700 0055                      | 0.11.5   |
| General  | GriefShare            | Lutheran                     | Coach Lane                | Fallbrook       | CA         | 92028 | 760-728-3256                      | Call for dates and times.  |
|          |                       | Fallbrook<br>Presbyterian    | 463 S. Stage              |                 |            |       |                                   | Monday mornings from 10:30 a.m. to 12:00 p.m call for start  |
| General  | GriefShare            | Church                       | Coach Lane                | Fallbrook       | CA         | 92028 | 760-728-5804                      | dates.   |
| Concrai  | Gricionare            | Kaiser                       | Coden Lane                | ranbrook        | C/ (       | 32020 | 700 720 300 1                     | dutes.   |
|          |                       | Permanente                   | 9961 Sierra               |                 |            |       |                                   | Meetings are held on Thursday afternoon and evenings - call  |
| General  |                       | Hospice                      | Ave. Bldg. 3A             | Fontana         | CA         | 92325 | 909-427-6956                      | for specific times.  |
|          |                       | Water of Life                |                           |                 |            |       |                                   |  |
|          |                       | Community                    | 7623 Easy                 |                 |            |       |                                   |  |
| General  | GriefShare            | Church                       | Ave.                      | Fontana         | CA         | 92336 | 909-463-0103                      | Call for dates and times.  |
|          |                       | Hospice Care of              | 27442 Portola             |                 |            |       |                                   |  |
| General  |                       | the West                     | Parkway                   | Foothill Ranch  | CA         |       | 949-282-5943                      | Visit www.hopsicecareofthewest.com   |
|          |                       | Fountain Valley              | 11250 \\\                 |                 |            |       | 74.4.000.0000 Denomin             | A susual design and few shildware heaters are the same of C 12 with a  |
| Children | Kids, Inc.            | Regional Medical<br>Center   | 11250 Warner<br>Ave.      | Fountain Valley | CA         | 92708 | 714-966-8055 Danny<br>Daniels 9-5 | A group designed for children between the ages of 6-13, who are experiencing loved one diagnosed with cancer.          |
| Children | NIUS, IIIC.           | Fountain Valley              | Ave.                      | Fountain valley | CA         | 92706 | Daniels 9-5                       | are experiencing loved one diagnosed with cancer.  |
|          |                       | Regional Medical             | 11250 Warner              |                 |            |       | 714-966-8055 Danny                | Meetings are held on the first and third Wednesdays from   |
| General  |                       | Center                       | Ave.                      | Fountain Valley | CA         | 92708 | Daniels 9-6                       | 6:30 to 8:00 p.m.  |
|          |                       |                              |                           | •               |            |       |                                   | A ten-week bereavement support group for anyone who has  |
|          |                       | Holy Spirit                  | 17270 Ward                |                 |            |       | 714-963-1811 or 714-842-          | lost a loved one. Call for more information o visit  |
| General  |                       | Catholic Church              | Street                    | Fountain Valley | CA         | 92708 | 8486                              | www.hsccfv.org.  |
|          |                       |                              |                           |                 |            |       |                                   | A 10-week bereavement program. Meetings are held on  |
|          |                       |                              | 11680 Warner              | <b>-</b>        |            |       | 744.550.0055                      | Tuesday afternoon from 3:00 p.m. to 4:30p.m. Preregistration   |
| General  |                       | Manor Care                   | Ave.                      | Fountain Valley | CA         |       | 714-558-2366                      | required. Sponsored by Heartland Hospice.  |
|          |                       |                              | 9920 Talbert<br>Ave.      |                 |            |       |                                   |  |
|          |                       | Orange Coast                 | Conference                |                 |            |       |                                   | Meetings are the first and third Thursday of the month. Noon -   |
| General  | The Journey           | Medical Center               | Rooms B & C               | Fountain Valley | CA         | 92708 | 800-636-6742                      | 1:30 p.m.  |
|          | ,                     |                              | 1343 W.                   |                 |            |       |                                   |  |
|          | "The Gathering        |                              | Valencia Dr.              |                 |            |       |                                   | A support group for adults experiencing the loss of a loved  |
| Adults   | Place"                |                              | Room H                    | Fullerton       | CA         | 82833 | 714-810-5302                      | one. Meetings are held on Saturdays @ 10:00 a.m.   |
|          |                       |                              | 1343 W.                   |                 |            |       |                                   |  |
| 01.11.1  | "The Gathering        |                              | Valencia Dr.              |                 |            |       |                                   |  |
| Children | Place"                | Facilità Chatata             | Room H                    | Fullerton       | CA         | 82833 | 714-810-5302                      | For ages 8-14 from 4:00 p.m. to 5:30 p.m. on Tuesdays.   |
| Conorol  |                       | Eastside Christian<br>Church | 2505 Yorba<br>Linda Blvd. | Fullerton       | CA         | 02021 | 714-871-6844                      | Meets every Thursday 10-11:30 a.m.   |
| General  |                       | Church                       | Liliua bivu.              | rullerton       | CA         | 32031 | 714-071-0044                      | An ongoing bereavement support group for anyone who has  |
|          |                       | First Evangelical            | 2801 N. Brea              |                 |            |       |                                   | suffered a loss. Meets on Tuesday evenings from 7:30 a.m. to   |
| General  |                       | Free Church                  | Blvd.                     | Fullerton       | CA         | 92835 | 714-529-5544                      | 9:30 p.m. Call for more information.   |
|          |                       |                              | 340 W.                    |                 |            |       |                                   | ·  |
|          |                       | Fullerton Senior             | Commonweal                |                 |            |       |                                   | Meets every Tuesday 12-2:00 p.m. Also every Wednesday 2-   |
| General  |                       | Center                       | th Ave.                   | Fullerton       | CA         | 92832 | 714-738-6305                      | 3:30 p.m.  |
|          | Hope for the          |                              |                           |                 |            |       |                                   |  |
|          | Bereaved:             |                              |                           |                 |            |       |                                   |  |
|          | Understanding         |                              | 101 E                     |                 |            |       |                                   | Mostings are hold on Wednesday syspings starting at 7:00   |
|          | Coping and<br>Growing | St. Jude Medical             | 101 E.<br>Valencia        |                 |            |       | 714-446-7111 or 800-970-          | Meetings are held on Wednesday evenings starting at 7:00 p.m. A \$10.00 fee is requested. Call for more information or |
| General  | Through Grief         | Center                       | Mesa Drive                | Fullerton       | CA         | 92835 | 7537                              | visit www.stjudemedicalcenter.org.   |
| J0110101 | 0 0                   | 23                           | 51110                     | . 3             | <b>.</b> . | 32333 |                                   |  |
|          |                       |                              |                           |                 |            |       |                                   |  |

| General                   |   | St. Philip Benizi<br>Church                  | 205 S. Pine<br>Drive        | Fullerton     | СА | 92833 | 714-879-6180 |                               | Meetings are held on the 1st and 3rd Monday evenings from 7:00 to 9:00 p.m. No fee; donations accepted. 2 sessions annually. Call to register.  Meetings are held on the 3rd Wednesday evenings starting at 7:00 p.m. Orange County Chapter; Chapter #1415. Spanish |
|---------------------------|---|--|-----------------------------|---------------|----|-------|--------------|-------------------------------|---|
| Parents                   | Compassionate<br>Friends                      | Grace Bible<br>Chapel                        | 1119 Lambert<br>Dr.<br>7077 | Fullerton     | CA | 92833 | 714-993-6708 |                               | support via phone and brochures. Website:<br>www.thecompassionatefriendsoc.com<br>Meetings are held on the 2nd and 4th Tuesday mornings from  |
| General                   |   | Odyssey Hospice                              | Orangewood<br>St.,#207      | Garden Grove  | CA | 92841 | 800-797-2686 |                               | 11:00 a.m. to 12:00 noon, and another meeting or 2nd and 4th Wednesday evenings from 6:00 to 7:30 p.m.  An ongoing bereavement support group for parents who have   |
| Parents                   | Bereaved<br>Parents                           | Crystal Cathedral<br>Family Life<br>Building | 12141 Lewis<br>Street       | Garden Grove  | CA | 92840 | 714-971-4032 |                               | loss a child. Meets on the third Monday of each month starting at 7:00 p.m. Call for more information or visit www.bereaveparents.com.  Meetings are held on the 1st and 3rd Sunday afternoons from   |
| Suicide                   | Survivors of<br>Suicide (SOS)                 | Crystal Cathedral                            | 12141 Lewis<br>Street       | Garden Grove  | CA | 92840 | 714-971-4032 |                               | 1:30 to 3:30 p.m. 2nd floor of Tower of Hope. Website: www.survivorsofsuicide.com. An ongoing bereavement support group for widow/widowers.   |
| Widow/Widower<br>s        | The Unwelcome<br>Journey: Loss of<br>a Spouse | Crystal Cathedral                            | 12141 Lewis<br>Street       | Garden Grove  | CA | 92840 | 714-971-4032 |                               | Meets every Thursday night starting at 7:00 p.m. Call for more information or visit www.crystalcathedral.org. Meeting room is on the 10th floor of the Tower of Hope.   |
| Widow/Widower             |   | St. Colombian Catholic Church                | 12555<br>Westlake<br>Street | Garden Grove  | CA | 92840 | 714-534-1174 |                               | Meetings are held on the 2nd and 4th Friday mornings starting at 11:30 a.m. Call Inza 714-534-3161.   |
| General                   | GriefShare                                    | Gardena Valley<br>Baptist Church             | 1630 W.<br>158th St.        | Gardena       | CA | 90247 | 310-323-5683 |                               | Call for dates and times.   |
| Children and<br>Teenagers | English &<br>Spanish available                | Center for Grief &<br>Loss for Children      | 1010 N.<br>Central          | Glendale      | CA | 91202 | 866-744-7433 |                               | Call for more information. For Spanish groups-call 818-262-<br>9101 or visit their website at www.griefcenterforchildren.org.   |
| General                   | Beyond Loss A Bereavement Ministry            | Glendale<br>Adventist Medical<br>Center      | 1509 Wilson<br>Terrace      | Glendale      | CA | 91206 | 818-409-8008 | www.glendalea<br>dventist.com | An ongoing adult grief support group. A one-time registration free requested \$25.00.   |
|                           | iviiiiisti y                                  | Glendale<br>Adventist Medical                | 1509 Wilson                 | Gleriuale     | CA | 91200 | 010-409-0000 | www.glendalea                 | An ongoing adult grief support group. A one-time registration   |
| Loss of a<br>Parent       | English &                                     | Center Center for Grief &                    | Terrace<br>1010 N.          | Glendale      | CA | 91206 | 818-409-8009 | dventist.com                  | free requested \$25.00.  Call for more information. For Spanish groups-call 818-262-  |
| Parents                   | Spanish available                             | Loss for Children                            | Central                     | Glendale      | CA | 91202 | 866-744-7433 |                               | 9101 or visit their website at www.griefcenterforchildren.org.<br>Meetings are on the 4th Thursday starting at 7:30 p.m.<br>Separate meetings for miscarriages and stillbirths. For other   |
|                           | Compassionate<br>Friends - Loss of            | Verdugo Hills                                | 1812 Verdugo                |               |    |       |              |                               | locations call 877-969-0010 or visit their website at www.compassionatefriends.org. Chapter Name: Verdugo Hills Chapter; Chapter#1596. Email address: caroledyck1@aol.com   |
| Parents                   | a Child                                       | Hospital<br>Glendale<br>Adventist Medical    | Blvd.<br>1509 Wilson        | Glendale      | CA | 91208 | 818-236-3635 | www.glendalea                 | or grant42784@aol.com. An ongoing bereavement group for family members of suicide preregistration required. A one-time registration fee   |
| Suicide                   |   | Center<br>Glendale                           | Terrace                     | Glendale      | CA | 91206 | 818-409-8008 | dventist.com                  | required - \$25.00.  An ongoing adult grief support group available on Wednesday  |
| Widow/Widower<br>s        |   | Adventist Medical<br>Center<br>Granada Hills | 1509 Wilson<br>Terrace      | Glendale      | CA | 91206 | 818-409-8008 | www.glendalea<br>dventist.com | evenings from 7:00 to 8:30 p.m. A one-time registration fee request - \$25.00.  |
| Widow/Widower<br>s        |   | Community<br>Hospital<br>Southern            | 10445 Balboa<br>Blvd.       | Granada Hills | CA | 91344 | 818-834-0995 |                               | Call for more information.  A bereavement support group for parents, who have a baby  |
|                           | Hoping and<br>Sharing Support                 | California<br>Pregnancy and                  | 22325 Barton                |               |    |       |              |                               | from SIDS. Meetings are held on the 1st Monday starting at 7:00 p.m. Sponsored by Southern California Pregnancy and   |
| Parents                   | Group   | Infant Loss Center<br>Kaiser Medical         | Rd.<br>25825 So.            | Grand Terrace | CA |       | 909-877-2777 |                               | Infant Loss Center.  2nd & 4th Thursday 3:30 - 5:00 p.m. Call Linda Grant 562-622-  |
| General                   |   | Center                                       | Vermont Ave                 | Harbor City   | CA | 90710 | 562-622-4370 |                               | 4370.   |

| A 1 1          | Bereavement                             |                             | 890 West                    |                         |            | 00540                      | 054 755 0500                             | Support groups for everyone grieving death of a loved one.      |
|----------------|---|-----------------------------|-----------------------------|-------------------------|------------|----------------------------|--|---|
| Adults         | Support Groups                          | Hemet Hospice               | Stetson, #B                 | Hemet                   | CA         | 92543                      | 951-766-9629                             | Meet on Monday from 2-3:30 p.m. or 6:30-8:00 p.m.               |
| 0              | Cui-fCh-no                              | Bible Fellowship            | 26835                       |                         | C 4        | 02544                      | 054 653 0550                             | C-II for datas and kinesa                                       |
| General        | GriefShare                              | Church<br>Calvary Chapel of | Columbia St.<br>26121 Hemet | Hemet                   | CA         | 92544                      | 951-652-8558                             | Call for dates and times.                                       |
| General        | GriefShare                              | Hemet                       | St.                         | Hemet                   | CA         | 92544                      | 951-927-6117                             | Call for dates and times.                                       |
| General        | dieisnate                               | First Baptist               | 26089 Girard                | Hemet                   | CA         | J <b>L</b> J <del>TT</del> | 931-927-0117                             | Sunday afternoons from 3:30-5:30 p.m scheduled to start         |
| General        | GriefShare                              | Church                      | St.                         | Hemet                   | CA         | 92544                      | 951-658-7133                             | 9/13/09.  |
| 00             | • | <b>3</b>                    | 890 W.                      |                         | -          |                            | 552 653 ( 253                            | Meetings are held on Monday afternoons from 2-3:30 p.m.         |
| General        |   | Hemet Hospice               | Stetson                     | Hemet                   | CA         | 92543                      | 909-766-9629                             | and Monday evenings from 6:30-8:00 p.m.                         |
| Widow/Widower  |   | Simpson Senior              | 303 E.                      |                         |            |                            |  | Meetings are held on Wednesday afternoons from 1:30 p.m.        |
| S              | Loss of a Spouse                        | Center                      | Devonshire                  | Hemet                   | CA         | 92543                      | 909-765-2390                             | to 3:30 p.m.  |
|                |   |                             | 2420 Pacific                |                         |            |                            |  | Tuesday evenings from 7:-9:00 p.m scheduled to start            |
| General        | GriefShare                              | Hope Chapel                 | Beach                       | Hermosa Beach           | CA         | 90254                      | 310-374-4673                             | 9/8/09.   |
|                | Grief Recovery                          | Immanuel Baptist            | 28355                       |                         |            |                            |  | A twelve week group that meets twice each year on               |
| Adults         | Support Group                           | Road                        | Baseline Road               | Highland                | CA         | 92346                      | 909-425-1777                             | Wednesday nights at 5:45 p.m.                                   |
|                |   | Hope for Healing            | 7372 Prince                 |                         |            |                            |  | A support group for parents, spouse, and children. Call Randy   |
| Family         |   | Hearts                      | Dr., #107                   | Huntington Beach        | CA         | 92647                      | 714-843-6525                             | Hill for information.   |
|                |   | Christ                      | 20442                       |                         |            |                            |  | 0 1 10 10 10 10 10 10 10 10 10 10 10 10                         |
| 0              | O d a felicina                          | Presbyterian                | 20112                       | O Oliverson Danah       | C 4        | 02646                      | 71.000.4040                              | Sunday afternoons from 2:00-4:00 p.m scheduled to start         |
| General        | GriefShare                              | Church                      | Magnolia St.                | Huntington Beach        | CA         | 92646                      | 714-968-4940                             | 9/6/09.   |
| Conoral        | GriefShare                              | First Christian             | 1207 Main St.               | Huntington Boach        | <b>C</b> ^ | 02649                      | 714 526 2500                             | Call for dates and times.                                       |
| General        | Griersnare                              | Church<br>Grace Lutheran    | 6931 Edinger                | Huntington Beach        | CA         | 92648                      | 714-536-2589                             | Call for dates and times.                                       |
| General        | GriefShare                              | Church                      | Ave.                        | Huntington Beach        | CA         | 92647                      | 714-897-0361                             | Call for dates and times.                                       |
| General        | Glieioliai e                            | Church                      | Avc.                        | Huntington beach        | CA         | 34041                      | /14-05/-0301                             | An ongoing bereavement support for individuals who have         |
|                |   |                             | 16400                       |                         |            |                            |  | experienced the loss of a loved one. Meets every Tuesday        |
|                |   | St. Bonaventure             | Springdale                  |                         |            |                            |  | from 7:30-9:00 p.m. Free of charge. Call for more information   |
| General        |   | Church                      | Ave.                        | Huntington Beach        | CA         | 92649                      | 714-846-3359                             | or visit www.stbonaventure.org.                                 |
| Conorai        |   | St. Peter's By-the-         | 16911 Bolsa                 | Humanibeen seach        | C, t       | JEC .5                     | 714 0-10 3333                            | Thursday afternoons from 3:00-4:30 p.mscheduled to start        |
| General        | GriefShare                              | Seal Church                 | Chica St.                   | Huntington Beach        | CA         | 92649                      | 714-846-6641                             | 8/13/09.  |
|                |   | St. Peter's By-the-         | 16912 Bolsa                 |                         |            |                            |  | -, -, -, -  |
| General        |   | Seal Church                 | Chica St.                   | <b>Huntington Beach</b> | CA         | 92649                      | 714-846-6641                             | Meetings are held Thursdays 3-4:30 p.m. and 7-8 pm.             |
|                | "Mother's in                            |                             |                             |                         |            |                            |  | For families wo experienced the loss of a young child. Dads     |
|                | Sympathy and                            |                             |                             |                         |            |                            |  | welcome. Meetings are held on Thursday evenings starting at     |
| Parents        | Support"                                |                             |                             | <b>Huntington Beach</b> | CA         |                            | 714-442-3669                             | 7pm.  |
|                |   |                             |                             |                         |            |                            |  | An ongoing bereavement support group for widow/widowers.        |
|                |   |                             |                             |                         |            |                            |  | This program designed for the newly bereaved. The focus will    |
|                |   |                             | 20444                       |                         |            |                            |  | be on dealing with personal grief. Meets on the first and third |
| Widow/Widower  |   | St. Jude & St.              | Magnolia                    |                         |            |                            |  | Tuesday of each month from 7-9pm. Free of charge. Call for      |
| S              |   | Catholic Parish             | Street                      | Huntington Beach        | CA         | 92646                      | 714-962-3333                             | more information.   |
|                |   | Daniel Freeman              | 333 N. Prairie              |                         |            |                            |  | Provides several types of bereavement groups for adults and     |
| Various Groups |   | Memorial Hospital           | Ave.                        | Inglewood               | CA         | 90301                      | 310-674-7050; ext. 3725                  | children; free of charge; call for more information.            |
|                | * 41 - 11 - 1 - 10 - 11                 |                             | 220                         |                         |            |                            |  | A 2-part support group for women who have recently (within      |
| ممالط علياء ٨  | Missing Our                             | MITACHamina                 | Commerce,                   | Codes                   | C 4        | 02602                      | 74.4.72.4.2752                           | the last 9 months) experienced the death of their mothers.      |
| Adult Children | Mothers                                 | VITAS Hospice               | #100                        | Irvine                  | CA         | 92602                      | 714-734-2753                             | Call to confirm dates and times.                                |
| A dulta        | Compassionate                           | Rancho Senior               | 3 Ethel Coplen              | Indina                  | <b>C</b> ^ | 02612                      | 040 553 3000                             | Masta 1st Modaceday 7 Onm                                       |
| Adults         | Friends                                 | Center<br>AIDS Service      | Way<br>17982 Sky            | Irvine                  | CA         | 92612                      | 949-552-2800                             | Meets 1st Wednesday 7-9pm.                                      |
| AIDS Groups    |   | Foundation                  | Park Circle, #J             | Irvine                  | CA         | 92612                      | 949-253-1529                             | Call for more information or visit www.ocasf.org.               |
| AiD3 Gioups    |   | FOundation                  | Paik Cilcie, #3             | Ilvine                  | CA         | 32012                      | 949-253-1529<br>949-528-5443 or 800-899- | Call for findle information of visit www.ocasi.org.             |
| Children       | Kids Connected                          |                             |                             | Irvine                  | CA         |                            | 2866                                     | A support group for children.                                   |
| Ciliuleii      | Klus Connected                          | Jewish Family               | 1 Federation                | II VIII C               | CA         |                            | 2800                                     | A support group for children.                                   |
| General        |   | Services of O.C.            | Way #220                    | Irvine                  | CA         | 92603                      | 714-445-4950                             | Meets every Tuesday 2-3:30 pm.                                  |
| Contoral       | "Healing From                           | Jewish Family               | 1 Federation                | II VIII C               | C, t       | 32000                      | 949-435-3460 or 714-445-                 | Call for meeting dates, times & locations. For more             |
| General        | Recent Loss"                            | Services of O.C.            | Way #220                    | Irvine                  | CA         | 92603                      | 490                                      | information - see their website at www.jfsoc.org.               |
| 00             | Living with the                         | Lake View Senior            | ••••                        |                         | -          |                            | .50                                      | An ongoing bereavement support group for anyone who lost a      |
| General        | Loss of a Spouse                        | Center                      | 20 Lake Road                | Irvine                  | CA         | 92614                      | 949-253-5701                             | loved one. Meets on 2nd & 4th Wednesday 1-2:30 pm.              |
|                | •                                       |                             |                             |                         |            |                            |  | ·   |

|                       |                             | Woodbridge                                       | 5000                                |              |    |       |                                  |  |
|-----------------------|-----------------------------|--|-------------------------------------|--------------|----|-------|----------------------------------|--|
| General               | GriefShare                  | Community<br>Church<br>Guild for Infant          | Barranca<br>Parkway                 | Irvine       | CA | 92604 | 949-552-1101                     | Thursday evenings from 6:45-9pmcall for start dates. A peer support group for families who are suffering the death   |
| Parents               |                             | Survival Orange<br>Country                       | P.O. Box<br>17432                   | Irvine       | CA | 92713 | 949-474-SIDS or 800-221-<br>SIDS | of a baby due to Sudden Infant Death Syndrome (SIDS). Free of charge. Call for more information or visit www.gisoc.org.  Meetings are held on the 1st Wednesday evenings from 7- |
| Danasta               | "Compassionate              | Lakeview Senior                                  | 201 al a Basad                      | I. t.        | 64 | 02644 | 949-552-2800 or 949-448-         | 9pm. Call for more information or email schneidervickie@yahoo.com. Chapter Name: Orange  |
| Parents               | Friends"                    | Center   | 20 Lake Road<br>5001 Newport        | Irvine       | CA | 92614 | 9494                             | Coast/Irvine Chapter; Chapter #1745.   |
| Various Groups        |                             | Mariner's Church Jamul Community                 | Coast Dr.<br>14866 Lyons            | Irvine       | CA |       | 949-854-7030 ext. 899            | Call for more information or visit www.marinerschurch.org.   |
| General               | GriefShare                  | Church   | Valley Rd.<br>2200 West             | Jamul        | CA | 91935 | 619-669-7203                     | Call for dates and times.  |
| General               |                             | Green Hills Baptist<br>Church<br>Christ Lutheran | Imperial<br>Highway<br>7929 La Mesa | La Habra     | CA | 90631 | 562-943-7291                     | Meets are every Tuesday 6:30-8pm.  |
| General               | GriefShare                  | Church<br>La Mesa<br>Presbyterian                | Blvd.<br>4426<br>Harbinson          | La Mesa      | CA | 91941 | 619-462-5211                     | Call for dates and times.  |
| General               | GriefShare<br>Compassionate | Church   | Ave.                                | La Mesa      | CA | 91941 | 619-463-4491                     | Call for dates and times.  |
| Adults                | Friends                     |  | 15050                               | La Mirada    | CA |       | 714-993-6708                     | Meets 1st Tuesday 7-9pm. Call Roy Redman for address.  |
| General               |                             | Hospice of<br>Interhealth                        | Imperial<br>Highway                 | La Mirada    | CA | 90638 | 562-902-7770                     | A structured 10-week programcall for dates and times. SPANISH SPEAKING too.  |
| General               |                             | Odyssey Hospice                                  | 8071 Jannen                         | La Mirada    | CA |       | 800-797-2686                     | Meetings are held on Tuesday call for more information.  |
| General               |                             | Laguna   | Cr.                                 | La Palma     | CA | 90623 | 714-527-8276                     | 1st & 3rd Monday FREE Contact Marilyn Sweet.   |
|                       |                             | Laguna<br>Presbyterian                           | 415 Forest                          |              |    |       |                                  |  |
| General               |                             | Church   | Ave.                                | Laguna Beach | CA |       | 949-494-7555                     | Call for more information or visit www.lagunapreschurch.org. An ongoing bereavement support group for anyone who has suffered a loss. Meets on Wednesday evenings from 7-        |
| General               |                             | South Coast<br>Medical Center                    | 31872 Coast<br>Highway              | Laguna Beach | CA | 92677 | 949-499-7133                     | 8:30pm. Free of charge. Call for more information or visit www.southcoast medcenter.org. A 5-week program designed for children and their parents in                             |
| Children (4-18)       | Kids Konnected              |  | 26071 Merit<br>Circle, #103         | Laguna Beach | CA | 92653 | 949-582-5443                     | the grief process due to CA diagnosis. Call for dates and times or visit www.kidskonnected.org. An ongoing bereavement support group for individuals who                         |
|                       |                             | Hospice of                                       | 24022 Calle<br>de La Plata,         |              |    |       | 949-598-3000 or 949-598-         | lost a loved one. Meets on Monday afternoons from 2:30-<br>4pm. Co-sponsored with Saddleback Memorial Hospital. Call   |
| General               |                             | Saddleback Valley                                | #500                                | Laguna Hills | CA | 92653 | 3041                             | for more information   |
| General               |                             | Saddleback<br>Memorial Center                    | 24451 Health<br>Center Dr.<br>24512 | Laguna Hills | CA | 92653 | 949-598-3041                     | Meets every Tuesday 2:30-4pm.  |
| General               |                             | Temple Judea                                     | Moulton<br>Parkway<br>24022 CAlle   | Laguna Hills | CA | 92653 | 714-445-4950                     | Meetings are held on Thursday mornings starting at 10am.<br>Registration required.<br>A bereavement support group for men who lost a loved one.                                  |
| Manla                 |                             | Hospice of                                       | de La Plata,                        | Lagues Hills | CA | 02652 | 949-598-3000 or 949-598-         | Meets on Monday afternoons from 2:30-4pm. Co-sponsored   |
| Men's                 |                             | Saddleback Valley                                | #500                                | Laguna Hills | CA | 92653 | 3041                             | with Saddleback Memorial Hospital. Call for more information. An ongoing bereavement support for young widows (20-35 years). Group covers grief stages, healing process, and     |
| Young Widows<br>Group | People Growers              |  | 25301 Cabot<br>Road, #116           | Laguna Hills | CA | 92653 | 949-951-8369                     | difficulties with sadness, withdrawal, anger and resolution of loss. Cost \$20.00/session. Call for more information.  |
| 2.2 dp                |                             |  | ,                                   | <b>5</b>     | -  |       |                                  | , ,  |

|                 |   |   | 24512                                   |                |    |       |                                  |   |
|-----------------|---|---|---|----------------|----|-------|----------------------------------|---|
| General         |   | Temple Judea  | Moulton<br>Parkway                      | Laguna Woods   | CA | 92637 | 714-445-4950                     | Meets every Monday at 10am. Please call and ask for Ruth Raskin.  |
| General         | GriefShare  | Church of the<br>Woods                                | 1210 Calgary<br>Dr.                     | Lake Arrowhead | CA | 92352 | 909-337-5483                     | Call for dates and times.   |
| 0               | C de (Chenne  | Saddleback Valley Community                           | 1 Saddleback                            | Labo Farras    | 64 | 02520 | 949- 609-8000 or 949-            | A 10-week program for adults. Meetings are held on Monday evenings from 7-9pm. Call for more information or visit   |
| General         | GriefShare  | Church Santiago de                                    | Parkway                                 | Lake Forest    | CA | 92630 | 609-8411                         | www.saddleback.com.   |
| General         |   | Compostela<br>Catholic Church                         | 21682 lake<br>Forrest Drive             | Lake Forest    | CA | 92630 | 949-951-8599                     | Twice a month - 2nd and 4th Tuesday. Call for more information.  A bereavement support group for parents, who have lost a   |
|                 |   | Saddleback Valley<br>Community                        | 1 Saddleback                            |                |    |       | 949-609-8000 or 949-609-         | child to miscarriage, still birth or infant death. Meetings are held on Thursday evenings from 7-9pm. Call for more   |
| Parents         | "Empty Arms"  | Church<br>Lakewood                                    | Parkway                                 | Lake Forest    | CA | 92630 | 8411                             | information or visit www.saddleback.com.  |
| General         | Pathways  | Regional Medical                                      | 3700 South St                           | Lakewood       | CA | 90712 | 56-531-3031                      | Meets Tuesdays 7-8:30pm. A structured 10-week program. 3 adult groups and 1 family  |
| General         |   | Weingart Senior<br>Center                             | 5220 Olivia<br>Ave.                     | Lakewood       | CA | 90712 | 562-531-3031                     | group. Call for dates and times. Sponsored by Pathways Volunteer Hospice.   |
| General         |   | Hospice ProCare<br>Central Christian                  | 42442 10th<br>St. West, #D<br>3131 West | Lancaster      | CA | 93534 | 661-951-1146                     | Provides bereavement support groups and offers individual counseling facilitated by/with a licensed social worker.  |
| General         | GriefShare  | Church  | Ave. J<br>1011 East Ve.                 | Lancaster      | CA | 93534 | 661-945-7901                     | Call for dates and times.   |
| General         | GriefShare  | Desert Vineyard<br>Grace Chapel                       | 1<br>44648 15th                         | Lancaster      | CA | 93535 | 661-945-2777                     | Call for dates and times.   |
| General         | GriefShare  | 44648 15th St., W<br>Grace Lutheran                   | St., W<br>856 W.                        | Lancaster      | CA | 93534 | 661-848-0855                     | Call for dates and times.   |
| General         | GriefShare  | Church<br>Loma Linda                                  | Newgrove St.                            | Lancaster      | CA | 93534 | 661-808-0698                     | Tuesday evenings from 7-8:30pm Call for start dates.  |
| Adults          | Grief Recovery<br>Groups                                    | University Medical Center                             | 11234<br>Anderson St.                   | Loma Linda     | CA | 92354 | 909-558-4367                     | Sessions begin the 1st Monday of January April, July, and October 7-8:30pm.   |
| Children        | Children's Grief<br>Support Group<br>H.O.P.E.S              | Loma Linda University Medical Center Child Life Dept. | 11234<br>Anderson St.                   | Loma Linda     | CA | 92354 | 909-558-8212                     | Ongoing support groups for children age 6+ who have had a parent die. Meets the 1st Wednesday of each month from 6:30-7:30pm in the Children's Hospital, room 1830. |
|                 | Healing of Parents  | Loma Linda  |   |                |    |       |                                  |   |
| Children 6+     | Experiencing<br>Sorrow<br>H.O.P.E.S                         | University Medical<br>Center                          | 11234<br>Anderson                       | Loma Linda     | CA | 92354 | 909-558-8212                     | Meetings are held on the first Thursday from 6-7pm. Concurrent groups also available for adults at the same time.   |
| Children/Teens  | Healing of Parents Experiencing Sorrow H.O.P.E.S            | Loma Linda<br>University Medical<br>Center            | 11234<br>Anderson                       | Loma Linda     | CA | 92354 | 909-558-7261 or 909-558-<br>4367 | Available for Spanish-speaking FEE: \$45.00. Call for dates and times.  |
| Parents         | Healing of Parents Experiencing Sorrow H.O.P.E.S Healing of | Loma Linda<br>University Medical<br>Center            | 11234<br>Anderson                       | Loma Linda     | СА | 92354 | 909-558-7261 or 909-558-<br>4367 | Meetings are held on the first Monday with two different times: 1:30 and 7pm. Available for Spanish-speaking. Fee: \$45.00.   |
| Parents/Sibling | Parents Experiencing Sorrow                                 | Loma Linda<br>University Medical<br>Center            | 11406 Loma<br>Linda Dr.                 | Loma Linda     | CA | 92354 | 909-656-4064                     | Meetings are held on the third Monday from 7-8:30pm.  |

|                 |                 |                                   | (Corner of                 |               |            |       |  |  |
|-----------------|-----------------|-----------------------------------|----------------------------|---------------|------------|-------|--|--|
| Children        |                 | Parkcrest                         | Carson &                   | Long Doc-h    | CA         |       | F62 421 0274                             | A 13-week program offered in the fall and spring. \$20.00 fee  |
| Children        |                 | Christian Church<br>Unitarian     | Woodruff)                  | Long Beach    | CA         |       | 562-421-9374                             | includes cost of workbook. Call for information.   |
|                 |                 | Universalist                      | 5250                       |               |            |       |  |  |
| Children        | Just For Kids   | Church                            | Atherton                   | Long Beach    | CA         | 90815 | 562-597-8445                             | Support groups held on as needed basis. Call for information.  |
|                 |                 |                                   |                            | -             |            |       |  | A seven-week bereavement support group for children (4-18  |
|                 |                 |                                   |                            |               |            |       |  | years old) who have experienced a loss of a love one.  |
| Children/Parent | CHANGES         | Pathways                          | 3300 South                 | Lance Barri   | 64         | 0000= | 562 524 2024                             | Additional group held for parents. Meetings are from 6:30-   |
| S               | CHANGES         | Volunteer Hospice                 | Street, #209               | Long Beach    | CA         | 90805 | 562-531-3031                             | 8pm. Call for more information.  |
|                 |                 | Jewish<br>Community               | 3801 E.                    |               |            |       | 562-427-7916, ext. 229                   |  |
| General         |                 | Center                            | Willow                     | Long Beach    | CA         | 90815 | Karen Rubin                              | Call for information.  |
|                 |                 | Light and Life                    |                            | <b>5</b>      |            |       |  |  |
|                 |                 | Christian                         | 5951 Downey                |               |            |       |  |  |
| General         | GriefShare      | Fellowship                        | Ave.                       | Long Beach    | CA         | 90805 | 562-630-6074                             | Call for dates and times.  |
|                 |                 | Long Beach                        | EEEO                       |               |            |       |  |  |
| General         | GriefShare      | Christian<br>Reformed             | 5559<br>Wardlow Rd.        | Long Beach    | CA         | 90808 | 562-421-1721                             | Monday evenings from 6:30-8:30pmcall for start dates.  |
| General         | GHEISHALE       | neitiffied                        | vvaiuiUW Nu.               | roug pedul    | CA         | 30000 | JU2- <del>-1</del> 21-1/21               | An ongoing bereavement support group for those who have  |
|                 |                 | Long Beach                        |                            |               |            |       |  | experienced the loss of a loved one. Meets on Thursday   |
|                 |                 | Memorial Medical                  | 2801 Atlantic              |               |            |       |  | evenings from 5-7pm. Free of charge. Call for more   |
| General         |                 | Center                            | Ave.                       | Long Beach    | CA         | 90801 | 562-933-0300                             | information.   |
| 0               |                 | Los Altos                         | 5950 E.                    | Lance Barri   | 64         | 00015 | 562 700 2424                             | Meetings are held Tuesday 1-3pm at the Los Alamitos  |
| General         |                 | Methodist Church                  | Willow<br>(Corpor of       | Long Beach    | CA         | 90815 | 562-799-3131                             | Community Center, 10911 Oak St., Los Alamitos.   |
|                 |                 | Parkcrest                         | (Corner of<br>Carson &     |               |            |       | 562-421-9374 or 562-429-                 |  |
| General         |                 | Christian Church                  | Woodruff)                  | Long Beach    | CA         |       | 7139                                     | Call for dates and times.  |
| <del></del>     |                 |                                   | /                          | G             |            |       |  | An ongoing bereavement support group providing   |
|                 |                 |                                   |                            |               |            |       |  | opportunities for bereaved adults to meet others and interact  |
|                 |                 |                                   |                            |               |            |       |  | regarding some of the significant issues of bereavement.   |
|                 |                 | Dath                              | 2200 C - 1                 |               |            |       |  | Groups are for grief education and support, providing some   |
| General         | lourneys        | Pathways                          | 3300 South<br>Street, #209 | Long Reach    | CA         | 90805 | 562-531-3031                             | "content" as well as time for sharing in discussion. Free of charge. Call for more information.                      |
| General         | Journeys        | Volunteer Hospice<br>St. Joseph's | Street, #209<br>6220 E.    | Long Beach    | CA         | 50005 | 562-531-3031<br>562-594-4657 or 562-429- | charge. Call for more information.  A 6-week structured program. Call Nancy Miller, coordinator                      |
| General         |                 | Church                            | Willow Street              | Long Beach    | CA         | 90815 | 2546                                     | 562-429-2444 for dates and times.  |
|                 |                 |                                   |                            | -             |            | -     |  | An ongoing bereavement support group for anyone who lost a   |
|                 |                 |                                   | 1050 Linden                |               |            |       |  | loved one. Meets on Wednesday afternoons from 3-4:30pm.  |
| General         |                 | Trinity Hospice                   | Ave.                       | Long Beach    | CA         | 90813 | 562-491-9843                             | Call for more information.   |
|                 |                 | Long Roach                        |                            |               |            |       |  | An ongoing support group for parents who have experienced a  |
|                 |                 | Long Beach<br>Memorial Medical    | 2801 Atlantic              |               |            |       |  | prenatal loss. Meetings are held on the 2nd and 4th Monday evenings from 7-8:30pm. In Radiation Oncology Conf. Room. |
| Parents         |                 | Center                            | Ave.                       | Long Beach    | CA         | 90801 | 562-933-1454 or 1452                     | Free of charge. Pay parking.   |
| ·-              |                 | Long Beach                        |                            | <b>5</b>      |            |       | -  | · /· · ·   |
|                 | Growing through | Memorial Medical                  | 2801 Atlantic              |               |            |       |  | Meetings are held once a month on Thursday. Parents who  |
| Parents         | Grief           | Center                            | Ave.                       | Long Beach    | CA         | 90801 | 562-933-1454                             | have lost a child call Pathways 562-531-3031.  |
| Conorol         | CriofCha        | Cottonwood                        | 3311                       | Los Alorsitas | <b>C</b> A | 00730 | F62 402 4442                             | Tuesday ofternoons from 1 2ns II for dates and the second  |
| General         | GriefShare      | Christian Center<br>Trinity Care  | Sausalito St.              | Los Alamitos  | CA         | 90720 | 562-493-4442                             | Tuesday afternoons from 1-3pm call for dates and times.  |
|                 |                 | Hospice/Cancer                    |                            |               |            |       |  |  |
|                 | Holiday Support | Support                           |                            |               |            |       |  | An 8-week holiday workshop held 3xyear. Call for dates and   |
| General         | Workshop        | Foundation                        |                            | Los Alamitos  | CA         |       | 562-799-3131                             | times.   |
|                 |                 | Los Alamitos                      |                            |               |            |       |  |  |
| Daniela         |                 | Community                         | 10911 Oak                  | Lan Alancii   |            | 00722 | 562 424 7400                             | Call for information. See Los Altos Methodist Church under   |
| Parents         |                 | Center                            | Street                     | Los Alamitos  | CA         | 90720 | 562-431-7489                             | Long Beach listing.  |
| Widow/Widower   |                 | Los Alamitos<br>Community         | 10911 Oak                  |               |            |       |  | An 8-week bereavement support group for the widowed.  Meetings are held on Tuesday afternoons from 1-3pm.            |
| s               |                 | Center                            | Street                     | Los Alamitos  | CA         | 90720 | 562-594-9977                             | Reservations requested. Sponsored by The Cancer Support  |
| -               |                 |                                   |                            |               | -          |       |  |  |
|                 |                 |                                   |                            |               |            |       |  |  |
|                 |                 |                                   |                            |               |            |       |  |  |

| Widow/Widower<br>s                                 | English &                          | Los Alamitos<br>Medical Center                        | 10861 Cherry<br>Ste 202                 | Los Alamitos | CA | 90720 | 562-594-9977                     |                          | Foundation. Call for meeting dates or visit www.thecancersupport.org.  A structured eight-week bereavement support group for the newly widowed. Free of charge. Call for more information.  A ten-week bereavement support groups available for adults.   |
|--|------------------------------------|---|---|--------------|----|-------|----------------------------------|--------------------------|---|
| Adults   | Spanish groups available           | Gary Garcia<br>Foundation<br>Kaiser                   | 302 N. Laveta<br>Terrace                | Los Angeles  | CA | 90026 | 213-482-8500                     |                          | Call for starting dates. Available in English and Spanish languages. Groups for 6-to-19-year-olds for bereavement. Open-ended,  |
| Children and<br>Teenagers                          | Kids Can Cope                      | Permanente (various facilities)                       | 02414/7011                              | Los Angeles  | CA |       | 323-564-7911                     |                          | ongoing, no charge. Non-members, welcome. Contact Marlene Wilson for more information.  |
| Children/Teens                                     | English & Spanish available        | Center for Grief &<br>Loss for Children               | 924 W. 70th<br>Street                   | Los Angeles  | CA | 90044 | 866-744-7433                     |                          | Call for more information, For Spanish groups-call818-262-<br>9101 or visit their website at www.griefcenterforchildren.org.<br>A 10-week bereavement support group available for children  |
| Children/Teens                                     | English & Spanish available        | Gary Garcia<br>Foundation                             | 302 N. Laveta<br>Terrace<br>11759       | Los Angeles  | CA | 90026 | 213-482-8500                     |                          | and teens. Call for starting dates. Available in English and<br>Spanish languages.<br>Provides an on-going bereavement support group for adults,  |
| General  |                                    | OPICA   | Missouri Ave.<br>Hollywood              | Los Angeles  | CA | 90025 | 310-478-0226                     | www.opica.org            | who have lost a loved one. Call for more details.   |
| General  |                                    | Forest Lawn<br>Memorial Pars &<br>Mortuaries          | Hills FD 904<br>6300 Forest<br>Lawn Dr. | Los Angeles  | CA | 90068 | 800-204-3131                     | www.forestlaw<br>n.com   | Provides free bereavement seminars that cover all aspects of grief and the tools utilized to manage your grief.   |
|  | The Coping With<br>Loss Support    | Beth Chayim   | 6000 W. Pico                            | -            |    |       |                                  |                          | Provides bereavement support groups (of all sexual  |
| General  | Group                              | Chadashim First Presbyterian Church of                | Blvd.<br>1760 N.                        | Los Angeles  | CA | 90035 | 323-931-7023                     | www.bcc-la.org           | orientation), who are coping with the loss of a loved one.  |
| General  | GriefShare                         | Hollywood   | Gower St.<br>1964                       | Los Angeles  | CA | 90028 | 323-463-7161                     |                          | Call for dates and times.   |
| General  |                                    | Our House   | Westwood<br>Blvd. Ste 250<br>3045       | Los Angeles  | CA | 90024 | 310-475-0299                     |                          | Contact Susan Galeas for more information. Support groups are separated by age and relationship to the lost loved one.  |
|  | Grief and Loss                     | West Angels   | Crenshaw                                |              |    |       |                                  |                          |   |
| General<br>General -                               | Support Group                      | Church  | Blvd.                                   | Los Angeles  | CA | 90016 | 323-730-2279                     |                          | Meets every 2nd and 4th Thursday at 6:30pm.   |
| Available in<br>English,<br>Spanish,<br>Hebrew and |                                    | Jewish Family<br>Services<br>Administrative<br>Office | 6505<br>Whilshire                       | Los Aprolos  | CA | 90048 | 323-761-8800                     | unny ifela ora           | Provides supports and individual counseling; fees based on sliding scale. Several locations available—Los Angeles, West Hollywood, Conejo Valley, San Fernando Valley, Santa Monica and South Bay. Call for more information on group locations, dates and times.   |
| Russian  |                                    | Jewish Family   | Blvd., #500                             | Los Angeles  | CA | 90048 | 323-701-8800                     | www.ifsla.org            | Provides individual bereavement counseling for children, adolescents, adults, couples and families. Services are  |
| General -<br>Jewish                                | Orthodox<br>Counseling<br>Programs | Services<br>Administrative<br>Office                  | 6505<br>Whilshire<br>Blvd., #500        | Los Angeles  | CA | 90048 | 323-761-8800                     | www.ifsla.org            | provided by a licensed mental health professionals and interns, who are Orthodox. All work is in strict accordance with Halachah.   |
| Loss due to  |                                    | AIDS Project Los                                      |   | Landa and a  | 64 |       | 242 204 4500                     | - de - co                | Offers support groups and/or individual counseling for family members that have lost a loved one due to AIDS. Call for  |
| AIDS   | English &                          | Angeles<br>Center for Grief &                         | 942 W. 70th                             | Los Angeles  | CA |       | 213-201-1500                     | <u>www.apla.org</u>      | meeting times. Call for more information. For Spanish groups-call 818-262-  |
| Parents  | Spanish available                  | Loss for Children                                     | Street                                  | Los Angeles  | CA | 90044 | 866-744-7433                     |                          | 9101 or visit their website at www.griefcenterforchildren.org. An international organization that provides free support services to catastrophically ill Jewish children and their families. Bereavement services include support and counseling via telephone conferences with other bereaved parents and a trained social worker or psychologist, weekend retreats of |
| Parents<br>(Jewish)                                |                                    | Chai Lifeline   | 9233 W. Pico<br>Blvd., #200             | Los Angeles  | CA | 90035 | 310-274-6331 or 877-374-<br>6331 | www.chailifelin<br>e.org | support and therapy, books and visual material available. Services also available for educators and community rabbis.   |
| Seniors  |                                    | Jewish Family<br>Services                             | Pico-<br>Robertson                      | Los Angeles  | CA | 90034 | 310-271-3306                     |                          | Meetings are held on Wednesday afternoons from 1:30-3pm.  |
|  |                                    |   |   |              |    |       |                                  |                          |   |

| Various Groups |                            | Our House  | 1663 Sawtelle<br>Blvd., #300 | Los Angeles     | CA | 90025 | 310-475-0299            | www.ourhouse<br>-grief.org | hope. All groups are fee-based with a sliding scale. Groups are co-led by highly trained volunteers. The adult program offers groups for young widow/widowers, mid-life loss, later-life loss, adults grieving the loss of a parent. The children's program offers support groups for death of a parent or sibling, utilizing various methods of grief expressions, including art, music, play, and poetry. School-based groups are also available. H.O.P.E Unit Foundation, Inc. provides community support groups offered in the San Fernando Valley at Valley Beth |
|----------------|----------------------------|--|------------------------------|-----------------|----|-------|-------------------------|----------------------------|---|
|                |                            |  |                              |                 |    |       |                         |                            | Shalom and in Los Angeles at Wilshire Boulevard Temple.   |
| Widow/Widower  |                            | Wilshire   |                              |                 |    |       |                         | www.hopeunit.              | Widow/Widowers support groups provides education of the different stages of grief. All groups are led by licensed   |
| s              |                            | Boulevard Temple<br>Jewish Family<br>Services Pico |                              | Los Angeles     | CA |       | 818-788-4673            | org                        | therapists; small fee required for each session.  |
| Widow/Widower  |                            | Robertson  | 8838 W. Pico                 |                 |    |       |                         |                            | A bereavement support group for widow/widowers, who have  |
| S              |                            | Storefront<br>Journey of Faith                     | Blvd., #101<br>1243 Artesia  | Los Angeles     | CA | 90035 | 310-271-3306            |                            | lost their loved one in the last 2 years. Medicare accepted.  |
| General        | GriefShare                 | Christian<br>Revival Christian                     | Blvd.<br>29220 Scott         | Manhattan Beach | CA | 90266 | 310-372-4641            |                            | Call for dates and times.   |
| General        | GriefShare                 | Fellowship   | Rd.                          | Menifee         | CA | 92584 | 951-672-3157            |                            | Call for dates and times.  Provides a 10-week grief recovery support group for adults,  |
|                |                            | Providence/Holy                                    |                              |                 |    |       |                         |                            | who have experienced the death of loved one. Group is   |
|                |                            | Cross Medical                                      | 15031 Rinaldi                |                 |    |       |                         |                            | facilitated by a licensed clinical social worker and chaplain.  |
| Adult          |                            | Center   | St.                          | Mission Hills   | CA | 91346 | 818-496-4355            |                            | Free-of-charge.  A bereavement support group for anyone who has lost a loved  |
|                |                            | Kaiser   | 23781                        |                 |    |       |                         |                            | one. Meets on the 2nd and 4th Thursday afternoon from 3-  |
| General        |                            | Permanente<br>Mission Hispital                     | Maquina Ave.                 | Mission Viejo   | CA | 92690 | 562-622-4317            |                            | 4:30pm. Call for more information.  |
|                |                            | Conference   | 26726 Crown                  |                 |    |       |                         |                            |   |
| General        | Kids Konnected             | Center   | Valley Pkwy.                 | Mission Viejo   | CA | 92691 | 949-582-5443            |                            | Meets the second Monday of each month from 6:30-8pm.  |
|                |                            |  | 27700                        |                 |    |       |                         |                            | A 10-week program bereavement program for adults.  Meetings are held on Tuesday evenings from 7-8:30pm. Pre-  |
|                | "Living Life               | Mission Regional                                   | Medical                      |                 |    |       |                         |                            | registration required. Call for dates and times or visit  |
| General        | Again"                     | Hospital   | Center Road                  | Mission Viejo   | CA | 92691 | 949-364-1400, ext. 5399 |                            | www.mission4health.com  |
| General        | GriefShare                 | Mount of Olives<br>Lutheran Church                 | 24772<br>Chrisanta Dr.       | Mission Viejo   | CA | 92691 | 949-837-7467            |                            | Call for dates and times.   |
|                |                            | St Killian Catholic                                | 26873                        |                 |    |       |                         |                            | Group has a religion component; all denominations welcome.  |
| General        |                            | Church   | Estanciero                   | Mission Viejo   | CA | 92691 | 949-582-1022            |                            | Please contact Jeanette O' Connor.  Meetings are held on the 2nd Friday afternoon from 3-5pm.   |
|                |                            |  | 309 W.                       |                 |    |       |                         |                            | Bereavement support group open to anyone in grief and   |
| General        |                            | Beverly Hospital                                   | Beverly Blvd.                | Montebello      | CA | 90640 | 323-726-1222, ext. 4166 |                            | facilitated by a social worker, and free of charge.   |
|                | Spanish                    | Case Cardenas<br>Senior & Family                   | 111 W.                       |                 |    |       |                         |                            | Mostings are hold on the 2nd and 4th Wednesday afternoon  |
| General        | Spanish-<br>Speaking Group | Counseling Center                                  | beverly Blvd.,<br>#209       | Montebello      | CA | 90640 | 3230721-7578            |                            | Meetings are held on the 2nd and 4th Wednesday afternoon from 1:30-3pm. A \$5.00 donation is required.  |
|                |                            | _  | 41785 Elm St.,               |                 |    |       |                         |                            |   |
| General        | Kids Konnected             | Michelle's Place<br>The Rock Church                | Suite 305                    | Murrieta        | CA | 92562 | 949-582-5443            |                            | Meets the 2nd Tuesday of each month from 6:30-7:30pm.   |
|                |                            | of Temecula  | 38700 Sky                    |                 |    |       |                         |                            |   |
| General        | GriefShare                 | Valley   | Canyon Drive                 | Murrieta        | CA | 92563 | 951-304-1076            |                            | Monday evenings from 7-9:30pm- call for start dates.  |
|                |                            | Santa Clarita<br>Valley Senior                     | 22900 Market                 |                 |    |       |                         | www.scvsenior              | Emotional Support Tuesdays 11-12am. Live, Love, and Laugh   |
| General        |                            | Center   | St                           | Newhall         | CA | 91321 | 661-255-1588            | center.org                 | Fridays 1-2pm. Caregivers Support Friday 9:30-10:30am.  |
|                |                            |  |                              |                 |    |       |                         |                            |   |

Provides grief support services, education, resources, and hope. All groups are fee-based with a sliding scale. Groups are

|   |  |  |  |   |                |                         |   | Families dealing with the psychological effects of the parent's cancer meet the 1st and 3rd Monday of each month. Meeting  |
|---|--|--|--|---|----------------|-------------------------|---|--|
|   |  | Hoag Cancer  |  |   |                |                         |   | held from 7-8pm. Call for more information or visit  |
| General   | Kids Konnected   | Center<br>Hoag Memorial  | One Hoag Dr.   | Newport Beach   | CA             | 92658                   | 949-582-5443  | www.hoaghospital.org. An ongoing bereavement support group for individuals who   |
|   | Adult Group for  | Hospital<br>Prosbutorian   |  |   |                |                         |   | have lost a loved one from a CA diagnosis. Meetings are held on Thursday evenings from 5:30-7pm. Call for more   |
| General   | CA related deaths  | Presbyterian<br>Chaplain   | One Hoag Dr.   | Newport Beach   | CA             | 95658                   | 949-764-5542  | information or visit www.hoaghospital.org.   |
| General   | ueatiis  | Спаріані   | Offer Hoag Dr.   | Newport Beach   | CA             | 33036                   | 343-704-3342  | An ongoing bereavement support group for anyone who has  |
|   |  | Hoag Memorial  |  |   |                |                         |   | lost a loved one. Meets on Wednesday evenings from 6-  |
|   |  | Hospital   |  |   |                |                         |   | 7:30pm. In Hoag Conference Center Conference Room #3 Free  |
|   |  | Presbyterian   |  |   |                |                         |   | of charge. Call for more information or visit  |
| General   | Facing Forward   | Chaplain   | One Hoag Dr.   | Newport Beach   | CA             | 95658                   | 949-764-8358  | www.hoaghospital.org.  |
|   |  |  |  |   |                |                         |   | An ongoing bereavement support group for individuals who   |
|   |  | Hoag Memorial  |  |   |                |                         |   | have lost a loved one. Prefer attendees from the 10-week   |
|   |  | Hospital   |  |   |                |                         |   | sessionLife Goes On. Meets on Saturday mornings from 9:30-   |
| 0   | Growth Through   | Presbyterian   | 0  | No. and Boards  | 64             | 05650                   | 040 764 0250  | 11:30am. In Hoag Conference Center I/S Conference Room.  |
| General   | Grief  | Chaplain   | One Hoag Dr.   | Newport Beach   | CA             | 95658                   | 949-764-8358  | Call for more information or visit www.hoaghospital.org.   |
|   |  | Hoag Memorial<br>Hospital  |  |   |                |                         |   | A ten-week session support and recovery group for adults who have lost a loved one. Meets on Saturday mornings from 9:30-  |
|   |  | Presbyterian   |  |   |                |                         |   | 11:30am. In Hoag Conference Center Conference Room #3.   |
| General   | Life Goes On   | Chaplain   | One Hoag Dr.   | Newport Beach   | CA             | 95658                   | 949-764-8358  | Call for more information or visit www.hoaghospital.org.   |
| <b>G</b> 0.1014.  |  |  |  |   |                |                         |   | A six-week grief support group. Group will be dealing with   |
|   |  |  |  |   |                |                         |   | different losses such as a loved one, loss of a job, a   |
|   |  |  |  |   |                |                         |   | relationship or a childhood experience. Group will look for  |
|   | "Growing in  | St. Andrews  | 600 St.  |   |                |                         |   | insight from the scriptures for comfort, prayer, sharing and   |
|   | Christ Through   | Presbyterian   | Andrews  |   |                |                         |   | caring with one another. Call for more information or visit  |
| General   | Grief"   | Church   | Road   | Newport Beach   | CA             | 92663                   | 949-574-2236  | www.info@standrewspres.org.  |
|   |  | St. Bonaventure  |  |   |                |                         | 744.045.0050  | 0.116 1.16 1.1   |
| General   |  | Church<br>St. Mark   |  | Newport Beach   | CA             |                         | 714-846-3359  | Call for information.  |
|   |  |  |  |   |                |                         |   |  |
|   |  |  |  |   |                |                         | 040 644 1241 or 040 721   |  |
| General   |  | Presbyterian   |  | Newnort Reach   | CA             |                         | 949-644-1341 or 949-721-  | Meetings are held on Monday morning. Call for information  |
| General   |  |  |  | Newport Beach   | CA             |                         | 8079 X23  | Meetings are held on Monday morning. Call for information.   |
| Widow/Widower   | "Beginning   | Presbyterian<br>Church   | 2046 Mar   | Newport Beach   | CA             |                         |   |  |
| Widow/Widower<br>s (Spanish-  | "Beginning<br>Again"   | Presbyterian   | 2046 Mar<br>Vista Circle   | Newport Beach   | CA<br>CA       | 92660                   | 8079 X23<br>949-644-0200 funerals,  | Meetings are held on Monday morning. Call for information.  A Spanish-speaking group for widow/widower which meets on Thursday evenings @7pm. Call for information.  |
| Widow/Widower   |  | Presbyterian<br>Church<br>Our Lady Queen   |  |   |                | 92660                   | 8079 X23<br>949-644-0200 funerals,<br>etc. 949-219-1408 Grief   | A Spanish-speaking group for widow/widower which meets on  |
| Widow/Widower<br>s (Spanish-  |  | Presbyterian<br>Church<br>Our Lady Queen   | Vista Circle   |   |                | 92660                   | 8079 X23<br>949-644-0200 funerals,<br>etc. 949-219-1408 Grief   | A Spanish-speaking group for widow/widower which meets on  |
| Widow/Widower<br>s (Spanish-  |  | Presbyterian<br>Church<br>Our Lady Queen<br>of Angels Church   | Vista Circle<br>16909  |   |                | 92660<br>91343          | 8079 X23<br>949-644-0200 funerals,<br>etc. 949-219-1408 Grief   | A Spanish-speaking group for widow/widower which meets on Thursday evenings @7pm. Call for information.  Meets Thursdays 10:30-11:45am. Contact Lucy Meckler preregistration is required.  |
| Widow/Widower<br>s (Spanish-<br>speaking)   |  | Presbyterian<br>Church<br>Our Lady Queen<br>of Angels Church<br>Los Angeles<br>County Group  | Vista Circle<br>16909<br>Parthenia<br>Street, #203   | Newport Beach   | CA             |                         | 8079 X23<br>949-644-0200 funerals,<br>etc. 949-219-1408 Grief<br>Counseling   | A Spanish-speaking group for widow/widower which meets on Thursday evenings @7pm. Call for information.  Meets Thursdays 10:30-11:45am. Contact Lucy Meckler preregistration is required.  A bereavement support group for semi (60+), who has lost a  |
| Widow/Widower<br>s (Spanish-<br>speaking)  General  Widow/Widower   |  | Presbyterian Church  Our Lady Queen of Angels Church  Los Angeles County Group  Jewish Family  | Vista Circle<br>16909<br>Parthenia<br>Street, #203   | Newport Beach  North Hills  | CA<br>CA       | 91343                   | 8079 X23<br>949-644-0200 funerals,<br>etc. 949-219-1408 Grief<br>Counseling<br>818-830-5003   | A Spanish-speaking group for widow/widower which meets on Thursday evenings @7pm. Call for information.  Meets Thursdays 10:30-11:45am. Contact Lucy Meckler preregistration is required.  A bereavement support group for semi (60+), who has lost a spouse. Pre-registration and meeting required before   |
| Widow/Widower<br>s (Spanish-<br>speaking)<br>General  |  | Presbyterian Church  Our Lady Queen of Angels Church  Los Angeles County Group  Jewish Family Services-Valley  | Vista Circle<br>16909<br>Parthenia<br>Street, #203   | Newport Beach   | CA             |                         | 8079 X23<br>949-644-0200 funerals,<br>etc. 949-219-1408 Grief<br>Counseling   | A Spanish-speaking group for widow/widower which meets on Thursday evenings @7pm. Call for information.  Meets Thursdays 10:30-11:45am. Contact Lucy Meckler preregistration is required.  A bereavement support group for semi (60+), who has lost a  |
| Widow/Widower<br>s (Spanish-<br>speaking)  General  Widow/Widower   | Again"   | Presbyterian Church  Our Lady Queen of Angels Church  Los Angeles County Group  Jewish Family Services-Valley Northridge   | Vista Circle<br>16909<br>Parthenia<br>Street, #203   | Newport Beach  North Hills  | CA<br>CA       | 91343                   | 8079 X23<br>949-644-0200 funerals,<br>etc. 949-219-1408 Grief<br>Counseling<br>818-830-5003   | A Spanish-speaking group for widow/widower which meets on Thursday evenings @7pm. Call for information.  Meets Thursdays 10:30-11:45am. Contact Lucy Meckler preregistration is required.  A bereavement support group for semi (60+), who has lost a spouse. Pre-registration and meeting required before attending group.  |
| Widow/Widower<br>s (Spanish-<br>speaking)  General  Widow/Widower<br>s - 60+ years                        | Again"  The Healing  | Presbyterian Church  Our Lady Queen of Angels Church  Los Angeles County Group  Jewish Family Services-Valley Northridge Hospital Medical  | Vista Circle<br>16909<br>Parthenia<br>Street, #203   | Newport Beach  North Hills  North Hollywood                         | CA<br>CA       | 91343                   | 8079 X23<br>949-644-0200 funerals,<br>etc. 949-219-1408 Grief<br>Counseling<br>818-830-5003<br>818-984-1380   | A Spanish-speaking group for widow/widower which meets on Thursday evenings @7pm. Call for information.  Meets Thursdays 10:30-11:45am. Contact Lucy Meckler preregistration is required.  A bereavement support group for semi (60+), who has lost a spouse. Pre-registration and meeting required before attending group.  An 8-week program dealing with grief and loss. Call for dates   |
| Widow/Widower<br>s (Spanish-<br>speaking)  General  Widow/Widower   | Again"  The Healing Journey  | Presbyterian Church  Our Lady Queen of Angels Church  Los Angeles County Group  Jewish Family Services-Valley Northridge Hospital Medical Center   | Vista Circle<br>16909<br>Parthenia<br>Street, #203   | Newport Beach  North Hills  | CA<br>CA       | 91343                   | 8079 X23<br>949-644-0200 funerals,<br>etc. 949-219-1408 Grief<br>Counseling<br>818-830-5003   | A Spanish-speaking group for widow/widower which meets on Thursday evenings @7pm. Call for information.  Meets Thursdays 10:30-11:45am. Contact Lucy Meckler preregistration is required.  A bereavement support group for semi (60+), who has lost a spouse. Pre-registration and meeting required before attending group.  An 8-week program dealing with grief and loss. Call for dates and times.  |
| Widow/Widower<br>s (Spanish-<br>speaking)  General  Widow/Widower<br>s - 60+ years                        | Again"  The Healing Journey On-going   | Presbyterian Church  Our Lady Queen of Angels Church  Los Angeles County Group  Jewish Family Services-Valley Northridge Hospital Medical Center Northridge  | Vista Circle<br>16909<br>Parthenia<br>Street, #203   | Newport Beach  North Hills  North Hollywood                         | CA<br>CA       | 91343                   | 8079 X23<br>949-644-0200 funerals,<br>etc. 949-219-1408 Grief<br>Counseling<br>818-830-5003<br>818-984-1380   | A Spanish-speaking group for widow/widower which meets on Thursday evenings @7pm. Call for information.  Meets Thursdays 10:30-11:45am. Contact Lucy Meckler preregistration is required.  A bereavement support group for semi (60+), who has lost a spouse. Pre-registration and meeting required before attending group.  An 8-week program dealing with grief and loss. Call for dates and times.  An ongoing bereavement support group for adults, who have   |
| Widow/Widower<br>s (Spanish-<br>speaking)  General  Widow/Widower<br>s - 60+ years  Adult                 | Again"  The Healing Journey On-going Bereavemnt  | Presbyterian Church  Our Lady Queen of Angels Church  Los Angeles County Group  Jewish Family Services-Valley Northridge Hospital Medical Center   | Vista Circle<br>16909<br>Parthenia<br>Street, #203   | Newport Beach  North Hills  North Hollywood  Northridge             | CA CA CA       | 91343                   | 8079 X23<br>949-644-0200 funerals,<br>etc. 949-219-1408 Grief<br>Counseling<br>818-830-5003<br>818-984-1380<br>818-885-8500, ext. 4591              | A Spanish-speaking group for widow/widower which meets on Thursday evenings @7pm. Call for information.  Meets Thursdays 10:30-11:45am. Contact Lucy Meckler preregistration is required.  A bereavement support group for semi (60+), who has lost a spouse. Pre-registration and meeting required before attending group.  An 8-week program dealing with grief and loss. Call for dates and times.  An ongoing bereavement support group for adults, who have lost a loved one. Meetings are held on the second and fourth  |
| Widow/Widower<br>s (Spanish-<br>speaking)  General  Widow/Widower<br>s - 60+ years                        | Again"  The Healing Journey On-going   | Presbyterian Church  Our Lady Queen of Angels Church  Los Angeles County Group  Jewish Family Services-Valley Northridge Hospital Medical Center Northridge Hospital Medical   | Vista Circle<br>16909<br>Parthenia<br>Street, #203   | Newport Beach  North Hills  North Hollywood                         | CA<br>CA       | 91343                   | 8079 X23<br>949-644-0200 funerals,<br>etc. 949-219-1408 Grief<br>Counseling<br>818-830-5003<br>818-984-1380   | A Spanish-speaking group for widow/widower which meets on Thursday evenings @7pm. Call for information.  Meets Thursdays 10:30-11:45am. Contact Lucy Meckler preregistration is required.  A bereavement support group for semi (60+), who has lost a spouse. Pre-registration and meeting required before attending group.  An 8-week program dealing with grief and loss. Call for dates and times.  An ongoing bereavement support group for adults, who have   |
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| Widow/Widower<br>s (Spanish-<br>speaking)  General  Widow/Widower<br>s - 60+ years  Adult                 | Again"  The Healing Journey On-going Bereavemnt  | Presbyterian Church  Our Lady Queen of Angels Church  Los Angeles County Group  Jewish Family Services-Valley Northridge Hospital Medical Center Northridge Hospital Medical Center Congregation al Church of Northridge   | Vista Circle<br>16909<br>Parthenia<br>Street, #203<br>12821 Victory<br>Blvd.                         | Newport Beach  North Hills  North Hollywood  Northridge             | CA CA CA       | 91343                   | 8079 X23<br>949-644-0200 funerals,<br>etc. 949-219-1408 Grief<br>Counseling<br>818-830-5003<br>818-984-1380<br>818-885-8500, ext. 4591              | A Spanish-speaking group for widow/widower which meets on Thursday evenings @7pm. Call for information.  Meets Thursdays 10:30-11:45am. Contact Lucy Meckler preregistration is required.  A bereavement support group for semi (60+), who has lost a spouse. Pre-registration and meeting required before attending group.  An 8-week program dealing with grief and loss. Call for dates and times.  An ongoing bereavement support group for adults, who have lost a loved one. Meetings are held on the second and fourth Wednesday of each month from 6-7:30pm.   |
| Widow/Widower<br>s (Spanish-<br>speaking)  General  Widow/Widower<br>s - 60+ years  Adult  Adult          | Again"  The Healing Journey On-going Bereavemnt Group  GriefShare                      | Presbyterian Church  Our Lady Queen of Angels Church  Los Angeles County Group  Jewish Family Services-Valley Northridge Hospital Medical Center Northridge Hospital Medical Center Congregation al Church of Northridge Northridge  | Vista Circle<br>16909<br>Parthenia<br>Street, #203<br>12821 Victory<br>Blvd.                         | Newport Beach  North Hills  North Hollywood  Northridge  Northridge | CA CA CA CA    | 91343<br>91606          | 8079 X23 949-644-0200 funerals, etc. 949-219-1408 Grief Counseling  818-830-5003  818-984-1380  818-885-8500, ext. 4591  818-885-8351               | A Spanish-speaking group for widow/widower which meets on Thursday evenings @7pm. Call for information.  Meets Thursdays 10:30-11:45am. Contact Lucy Meckler preregistration is required.  A bereavement support group for semi (60+), who has lost a spouse. Pre-registration and meeting required before attending group.  An 8-week program dealing with grief and loss. Call for dates and times.  An ongoing bereavement support group for adults, who have lost a loved one. Meetings are held on the second and fourth Wednesday of each month from 6-7:30pm.  Wednesday evenings from 7-8:30pm. Scheduled to start 10/7/09.  |
| Widow/Widower<br>s (Spanish-<br>speaking)  General  Widow/Widower<br>s - 60+ years  Adult  Adult  General | Again"  The Healing Journey On-going Bereavemnt Group  GriefShare Loss of a Little     | Presbyterian Church  Our Lady Queen of Angels Church  Los Angeles County Group  Jewish Family Services-Valley Northridge Hospital Medical Center Northridge Hospital Medical Center Congregation al Church of Northridge Northridge Hospital Medical   | Vista Circle<br>16909<br>Parthenia<br>Street, #203<br>12821 Victory<br>Blvd.                         | Newport Beach  North Hills  North Hollywood  Northridge  Northridge | CA CA CA CA CA | 91343<br>91606          | 8079 X23 949-644-0200 funerals, etc. 949-219-1408 Grief Counseling  818-830-5003  818-984-1380  818-885-8500, ext. 4591  818-885-8351  818-349-2400 | A Spanish-speaking group for widow/widower which meets on Thursday evenings @7pm. Call for information.  Meets Thursdays 10:30-11:45am. Contact Lucy Meckler preregistration is required.  A bereavement support group for semi (60+), who has lost a spouse. Pre-registration and meeting required before attending group.  An 8-week program dealing with grief and loss. Call for dates and times.  An ongoing bereavement support group for adults, who have lost a loved one. Meetings are held on the second and fourth Wednesday of each month from 6-7:30pm.  Wednesday evenings from 7-8:30pm. Scheduled to start 10/7/09.  An 8-week program dealing with grief and loss of a pregnancy, |
| Widow/Widower<br>s (Spanish-<br>speaking)  General  Widow/Widower<br>s - 60+ years  Adult  Adult          | Again"  The Healing Journey On-going Bereavemnt Group  GriefShare                      | Presbyterian Church  Our Lady Queen of Angels Church  Los Angeles County Group  Jewish Family Services-Valley Northridge Hospital Medical Center Northridge Hospital Medical Center Congregation al Church of Northridge Northridge Hospital Medical Center Congregation al Church of Northridge Northridge Hospital Medical Center  | Vista Circle<br>16909<br>Parthenia<br>Street, #203<br>12821 Victory<br>Blvd.                         | Newport Beach  North Hills  North Hollywood  Northridge  Northridge | CA CA CA CA    | 91343<br>91606          | 8079 X23 949-644-0200 funerals, etc. 949-219-1408 Grief Counseling  818-830-5003  818-984-1380  818-885-8500, ext. 4591  818-885-8351               | A Spanish-speaking group for widow/widower which meets on Thursday evenings @7pm. Call for information.  Meets Thursdays 10:30-11:45am. Contact Lucy Meckler preregistration is required.  A bereavement support group for semi (60+), who has lost a spouse. Pre-registration and meeting required before attending group.  An 8-week program dealing with grief and loss. Call for dates and times.  An ongoing bereavement support group for adults, who have lost a loved one. Meetings are held on the second and fourth Wednesday of each month from 6-7:30pm.  Wednesday evenings from 7-8:30pm. Scheduled to start 10/7/09.  |
| Widow/Widower<br>s (Spanish-<br>speaking)  General  Widow/Widower<br>s - 60+ years  Adult  Adult  General | Again"  The Healing Journey On-going Bereavemnt Group  GriefShare Loss of a Little One | Presbyterian Church  Our Lady Queen of Angels Church  Los Angeles County Group  Jewish Family Services-Valley Northridge Hospital Medical Center Northridge Hospital Medical Center Congregation al Church of Northridge Northridge Hospital Medical Center Congregation al Church of Northridge Northridge Congregation al Church of Northridge Northridge Congregation al Church of Northridge Northridge Hospital Medical Center Cordelia Knott | Vista Circle<br>16909<br>Parthenia<br>Street, #203<br>12821 Victory<br>Blvd.<br>9659 Balboa<br>Blvd. | Newport Beach  North Hills  North Hollywood  Northridge  Northridge | CA CA CA CA CA | 91343<br>91606          | 8079 X23 949-644-0200 funerals, etc. 949-219-1408 Grief Counseling  818-830-5003  818-984-1380  818-885-8500, ext. 4591  818-885-8351  818-349-2400 | A Spanish-speaking group for widow/widower which meets on Thursday evenings @7pm. Call for information.  Meets Thursdays 10:30-11:45am. Contact Lucy Meckler preregistration is required.  A bereavement support group for semi (60+), who has lost a spouse. Pre-registration and meeting required before attending group.  An 8-week program dealing with grief and loss. Call for dates and times.  An ongoing bereavement support group for adults, who have lost a loved one. Meetings are held on the second and fourth Wednesday of each month from 6-7:30pm.  Wednesday evenings from 7-8:30pm. Scheduled to start 10/7/09.  An 8-week program dealing with grief and loss of a pregnancy, |
| Widow/Widower<br>s (Spanish-<br>speaking)  General  Widow/Widower<br>s - 60+ years  Adult  Adult  General | Again"  The Healing Journey On-going Bereavemnt Group  GriefShare Loss of a Little     | Presbyterian Church  Our Lady Queen of Angels Church  Los Angeles County Group  Jewish Family Services-Valley Northridge Hospital Medical Center Northridge Hospital Medical Center Congregation al Church of Northridge Northridge Hospital Medical Center Congregation al Church of Northridge Northridge Hospital Medical Center  | Vista Circle<br>16909<br>Parthenia<br>Street, #203<br>12821 Victory<br>Blvd.                         | Newport Beach  North Hills  North Hollywood  Northridge  Northridge | CA CA CA CA CA | 91343<br>91606<br>91325 | 8079 X23 949-644-0200 funerals, etc. 949-219-1408 Grief Counseling  818-830-5003  818-984-1380  818-885-8500, ext. 4591  818-885-8351  818-349-2400 | A Spanish-speaking group for widow/widower which meets on Thursday evenings @7pm. Call for information.  Meets Thursdays 10:30-11:45am. Contact Lucy Meckler preregistration is required.  A bereavement support group for semi (60+), who has lost a spouse. Pre-registration and meeting required before attending group.  An 8-week program dealing with grief and loss. Call for dates and times.  An ongoing bereavement support group for adults, who have lost a loved one. Meetings are held on the second and fourth Wednesday of each month from 6-7:30pm.  Wednesday evenings from 7-8:30pm. Scheduled to start 10/7/09.  An 8-week program dealing with grief and loss of a pregnancy, |

Families dealing with the psychological effects of the parent's

| General                                      |                                    | Asera Hospice<br>Care<br>Cordelia Knott<br>Center for | 750 The City<br>Dr., #110<br>230 South<br>Main Street, | Orange                  | CA | 92868 | 714-980-0900             |                                | Call for dates or visit www.aserahospiceorange.com.  |
|--|------------------------------------|---|--|-------------------------|----|-------|--------------------------|--------------------------------|--|
| General                                      | Kids Konnected                     | Wellness Covenant Presbyterian                        | #210<br>1855 N.<br>Orange Olive                        | Orange                  | CA | 92868 | 949-582-5443             |                                | Meets the 2nd and 4th Tuesday of each month from 7-8pm.  |
| General                                      | GriefShare                         | Church<br>Kaiser                                      | Rd.<br>200 N. Lewis,                                   | Orange                  | CA | 92865 | 714-998-6650             |                                | Call for dates and times.  Meetings are held on the 1st and 3rd Wednesday evenings   |
| General                                      |                                    | Permanente  | #2<br>1845 W.<br>Orangewood,                           | Orange                  | CA | 92868 | 562-622-4317             |                                | from 5:30-7pm. Open to the community.  |
| General                                      |                                    | St. Joseph Hospice                                    | #100A  | Orange                  | CA | 92868 | 714-712-9559             |                                | An 8-week bereavement program. Call for dates and times.<br>Meetings are held on Monday evenings from 6-7pm. Pre-  |
| General                                      | "Meditation for<br>Grief Recovery" | UCI Medical<br>Center                                 | 101 The City<br>Drive                                  | Orange                  | CA | 92868 | 714-456-6157             |                                | registration required and \$20.00 fee. Limited to 8 participants.  Call for more information or visit www.ucihealth.com.  A support group for bereavement parents. (Pregnancy 5 years)   |
| Parents                                      | Healing Hearts                     | CHOC Children's<br>Hospital                           | 455S. Main<br>Street                                   | Orange                  | CA | 92868 | 714-998-0210 Stacy Smith |                                | Meetings are held on 2nd and 4th Wednesday evenings from 7-9pm.  "Loss of An Adult Child" -Monday evenings from 7-9pm.  Children's Grief Group (9-12)-Tuesday evenings from 7-9pm.  Teen Grief (13-18)-Thursday evenings from 6:30-8pm. "Loss of a Spouse"-Thursday evenings from 6:30-8pm. "Grieving the Death of a Parents"-Thursday evenings from 5:30-7pm.or |
| Various groups<br>available<br>Widow/Widower |                                    | Mariposa<br>Women's Center<br>St. Joseph              | 82 Town &<br>Country Road<br>1100 W.                   | Orange                  | CA | 92868 | 714-547-6494             |                                | Thursday evenings from 7:30-9pm. Pre-registration required and a \$10/session fee or individual therapy on sliding scale.  A bereavement group for widow/widowers. Meetings are held   |
| s<br>Widow/Widower                           | New Beginnings                     | Hospital<br>Orange Senior<br>Citizens                 | Stewart  | Orange                  | CA | 92868 | 714-771-8243             |                                | on Tuesday evenings from 5:30-6:30pm \$60 fee.  Meetings are held on the second and fourth Mondays starting  |
| s newly                                      | New Beginnings                     | Community Palm Springs                                | 170 S. Olive<br>1696 S. El                             | Orange                  | CA | 92866 | 714-538-9633             |                                | at 1pm.  |
| General                                      | GriefShare                         | Baptist Church  | Cielo Rd.  | Palm Springs            | CA | 92264 | 760-323-1013             |                                | Call for dates and times.<br>Meetings are held on the 1st Wednesday evenings starting at   |
| Parents                                      | Compassionate<br>Friends           | Neighborhood<br>Church                                | 415 Paseo Del<br>Mar<br>100 W.                         | Palos Verdes<br>Estates | CA |       | 310-953-5230             |                                | 7pm. Chapter Name: South Bay/LA Chapter; Chapter #1916. Visit www.tcfsbla.org for more information.  |
| Children                                     | "I Count, Too"<br>English &        | Hospice of Pasadena Center for Grief &                | California<br>Blvd.<br>37 N.                           | Pasadena                | CA | 91105 | 626-397-3600             | www.picf.org/h<br>ospiceofpasa | Offers individual and group counseling and support groups for children. Provided free-of-charge. Also, available in Spanish. Call for More information, For Spanish groups-call818-262-  |
| Children/Teens                               | Spanish available<br>English &     | Loss for Children<br>Center for Grief &               | Holliston Ave.   | Pasadena                | CA | 91106 | 866-744-7433             |                                | 9101 or visit their website at www.griefcenterforchildren.org.<br>Call for More information, For Spanish groups-call818-262-   |
| Children/Teens<br>Children-                  | Spanish available                  | Loss for Children                                     | 33 S. Catalina<br>100 W.                               | Pasadena                | CA | 91101 | 866-744-7433             | 2.6 //                         | 9101 or visit their website at www.griefcenterforchildren.org.   |
| Spanish groups available                     | "I Count, Too"                     | Hospice of<br>Pasadena                                | California<br>Blvd.<br>100 W.                          | Pasadena                | CA | 91105 | 626-397-3600             | www.picf.org/h<br>ospiceofpasa | Offers individual and group counseling and support groups for children. Provided free-of-charge. Also, available in Spanish.   |
| General                                      | Rediscovering                      | Huntington<br>Hospital<br>Pasaena Senior              | California<br>Blvd.                                    | Pasadena                | CA | 91105 | 626-397-5074             |                                | An 8-week program that meets on Wednesday afternoons from 4:30-6pm. Call for start dates.  Meetings are held on Thursday afternoons from 3-4:30pm.   |
| General                                      | Hospice<br>English &               | Center<br>Center for Grief &                          | 85 E. Holly St.<br>37 N.                               | Pasadena                | CA | 91103 | 626-918-2273             |                                | Sponsored by VITAS Hospice in Covina. Call for more information, For Spanish groups-call818-262-   |
| Parents                                      | Spanish available English &        | Loss for Children Center for Grief &                  | Holliston Ave.   | Pasadena                | CA | 91106 | 866-744-7433             |                                | 9101 or visit their website at www.griefcenterforchildren.org.  Call for more information, For Spanish groups-call818-262-   |
| Parents Various groups- available in         | Spanish available                  | Loss for Children Huntington                          | 33 S. Catalina<br>100 W.<br>California                 | Pasadena                | CA | 91101 | 866-744-7433             | www.hospiceof                  | 9101 or visit their website at www.griefcenterforchildren.org.  Provides bereavement support groups for adults, and  |
| Spanish                                      |                                    | Memorial Hospital                                     | Blvd.  | Pasadena                | CA | 91105 | 626-397-3600             | pasadena.org                   | individual counseling (also provided in Spanish). All services   |
|  |                                    |   |  |                         |    |       |                          |                                |  |

| Author  Control   Author  Co   |                |                   |                    |               |  |    |       |                          | are provided free-of-charge. Services are provided by Pasadena Hospice. Call for more details. |
|--|----------------|-------------------|--------------------|---------------|--|----|-------|--------------------------|--|
| Seminary   Company   Com   |                |                   |                    |               |  |    |       |                          |  |
| Part   |                |                   | •                  |               | D: D:  |    | 00550 | 552.042.7000             |  |
| Magnet   M   | General        |                   | Church             | Ave.          | Pico Rivera  | CA | 90660 | 562-942-7300             |  |
| Campaign   Figure   Campaign      |                |                   | Hosnice Care of    | 377 F         |  |    |       |                          | · · · · · · · · · · · · · · · · · · ·  |
| Mothers  | General        |                   | •                  |               | Placentia  | CA | 92870 | 714-577-9656             |  |
| Machiers   | Jones a.       |                   |                    |               |  |    |       |                          |  |
| Pumber   P   |                |                   | Eastside Christian |               |  |    |       |                          |  |
| Minipage    | Mothers        |                   | Church             |               | Placentia  | CA |       | 714-871-6844             | at times.  |
| Pennara   Penn   |                |                   | Pomona Valley      | 1798 N. Garey |  |    |       | 909-865-9555 or 909-399- | Meetings are held on Monday evenings from 7:30-9:30pm.   |
| Ceneral   Cene   | Children/Teens |                   | •                  |               | Pomona   | CA | 91767 | 3289                     | ·  |
| Ceneral   Cene   |                |                   |                    |               | _  |    |       |                          |  |
| Control   Cont   | General        | GriefShare        | •                  |               | Pomona   | CA | 91768 | 909-629-5277             |  |
| Pome   | Conorol        | GriofShara        |                    |               | Domona   | CA | 01769 | 000 630 5377             |  |
| Purple   | General        | Grieishare        | •                  |               | POMONA   | CA | 91/08 |                          |  |
| Real   | General        |                   | •                  | •             | Pomona   | CA | 91769 |                          |  |
| Ceneral   Cene   | Octiciai       |                   | •                  | Avc.          | Tomona   | CA | 31703 | 3203                     | ·  |
| General         Ceneral         Charge of Shepare of Shepard of Shepa  |                |                   | •                  | 1910 Royalty  |  |    |       | 909-865-9555 or 909-399- |  |
| Per  | General        |                   | •                  |               | Pomona   | CA | 91767 |                          |  |
| Ceneral   GriefShare   Christian Church   Canum   Canum   Compassionate   Compassionate   Compassionate   Canum   Compassionate   Canum   Compassionate   Co   |                |                   | Shepard of the     | 19700 Rinaldi |  |    |       |                          | ·  |
| Cameral   Came   | General        | GriefShare        | Hills              | St.           | Porter Ranch   | CA | 91326 | 818-831-9333             | Monday evenings from 7-8pmcall for start dates.  |
| Seneral   GriefShare   Catholic Church   Pasks rd.   Poway   CA   9206   858-748-5348   Call for dates and times.  |                |                   |                    | 12708 Stone   |  |    |       |                          |  |
| Carbolic Church   Peaks Rd   Poward     | General        | GriefShare        |                    | -             | Poway  | CA | 92064 | 858-487-7312             | Thursday evenings from 7-9pm-scheduled to begin 9/17/09.                                       |
| Abundant Living   Center Drive   Cucamonga   Cale   91730   909-987-7110   Tuesday evenings from 7-8pm-Call for start dates.   |                |                   |                    |               |  |    |       |                          |  |
| General   GriefShare   Family Church   Rancho San   Ran   | General        | GrietShare        |                    |               | •  | CA | 92064 | 858-748-5348             | Call for dates and times.  |
| Rancho San General & Center  | Canaral        | CriofChara        |                    |               |  | CA | 01720 | 000 007 7110             | Tuesday avenings from 7 9nm Call for start dates   |
| Suicide Central & Centre Centr | General        | Grieishare        |                    | Center Drive  | Cucamonga  | CA | 91/30 | 909-987-7110             | ruesday evenings from 7-8pm-Cail for start dates.  |
| Suicide General & Foundament of General & Foundament   |                |                   |                    | 7777 Milliken | Rancho   |    |       |                          |  |
| General & private consulting   | Suicide        |                   |                    |               |  | CA | 91730 | 909-393-2563             | Meetings are held on the 1st Saturday from 10-12noon.  |
| Consulting  Memorial Park Horizon Christian Hori |                |                   |                    |               | , and the second |    |       |                          | ,  |
| General Fellowship Rd. Rd. Rancho Santa Fe CA 92014 858-756-5599 Sunday morning's 10an-12noon-call for start dates. Bell Tower Regional Parkey Paseo Rancho Santa Parkey Paseo Antonio Rancho Santa Parkey Paseo Antonio Rancho Santa Parkey Paseo Paseo Parkey Paseo Paseo Paseo Paseo Paseo Parkey Paseo Paseo Paseo Paseo Paseo Parkey Paseo Pase | private        |                   |                    |               |  |    |       |                          | · · · · · · · · · · · · · · · · · · ·  |
| General GriefShare Rellowship Bell Tower Regional Rough Roug | consulting     |                   |                    |               | Verdes   | CA | 90275 | 310-803-5441             | Torrance area.   |
| Reginal   Regi   | 0              | C d a felia a ca  |                    |               | Develor Controller   | C4 | 02044 | 050 750 5500             | 6  |
| Children   Children   Community   Commun   | General        | GrietShare        | •                  | Ka.           | Rancho Santa Fe  | CA | 92014 | 858-756-5599             | Sunday morning's 10an-12noon-call for start dates.   |
| Children   Compunity   Content   C   |                |                   |                    |               |  |    |       |                          |  |
| Children Kids ' Center Paseo Antonio 2082  |                | "Gary's Place for | =                  | 22132 FI      | Rancho Santa   |    |       |                          | Call for dates and times or visit www vitas com/hereavement                                    |
| San Francisco Solano Church The Holy Name of Jesus Catholic  General  GriefShare Growth Through Frier Church Free Church  General  Growth San Francisco  Compassionate First Congregation  Compassionate Friends  Compassionate First Congregation  Antonio  Rancho Santa  CA  949-589-7767  An 8-week bereavement program. Pre-registration required.  An 8-week bereavement program. Pre-registration required.  Call for start dates and times.  Call for dates and times.  Call for dates and times.  Call for dates and times.  Medensday evenings from 6:30-8:30pm-call for start dates.  Meetings are held on the 3rd Tuesday evenings starting at 7:30pm. Chapter Amer: TCF Redlands CA; Chapter #2018. Visit www.redlandstcf.com or redlindstcf@aol.com from roe information.  Compassionate First Congregation  First Congregation  First Congregation  An 8-week bereavement program. Pre-registration required.  An 8-week bereavement program. Pre-registration packets  An 8-week bereavement program. Packets  An 8-week bereavement packets  An 8-wek | Children       | •                 | •                  |               |  | CA |       | 949-740-0775             | •  |
| General Solano Church The Holy Name of Jesus Catholic 115 W. Olive  General GriefShare Church General GriefShare GriefShare Growth Through Trinity Evangelical Growth Through Trinity Evangelical Growth Through Grief Share Growth Through Trinity Evangelical Grief Share Friends at Church Church General Growth Through Trinity Evangelical Grief Free Church Free Church Free Church Free Church Free Church Friends at Church Compassionate First Congregation Trinity Evangelical Church Through Trinity Evangelical Church Trinity E | GG.            |                   |                    |               | ge   |    |       |                          |  |
| The Holy Name of Jesus Catholic Jesu |                |                   | San Francisco      | Antonio       | Rancho Santa   |    |       |                          | An 8-week bereavement program. Pre-registration required.                                      |
| General Friends GriefShare Scatholic Church Seseroir Rd. Redlands CA 92373 909-793-2469 Call for dates and times.  CA 92373 909-793-2469 Call for dates and times.  CA 92374 909-335-7333 Wednesday evenings from 6:30-8:30pm-call for start dates.  Growth Through Trinity Evangelical Free Church Fr | General        |                   | Solano Church      | Parkway       | Margarita  | CA |       | 949-589-7767             | Call for start dates and times.  |
| General GriefShare Church Ave. Redlands CA 92373 909-793-2469 Call for dates and times.  General GriefShare Trinity Church Trinity Evangelical Growth Through Trinity Evangelical Free Church Free Church Free Church Trinity Evangelical Gompassionate Friends Compassionate Friends Compassionate Friest Congregation at Church Evangelical Free Church Friends Compassionate Friest Congregation at Church Evangelical Compassionate Friest Congregation at Church Evangelical Compassionate Friest Congregation at Church Friends Compassionate Friest Congregation Trinity Evangelical Evangelica |                |                   | The Holy Name of   |               |  |    |       |                          |  |
| General GriefShare Growth Through Grief Share Growth Through Free Church Free Church Compassionate Friet Congregation at Church Compassionate First Congregation Compassionate First Congregation First Congregation Compassionate First Congregation First Congregation Compassionate  |                |                   |                    |               |  |    |       |                          |  |
| General GriefShare Growth Through Growth Through Growth Through Growth Through Growth Through Growth Through Grief Free Church | General        | GriefShare        | Church             |               | Redlands   | CA | 92373 | 909-793-2469             | Call for dates and times.  |
| General Growth Through Grief Free Church Redlands CA 2591 Call for dates and times.  Compassionate Friends at Church 2 W. Olive Redlands CA 800-717-0373  Compassionate Friet Congregation Compassionate Friet Congregation First Congregation Compassionate | 0              | C d a felia a ca  | Titalia Charak     |               | De alle e ale  | 64 | 02274 | 000 335 7333             | Westerness and the form C 20 0 20 and all forms at dates                                       |
| General Grief Free Church Redlands CA 2591 Call for dates and times.  Meetings are held on the 3rd Tuesday evenings starting at 7:30pm. Chapter Name: TCF Redlands CA; Chapter #2018. Visit Compassionate Friends at Church 2 W. Olive Redlands CA 800-717-0373 information.  Compassionate First Congregation Support group for parents who lost children of any age. Meets   | General        |                   | ,                  | Reservoir Ra. | Regiands   | CA | 92374 |                          | wednesday evenings from 6:30-8:30pm-call for start dates.                                      |
| Meetings are held on the 3rd Tuesday evenings starting at 7:30pm. Chapter Name: TCF Redlands CA; Chapter #2018. Visit  Compassionate First Congregation at Church 2 W. Olive Redlands CA 800-717-0373 information.  Compassionate First Congregation 5 First Congregation 6 Compassionate 7 Support group for parents who lost children of any age. Meets  | General        | _                 |                    |               | Redlands   | CA |       |                          | Call for dates and times   |
| 7:30pm. Chapter Name: TCF Redlands CA; Chapter #2018. Visit  Compassionate First Congregation Parents Friends at Church 2 W. Olive Redlands CA Compassionate First Congregation Compassionate First Co | General        | Offici            | Tree Charch        |               | Rediands   | CA |       | 2331                     |  |
| Compassionate First Congregation Parents Friends at Church 2 W. Olive Redlands CA 800-717-0373 information. Compassionate First Congregation   |                |                   |                    |               |  |    |       |                          |  |
| Parents Friends at Church 2 W. Olive Redlands CA 800-717-0373 information.  Compassionate First Congregation Support group for parents who lost children of any age. Meets   |                | Compassionate     | First Congregation |               |  |    |       |                          |  |
|  | Parents        | •                 |                    | 2 W. Olive    | Redlands   | CA |       | 800-717-0373             |  |
| Parents Friends at Church 2 W. Olive Redlands CA 92373 909-793-3157 the 3rd Tuesday of the month at 7:30pm.  |                | Compassionate     | First Congregation |               |  |    |       |                          | Support group for parents who lost children of any age. Meets                                  |
|  | Parents        | Friends           | at Church          | 2 W. Olive    | Redlands   | CA | 92373 | 909-793-3157             | the 3rd Tuesday of the month at 7:30pm.  |
|  |                |                   |                    |               |  |    |       |                          |  |

|   | Compassionate                              |   |  |   |    |       |                        |                         |   |
|---|--|---|--|---|----|-------|------------------------|-------------------------|---|
| Parents   | FriendsLoss of a Child                     | First Congregation<br>at Church<br>Redlands | 2 W. Olive                                       | Redlands  | CA | 92373 | 909-792-6358           |                         | Meetings are held on the 3rd Tuesday starting at 7:30pm.  |
| Parents   | Resolve Through<br>Sharing                 | Community<br>Hospital                       | 350 Terracina<br>Blvd.                           | Redlands  | CA | 92262 | 909-335-5645 ext. 6650 |                         | A bereavement support group for parents who have lost a baby. Meetings are held on the 1st Tuesday starting at 7pm.   |
| Children-ages<br>3-8; and ages<br>9-13; including |  | The Gathering                               | 514 N.<br>Prospect Ave.,                         |   |    |       |                        | www.griefcent           | Bereavement/Grief support groups for adults, children and adolescents. Groups facilitated jointly with the partnership  |
| their parents                                     | Kids Can                                   | Place                                       | #115<br>514 N.                                   | Redondo Beach   | CA | 90277 | 310-374-6323           | <u>er.net</u>           | between Beach Cities Health District and Trinity Care Hospice.  Bereavement/Grief support groups for adults, children and   |
| Various Groups                                    |  | The Gathering<br>Place<br>The Bridge Bible  | Prospect Ave.,<br>#115<br>18644                  | Redondo Beach   | CA | 90277 | 310-374-6323           | www.griefcent<br>er.net | adolescents. Groups facilitated jointly with the partnership<br>between Beach Cities Health District and Trinity Care Hospice.<br>Wednesday evenings from 6:45-8:30pmscheduled to start |
| General   | GriefShare                                 | Fellowship  Kaiser                          | Sherman Way                                      | Reseda<br>Reseda, North<br>Hollywood,<br>Panorama City, | CA | 91355 | 818-776-1500           |                         | 2/3/10.   |
|   |  | Permanente -<br>Valley Service              |  | Woodland Hills,<br>Lancaster,                           |    |       |                        |                         | Kaiser offers a variety of support groups provided in several cities around North Hollywood. Call for more details. All   |
| Various Groups                                    |  | Area  |  | Valencia  | CA |       | 818-375-3528           |                         | groups are free-of-charge.  Meetings are held on the 2nd Tuesday evening starting at  |
| Parents   | Compassionate<br>Friends                   | Immanuel<br>Ministry Center                 | 1201 N. China<br>Lake Blvd.<br>6141<br>Riverside | Ridgecrest  | CA |       | 760-371-1593           |                         | 6pm. Chapter Name: Indian Wells Valley Chapter; Chapter #1941. Visit tcf_iwv@yahoo.com for more information.  |
| Children/Teens                                    |  | Riverside Hospice                           | Ave., #1<br>5500                                 | Riverside   | CA | 92506 | 909-274-0710           |                         | Call for dates and times.   |
| General   | GriefShare                                 | First Baptist<br>Church<br>Magnolia Avenue  | Alessandro<br>Blvd.<br>8351                      | Riverside   | CA | 92507 | 951-684-4143           |                         | Sunday mornings from 10:45am-12:15pmcall for start dates.   |
| General   | GriefShare                                 | Baptist Church                              | Magnolia Ave.<br>6141                            | Riverside   | CA | 92507 | 951-689-5700           |                         | Call for dates and times.   |
| General   |  | Riverside Hospice                           | Riverside<br>Ave., #1<br>3510 Adams              | Riverside   | CA | 92506 | 909-274-0710           |                         | Meetings are held on Wednesday mornings from 10-11:30am and Wednesday afternoons from 1-1:30pm.   |
| General   | GriefShare                                 | Sandals Churc<br>The Grove<br>Community     | St.<br>19900 Grove<br>Community                  | Riverside   | CA | 92504 | 951-637-8800           |                         | Call for dates and times.   |
| General   | GriefShare                                 | Church<br>Victoria                          | Dr.  | Riverside   | CA | 92508 | 951-571-9090           |                         | Call for dates and times.   |
| General   | Grief Recovery<br>Workshop                 | Community<br>Church<br>VNA Hospice of       | 5320 Victoria<br>Ave.<br>6235 River              | Riverside   | CA | 92506 | 909-359-1737           |                         | A seven-week program offered for adults. Call for dates and times.  |
| General   | Compassionate                              | Riverside                                   | Crest Dr., #L                                    | Riverside   | CA | 92507 | 909-413-1270           |                         | Call for dates and times.   |
| Parents   | Friends-English<br>& Spanish<br>available  | First Baptist Church                        | 5500<br>Alessandro<br>Blvd.<br>5500              | Riverside   | CA |       | 951-689-3072           |                         | Meetings are held on the 2nd Tuesday evening starting at 7:30pm. Spanish language support 951-689-3072. Chapter #1114. Visit soniavidesm@aol.com for more information.                  |
| Parents   | Compassionate<br>FriendsLoss of<br>a Child | First Baptist<br>Church of<br>Riverside     | Alessandro<br>Blvd.<br>6141                      | Riverside   | CA | 92507 | 909-689-3072           |                         | Meetings are held on Tuesday evenings starting at 7:30pm.   |
| Parents   | Loss of a Child                            | Riverside Hospice                           | Riverside<br>Ave., #1                            | Riverside   | CA |       | 909-274-0710           |                         | Call for dates and times.  A bereavement support group for parents, who have lost a   |
| Parents   | Parents<br>Adjusting                       | Riverside YMCA                              | 8172<br>Magnolia Ave.                            | Riverside   | CA | 92504 | 909-688-1387           |                         | baby from miscarriage, stillbirth, newborn death or SIDS.  Meetings are held on the 2nd Thursday starting at 7pm.   |
|   |  |   |  |   |    |       |                        |                         |   |

|               | Through Caring & Sharing (PACS) |  |  |                        |      |       |              |               |   |
|---------------|---------------------------------|--|--|------------------------|------|-------|--------------|---------------|---|
|               |                                 |  | 2221 Palos                               |                        |      |       |              |               |   |
|               |                                 | Rolling Hills                              | Verdes Drive                             | Rolling Hills          |      |       |              |               |   |
| General       | GriefShare                      | Covenant Church                            | North                                    | Estates                | CA   | 90274 | 310-519-9406 |               | Saturday mornings from 9-11amscheduled to start 9/27/09.  |
| General       |                                 | Christ Lutheran<br>Church<br>Pacific Coast | 35522 Camino<br>Capistrano<br>2651 Calle | San Clemente           | CA   |       | 949-496-2621 |               | Call for more information or visit www.beachchurchclc.org. Monday evenings from 6:30-8:30pm-scheduled to start      |
| General       | GriefShare                      | Church                                     | Frontera                                 | San Clemente           | CA   | 92673 | 949-940-2600 |               | 10/10/09.   |
|               |                                 | San Clemente                               |  |                        |      |       |              |               | Meetings are held on Monday evenings from 7-8:30pm. Pre-  |
|               |                                 | Presbyterian                               | 11 N. Avenue                             |                        |      |       |              |               | registration required. Call for more information or visit   |
| General       |                                 | Church                                     | de la Estrella                           | San Clemente           | CA   |       | 949-361-1228 |               | www.scpres.org.   |
|               |                                 | The Center for                             |  |                        |      |       |              |               |   |
|               |                                 | Grief Care and                             |  |                        |      |       |              |               |   |
| A 11 T        |                                 | Education San                              | 4311 Thrid                               | c 5:                   |      | 00400 | 540.070.5400 |               | All   |
| All Types     |                                 | Diego Hospice                              | Ave.                                     | San Diego              | CA   | 92103 | 619-278-6480 |               | All types of groups available-call for more information.  |
|               |                                 | Canyon View<br>Christian                   | 10791<br>Tierrasanta                     |                        |      |       |              |               |   |
| General       | GriefShare                      | Fellowship                                 | Blvd., #104                              | San Diego              | CA   | 92124 | 858-576-0007 |               | Call for dates and times.   |
| General       | Gileisiiaie                     | College Avenue                             | 4747 College                             | Sali Diego             | CA   | 32124 | 838-370-0007 |               | Call for dates and times.   |
| General       | GriefShare                      | Baptist Church                             | Ave                                      | San Diego              | CA   | 92115 | 619-582-7222 |               | Thursday afternoons from 4-5pmscheduled to start 9/10/09.   |
| Conorai       | o c. o                          | Community Bible                            | 9919 Carroll                             | ou Diego               | G. C | 32113 | 013 301 7111 |               | marsaa, areemoons nom i opim someaanea te stares, 10, 10,   |
| General       | GriefShare                      | Church                                     | Center Rd.                               | San Diego              | CA   | 92126 | 858-549-7729 |               | Saturday afternoons from 2:30-4:30pmcall for start dates.   |
|               |                                 | Faith Community                            | 2285 Murray                              |                        |      |       |              |               | Friday afternoons from 12-1:30pmscheduled to begin  |
| General       | GriefShare                      | Church                                     | Ridge Rd.                                | San Diego              | CA   | 92123 | 858-565-4808 |               | 9/18/09.  |
|               |                                 | Jewish Family                              |  |                        |      |       |              |               |   |
|               |                                 | Services Healing                           | 8804 S.                                  |                        |      |       |              |               |   |
| General       |                                 | Center                                     | Balboa Ave.                              | San Diego              | CA   | 92123 | 877-537-1818 |               | Call for more information.  |
|               |                                 |  | 10752                                    |                        |      |       |              |               | Sunday marnings from 10:20am 12:20am, schoduled to hagin  |
| General       | GriefShare                      | Marantha Chapel                            | Coastwood<br>Rd.                         | San Diego              | CA   | 92127 | 858-613-7800 |               | Sunday mornings from 10:30am-12:30pmscheduled to begin 9/20/09.   |
| General       | dileisilale                     | Scripps Mende                              | 4305 La Jolla                            | Jan Diego              | CA   | 32121 | 030-013-7000 |               | 3/20/03.  |
|               |                                 | Well-being Center                          | Village Drive                            |                        |      |       |              |               |   |
| General       | Kids Konnected                  | UTC Mall                                   | Suite L-5                                | San Diego              | CA   | 92122 | 949-582-5443 |               |   |
|               |                                 | St. Andrew's                               | 8350 Lake                                | · ·                    |      |       |              |               |   |
| General       | GriefShare                      | Lutheran                                   | Murray Blvd.                             | San Diego              | CA   | 92119 | 619-464-4211 |               | Monday evenings from 6:30-8:30pm-call for start dates.  |
|               |                                 |  | 11740                                    |                        |      |       |              |               |   |
|               |                                 | The Church of                              | Bernardo                                 |                        |      |       |              |               |   |
| General       | GriefShare                      | Rancho Bernardo                            | Plaza Court                              | San Diego              | CA   | 92128 | 858-592-2434 |               | Call for dates and times.   |
|               | Compassionate                   |  | University                               |                        |      |       |              |               | Meetings are held on the 1st Wednesday evenings starting at   |
|               | Friends - English               | Scripps Wall Boing                         | Town Center<br>4305 La Jolla             |                        |      |       |              |               | 7pm. Spanish phone support available. Chapter Name: San Diego County Chapter; Chapter #1027. Visit www.sdtcf.org or |
| Parents       | & Spanish available             | Scripps Well Being<br>Clinic               | Village Drive                            | San Diego              | CA   | 92122 | 619-583-1555 |               | leaders@sdtcf.org for more information.   |
| i dicinis     | available                       | San Dimas Senior                           | Village Drive                            | Jan Diego              | CA   | 72122 | 013-303-1333 |               | leaders@sater.org for more information.   |
| General       |                                 | Center                                     | 201 E. Bonita                            | San Dimas              | CA   | 91773 | 909-394-6290 |               | Meetings are held on Monday mornings from 10-11am.  |
| 0 0110101     |                                 |  |  |                        |      |       |              |               | H.O.P.E Unit Foundation, Inc. provides community support  |
|               |                                 |  |  |                        |      |       |              |               | groups offered in the San Fernando Valley at Valley Beth  |
|               |                                 |  |  |                        |      |       |              |               | Shalom and in Los Angeles at Wilshire Boulevard Temple.   |
|               |                                 |  |  |                        |      |       |              |               | Widow/widowers support groups provides education of the   |
| Widow/Widower |                                 | Valley Beth                                |  | San Fernando           | 64   |       | 040 700 4670 | www.hopeunit. | different stages of grief. All groups are led by licensed   |
| S             |                                 | Shalom                                     |  | Valley                 | CA   |       | 818-788-4673 | <u>org</u>    | therapists; small fee required for each session.  |
|               |                                 | Capistrano                                 | 20251 Camina                             | San Juan               |      |       |              |               |   |
| General       | GriefShare                      | Community<br>Church                        | 29251 Camino<br>Capitrano                | San Juan<br>Capistrano | CA   | 92675 | 949-364-5856 |               | Tuesday evenings from 6-7:30pm-scheduled to start 9/15/09.  |
| Jeneral       | GHEISHAI E                      | Capistrano                                 | Emeritus                                 | Capistiallo            | CA   | 22013 | J-J-JU+-JUJU |               | racsaay evenings from 0-7.50pm-scheduled to start 3/15/03.  |
|               |                                 | Community                                  | Senior Living                            | San Juan               |      |       |              |               |   |
| General       | GriefShare                      | Church                                     | (site) 31741                             | Capistrano             | CA   | 92675 | 949-348-2857 |               | Tuesday evenings from 6-7:30pm-scheduled to start 9/15/09.  |
|               |                                 |  |  |                        |      |       |              |               |   |

| General                              | GriefShare             | Ocean Hills<br>Church<br>San Juan<br>Capistrano | Rancho Viejo<br>Rd.<br>32222 Del<br>Obispo | San Juan<br>Capistrano | CA | 92675 | 949-496-7411           | A 13-wekk bereavement program. Call for dates and times or visit www.griefshare.oceanhills@gmail.com.  |
|--------------------------------------|------------------------|---|--|------------------------|----|-------|------------------------|--|
| General                              |                        | Community<br>Center                             | 25925 Camino<br>del Avion                  | San Juan<br>Capistrano | CA | 92675 | 949-493-5911           | A six-week program sponsored by Hospice Touch. Call for more information.  |
| 30                                   |                        | St. Margaret's                                  | 31641 La                                   | San Juan               |    |       |                        | Meetings are held on the 3rd Monday afternoon from 1-2pm.  |
| General                              |                        | Episcopal Church                                | Novia Ave.<br>400 Craven                   | Capistrano             | CA | 92675 | 714-661-0110           | Call for more information or visit www.stmarg.org.   |
| General                              |                        | San Marcos Clinic<br>San Marino                 | Road                                       | San Marcos             | CA | 92069 | 619-641-4100           | Call for more information.   |
| General                              |                        | Community<br>Church                             | 1750 Virginia<br>Road                      | San Marino             | CA | 91108 | 626-282-4181           | Meetings are held on Wednesday afternoons starting at 4pm. A children's bereavement support group (5-12 years old), young adults (18-25 year old) and parents (English and Spanish-speaking). Groups provides both child and adult participants with an understanding of faith, insight into the effects the loss had had on their lives and develops positive |
|                                      |                        |   |  |                        |    |       |                        | ways of coping. Meets on Tuesday evenings from 6:30-8pm for  |
| Children                             | Necessary Steps        | VNA of Orange<br>County Hospice                 | 2500 Red<br>Hills, #105<br>540 N. Golden   | Santa Ana              | CA | 92705 | 949-263-4870           | 8-10 weeks. Cost: Donation of \$10/session (no one refused). Call for more information or visit www.vansocal.org.  |
| General                              |                        |   | Circle Dr.,<br>#315                        | Santa Ana              | CA | 92705 | 714-543-3200           | Meetings are held on the first and third Thursdays from 6-8pm.   |
| Conoral                              | GriefShare             | Calvary Church                                  | 1010 N. Tustin                             | Santa Ana              | CA | 02705 | 714-973-4800           | Call for dates and times or visit www.info@griofcharo.org  |
| General                              |                        | Calvary Church Community Bible                  | Ave,<br>555 E.                             |                        | CA | 92705 |                        | Call for dates and times or visit www.info@griefshare.org.   |
| General                              | GriefShare             | Church  | Memory Lane<br>3611 S.<br>Harbor Blvd.,    | Santa Ana              | CA | 92706 | 71-973-4644            | Call for dates and times.  Meetings are held on the first and third Mondays from 1- 2:30pm. Call for more information or visit   |
| General                              |                        | Hospice Touch<br>Trinity United                 | #105                                       | Santa Ana              | CA | 92704 | 714-327-1936           | www.hospicetouch.com   |
| General                              | GriefShare             | Presbyterian<br>Church                          | 13922<br>Prospect Ave.                     | Santa Ana              | CA | 92705 | 714-544-7850           | Wednesday afternoons from 3:30-5:30pm-scheduled to start 8/19/09. A self-help organization offering friendship and understanding to ant parent surviving the murder of a child. Support is   |
|                                      | Parents of<br>Murdered | Orango County                                   | P.O. Box                                   |                        |    |       |                        | offered by phone and mail, in person, and group meetings.<br>Free of charge. National address and number: 100 E. 8th<br>Street, #b41, Cincinnati, Ohio 45202; (513)721-5682 or FAX   |
| Parents                              | Children               | Orange County Chapter Parenst Helping           | 28864<br>3041 Olocott                      | Santa Ana              | CA | 92799 | 714-647-7508           | (513)721-5687. Group meets the 1st and 3rd Tuesday of each month from  |
| General                              | Kids Konnected         | Parents<br>Grace Baptist                        | St.<br>22833 Copper                        | Santa Clara            | CA | 95054 | 408-496-6336           | 6:30-8pm.  |
| General<br>Groups for<br>Seniors 55+ | GriefShare             | Church  | Hills Dr.                                  | Santa Clarita          | CA | 91390 | 661-296-8737           | Wednesday evenings from 7-8:30pmcall for start dates.  |
| (including<br>widow/widowers<br>)    |                        | Center for Healthy<br>Aging<br>New Heights      | 2125 Arizona<br>Ave.                       | Santa Monica           | CA | 90404 | 310-576-2554, ext. 373 | General bereavement and widow/widowers support groups for adults 55 and over. Groups are facilitated by peer counselors and a sliding scale is utilized for counseling fees.   |
| General                              | GriefShare             | Community<br>Church                             | 10701 N.<br>Magnolia Ave.                  | Santee                 | CA | 92071 | 619-448-1622           | Call for dates and times.  |
| General                              | GriefShare             | Pathways<br>Community<br>Church                 | 9626 Carlton<br>Hills Blvd.                | Santee                 | CA | 92071 | 619-449-1269           | Wednesday evenings from 6:30-8pm-scheduled to start 9/9/09.  |
|                                      |                        |   |  |                        |    |       |                        |  |

|                      |   | Sonrise  |   |               |    |       |              |                                 |   |
|----------------------|---|--|---|---------------|----|-------|--------------|---------------------------------|---|
| General              | GriefShare                                    | Community<br>Church                                  | 8805 N.<br>Magnolia Ave.                    | Santee        | CA | 92701 | 619-596-7667 |                                 | Tuesday evenings from 6:30-8pmcall for start dates.   |
| General              |   | Sunrise Senior<br>Living                             | 350 Lampson Ave.                            | Seal Beach    | CA | 90740 | 562-51-3031  |                                 | Meetings are held on Monday afternoons from 3:30-5pm.   |
| General              | GriefShare                                    | Grace Brethren<br>Church                             | 2900<br>Sycamore Dr.                        | Simi Valley   | CA | 93065 | 805-582-4300 |                                 | Call for dates and times.   |
|                      |   | Simi Valley<br>Presbyterian                          |   |               |    |       |              |                                 |   |
| General              | GriefShare                                    | Church<br>San Diego Family                           | 4832 Cochran<br>341 S. Cedros,              | Simi Valley   | CA | 93063 | 805-526-5475 |                                 | Call for dates and times.   |
| General              | Hospice of the                                | Counseling   | #D  | Solana Beach  | CA |       | 858-792-8585 |                                 | Call for more information.  |
| General              | Valley  | Grace Evangelical                                    | 29720 Goetz                                 | Sun City      | CA |       | 951-672-1666 |                                 | Contact Lynn Euzenas or Rene Martinex to sign up.   |
| General              | GriefShare                                    | Free Church<br>Hospice of the                        | Rd.<br>28127 Bradley                        | Sun City      | CA | 92587 | 951-244-6444 |                                 | Monday mornings from 10am-12pmcall or start dates.  |
| General              |   | Valley<br>Country Oaks                               | Road<br>20915 Schout                        | Sun City      | CA | 92586 | 909-672-1666 |                                 | Meetings are held on Monday mornings from 10-11:30am.   |
| General              | GriefShare<br>Mary Phillips                   | Baptist Church<br>Hospice of the                     | Rd.   | Tehachapi     | CA | 93561 | 661-822-1379 |                                 | Tuesday evenings from 6:39-8:30pm. Tuesday 1-2:30pm and 6-7:30pm. Contact Lynn Buzenas or   |
| General              | senior Center                                 | Valley<br>Rancho                                     | 31300 Rancho                                | Temecula      | CA |       | 951-672-1666 |                                 | Rene Martinez to Sign up.   |
| General<br>Loss of a | GriefShare                                    | Community<br>Church<br>Bereaved                      | Community<br>Way                            | Temecula      | CA |       | 951-303-6789 |                                 | Call for dates and times.   |
| child/sibling        |   | Parents/USA  | 505 Clovery                                 | Temecula      | CA |       | 909-676-4044 |                                 | Call for dates and times.   |
| General              |   | St Luke's Parish<br>Jewish Family<br>Services-Conejo | Ave.  | Temple City   | CA | 91780 | 626-291-5900 |                                 | Groups are offered twice a year. Call to confirm dates.   |
| Conoral              |   | Valley Counseling Office                             |   | Thousand Oaks | CA |       | 805-379-2273 |                                 | Call for more details.  |
| General              |   | Ascension<br>Evangelical                             | 1600 E.                                     | mousand Oaks  | CA |       | 003-3/3-22/3 |                                 | Call for more details.  |
| General              | GriefShare                                    | Lutheran Church<br>Calvary                           | Hillcrest Dr.                               | Thousand Oaks | CA | 91362 | 805-495-0406 |                                 | Friday afternoons from 1-2:30pm-call for start dates.   |
| General              | GriefShare                                    | Community<br>Church                                  | 5495 Via<br>Rocas<br>468                    | Thousand Oaks | CA | 91362 | 818-991-8040 |                                 | Monday evenings from 6:30-8:30pm-scheduled to start 9/14/09.  |
| General              |   | Thousand Oaks<br>Groups                              | Pennsfield<br>Place Suite<br>102            | Thousand Oaks | CA | 91360 | 805-379-1616 |                                 | Meets Wednesdays 4-5:30pm. Contact Eleanor Giron pre-<br>registration is required.  |
| General              | GriefShare                                    | Thousands Oaks<br>New Life                           | 540 Corsa<br>Ave.                           | Thousand Oaks | CA | 91362 | 850-277-4874 |                                 | Tuesday evenings from 6-7:30pm-scheduled to start 8/11/09.  |
| Ocheral              | Gireisitare                                   | New Life   | Avc.  | mousund ouks  |    | 31302 | 030 277 4074 |                                 | Bereavement support groups are available for adults, children and teens, women's only group for pregnancy and infant loss, senior, widow/widowers, youth bereavement groups, parents. |
| Various Groups       |   | Hospice of the<br>Conejo<br>Bread of Life            | 80 E. Hillcrest<br>dr., #204<br>2780 Lomita | Thousand Oaks | CA | 91360 | 805-495-2145 | www.hospiceof<br>theconejo.org. | Groups are facilitated by licensed counselors and are free-of-charge.   |
| General              | GriefShare                                    | Church   | Blvd.                                       | Torrance      | CA | 90505 | 310-325-7777 |                                 | Saturday mornings from 9:45am-12pm-call for start dates. A six-week support group for anyone, who has experienced   |
| General              | Living Through<br>Loss                        | VITAS Hospice  | 990 W. 190th<br>St., #120                   | Torrance      | CA | 90502 | 310-225-5817 |                                 | the death of someone in their life. Call to confirm dates and times.  |
| Parents              | Dealing With the<br>Loss of an Adult<br>Child | VITAS Hospice  | 990 W. 190th<br>St., #120                   | Torrance      | CA | 90502 | 310-225-5817 |                                 | This workshop is held periodically throughout the year. Please call first for meeting dates and times.  |
|                      |   |  |   |               |    |       |              |                                 |   |

| General                     | GriefShare  | Aldergate United<br>Methodist Church                                | 1201 Irvine<br>Blvd.                          | Tustin           | CA | 92780 | 714-544-3653                     |               | Wednesday evenings from 7-9:15pm-scheduled to start 8/19/09.  |
|-----------------------------|---|---|---|------------------|----|-------|----------------------------------|---------------|---|
|                             |   | Trinity   | 12022 N                                       |                  |    |       |                                  |               |   |
| General                     |   | Presbyterian<br>Church  | 13922 N.<br>Prospect Ave.                     | Tustin           | CA | 92780 | 714-505-6254                     |               | Meets are held Wednesday 3:30-5:30pm.  An ongoing bereavement support group for individuals who have experienced any type of loss. Meets on the 1st and 3rd   |
| General                     | Journey of Grief  | Tustin Area Senior<br>Center  | 200 S. Street<br>#C                           | Tustin           | CA | 92680 | 714-573-3340 or 714-771-<br>8243 |               | Monday from 1-2:30pm. Free of charge. Call for more information.  A bereavement support group for parents, who have lost a  |
| Parents                     |   | YMCA Community<br>Counseling  | 13821<br>Newport Ave.                         | Tustin           | CA | 82780 | 714-960-1819                     |               | child. Meets are held Tuesday evening's from7-9pm. Call for more information or visit www.bereavedparents.org. An ongoing bereavement support group for widows and widowers. Meets are held Tuesday evenings from 5:30- |
| Widow/Widower<br>s          | New Beginnings  | Tustin Area Senior<br>Center<br>San Antonio                         | 200 S. Street<br>#C<br>999 San                | Tustin           | CA | 92680 | 714-573-3340 or 714-771-<br>8243 |               | 6:30pm. Free of charge. Sponsored by St. Joseph's Community Counseling Services. Call for more information.   |
| General                     |   | Community<br>Hospital   | Bernardino<br>Rd.<br>23871<br>McBean          | Upland           | CA | 81786 | 909-399-3289                     |               | Call Inland Hospice for more information.   |
| General                     | Living With Loss  | Henry Mayo<br>Newhall Memorial<br>Hospital                          | Parkway<br>Foundations<br>Building<br>Room #1 | Valencia         | CA | 91355 | 818-971-3435                     |               | A six-week support group for adult's seeking support after the loss of a loved one. Call to confirm dates and times.  Cosponsored by VITAS Hospice in Encino.   |
| General                     | LIVING WITH LOSS  | Our Lady of Assumption  | 3175  | valencia         | CA | 91333 | 610-971-5455                     |               | Cosponsored by VITAS Hospite III Elitalio.  |
| General                     | GriefShare  | Catholic Church   | Telegraph Rd.<br>2140 Eastman                 | Ventura          | CA | 93003 | 805-642-7966                     |               | Thursday evenings from 6:30-8pm.<br>Meets Thursdays 4-5:30pm. Contact Jessica Adrianne pre-   |
| General                     |   | Ventura Group<br>High Dessert                                       | Ave. Suit #203<br>14545 Hook                  | Ventura          | CA | 93003 | 805-677-7405                     |               | registration is required.   |
| General                     | GriefShare<br>Compassionate<br>Friends - English<br>& Spanish | Church<br>Victoria  | Blvd.  Rec. Room 14485 Seneca                 | Victorville      | CA | 92394 | 760-245-2415                     |               | Call for dates and times.  Meetings are held on the 1st Wednesday evenings at 7:30pm.  Spanish meetings and phone support available. Chapter Name: Victor Chapter of TCF; Chapter #1997. Visit                          |
| Parents                     | available<br>G.R.O.W Grief                                    | Apartments City of Walnut   | Rd.<br>21215 La                               | Victorville      | CA |       | 760-261-4693                     |               | shoustonbound@aol.com for more information.   |
| General                     | Support Group   | Senior Center<br>Citrus Vally                                       | Puente Rd.<br>80 N. Phillips                  | Walnut           | CA | 91789 | 626-935-3818                     |               | Meets are held on the 1st Friday morning from 9-11am.   |
| General                     | "I Count, Too"  | Hospice<br>Odyssey<br>HealthCare, Inc.                              | Ave.<br>1900 W.<br>Garvey S.,                 | West Covina      | CA | 91791 | 626-974-0327                     | www.odsyhealt | Call for start dates.  Provides a bereavement support group for adults, who have lost a loved one; free of charge; open to the community. Call  |
| General                     |   | Hospice<br>Citrus Vally   | #200<br>820 N. Phillips                       | West Covina      | CA | 91790 | 800-669-3990                     | h.com         | for more details.   |
| General                     |   | Hospice<br>Citrus Vally Health                                      | Ave.<br>820 N. Phillips                       | West Covina      | CA | 91791 | 626-859-2263                     | www.cvhp.org  | Offers various bereavement support groups.  |
| General                     |   | Partners<br>Queen of the  | Ave.<br>1115 S.                               | West Covina      | CA | 91791 | 626-814-2479                     |               | Call for dates and times. A six-week program to start September 16, 2009. Meetings  |
| General                     | Grief Outreach<br>Loss of a Life                              | Valley Hospital<br>Queen of the                                     | Sunset Ave.<br>1115 S.                        | West Covina      | CA | 9179  | 626-814-2479                     |               | will be held on Tuesday evenings from 7-9:30pm.<br>An ongoing bereavement group for widow/widowers. Meets   |
| Parents                     | Mate  | Valley Hospital<br>Jewish Family<br>Services-San<br>Fernando Valley | Sunset Ave.                                   | West Covina      | CA | 9179  | 626-814-2479                     |               | are held on the 2nd Tuesday starting at 7:30pm.   |
| General                     |   | Counseling Center Jewish Family                                     |   | West Hills       | CA |       | 818-464-3333                     |               | Call for more details.  |
| Adult Child (40 or younger) |   | Services Wesy LA<br>Counseling Center                               | 2050 S. Bundy<br>Dr., #270                    | West Los Angeles | CA | 90025 | 310-820-4111                     |               | Support group designed for younger adults (40 or younger), who have lost a parent or parents. Call for more details.  |

| Widow/Widower               | Coping With                | Jewish Family<br>Services Wesy LA         | 2050 S. Bundy                         |                  |    |       |                                  |              | Support group designed for older adults, who have been   |
|-----------------------------|----------------------------|---|---------------------------------------|------------------|----|-------|----------------------------------|--------------|--|
| S                           | Living Alone               | Counseling Center<br>St. Jude Catholic    | Dr., #270<br>32032 Lindero            | West Los Angeles | CA | 90025 | 310-820-4111                     |              | grieving for over one year. Call for more details.   |
| General                     | GriefShare                 | Church<br>Bethany Bible                   | Canyon Rd.<br>13431                   | Westlake Village | CA | 91361 | 818-889-1279                     |              | Call for dates and times.  |
| General                     | GriefShare                 | Fellowship                                | Edwards St.<br>1964                   | Westminster      | CA | 92683 | 714-891-5859                     |              | Thursday evenings from 7-9pm-call for start dates.  Bereavement groups available for parents, widow/widowers,  |
| Various Groups<br>Available |                            | Our House<br>Whittier                     | Westwood<br>Blvd. 250                 | Westwood         | CA | 90025 | 310-475-0299                     |              | and young adults who have lost a parent. Call for group information.   |
|                             | Grief Recovery             | Presbyterian<br>Intercommunity            | 12041 E.<br>Washington                |                  |    |       |                                  |              | Provides adult bereavement support groups, which are facilitated by the Pastoral Services Department; offered free-  |
| General                     | Program  Compassionate     | Hospital                                  | Blvd.<br>Burbank &                    | Whittier         | CA | 90602 | 562-698-0811, ext. 2500          |              | of-charge. Call to get more details.  Meetings are held on the 2nd Monday evenings starting at 7:30pm. Chapter Name: San Fernando Valley Chapter; Chapter  |
| Parents                     | Friends                    | Kaiser Hospital                           | DeSoto                                | Woodland Hills   | CA |       | 818-788-9701                     |              | #1079. Provides grief support services, education, resources, and  |
|                             |                            |   |                                       |                  |    |       |                                  |              | hope. All groups are fee-based with a sliding scale. Groups are co-led by highly trained volunteers. The adult program offers groups for young widow/widowers, mid-life loss, later-life loss, parents grieving the loss of a parent. The children's program offers support groups for death of a parent or sibling, utilizing |
|                             |                            |   | 21860 Burank                          |                  |    |       |                                  | www.ourhouse | various methods of grief expressions, including art, music,  |
| Various Groups              | Composionata               | Our House                                 | Blvd., #195<br>501 De Soto            | Woodland Hills   | CA | 91367 | 818-222-3344                     | -grief.org   | play, and poetry. School-based groups are also available. Serves West San Fernand Valley. Self-help support group for bereavement parents and siblings. Meets 2nd Monday of each   |
| Adults                      | Compassionate<br>Friends   | Kaiser                                    | Ave. Room B                           | Woodland Hills   | CA | 91367 | 818-788-9701                     |              | month;7:30-9pm.  |
|                             |                            |   |                                       |                  |    |       |                                  |              | For parents who have experienced the death of a child at any age and from any cause. Other family members welcome. Support consists of group meetings, newsletters, phone caring   |
|                             | Compassionate              | 0   |                                       |                  |    |       |                                  |              | friends, lending library and referrals. Meets on the 1st Tuesday   |
|                             | Friends-Loss of a<br>Child | Orange County<br>Chapter                  | P.O. Box 673<br>6550                  | Yorba Linda      | CA | 92885 | 714-993-6708                     |              | - City of La Mirada and 3rd Wednesday Fullerton from 7-9pm. Call for more information.   |
|                             |                            | Grace Lutheran                            | Fairmont                              |                  |    |       |                                  |              |  |
| General                     | GriefShare                 | Church                                    | Blvd.                                 | Yorba Linda      | CA | 92887 | 714-795-2384                     |              | Wednesday evenings from 7-9pmcall for start dates.  Meetings are held on the 1st and 3rd Saturday mornings   |
| General                     | Transitions                | St. Martin de<br>Porres Church            | 19791 Yorba<br>Linda Blvd.            | Yorba Linda      | CA | 92886 | 714-970-2771 or 714-777-<br>2266 |              | starting at 9am. Call for more information or visit www.smdpyl.org.  |
| General                     | GriefShare                 | Yorba Linda Friends Church Pryant Pantist | 5211<br>Lakeview Ave.<br>13456 Bryany | Yorba Linda      | CA | 92886 | 714-777-2875                     |              | Call for dates and times.  |
| General                     | GriefShare                 | Bryant Baptist<br>Church                  | St.                                   | Yorba Linda      | CA | 92399 | 909-795-4116                     |              | Saturday afternoons from 3-5pmcall for start dates.  |