

## Uplifting Quotes to Make You Feel Better About Getting Older

**It all adds up** "The great thing about getting older is that you don't lose all the other ages you've been." —Madeleine L'Engle, American Writer

**You own your mindset** "You can't help getting older, but you don't have to get old." —George Burns, American comedian, actor, and musician

**Let your skin get tough** "Why are people afraid of getting older? You feel wiser. You feel more mature. You feel like you know yourself better. You would trade that for softer skin? Not me!" —Anna Kournikova, professional tennis player

**The hard truth** "If you're not getting older, you're dead." —Tom Petty, American singer

**The good news** "The great thing about getting older is that you get a chance to tell the people in your life who matter what they mean to you." —Mike Love, American singer

**Time to relax** "The good thing about getting older is that, as you become less attractive, you have less desire to go out and conquer everyone you see." —Julian Clary, comedian

**Acceptance is Key** "I can honestly say I love getting older. Then again, I never put my glasses on before looking in the mirror." —Cherie Lunghi, actress

**The best part** "I'm just getting older and better." —Neal Schon, guitarist

**Just keep going** "Getting older is fine. There is nothing you can do to stop it so you might as well stay on the bus." —John Byrne, writer

**Take it all in** "I think women should start to embrace their age. What's the alternative to getting older? You die. I can't change the day I was born. But I can take care of my skin, my body, my mind, and try to live my life and be happy." —Olivia Munn, actress

**Feel the bliss** "As I started getting older, I realized, 'I'm so happy!' I didn't expect this! I wasn't happy when I was young." —Jane Fonda, actress

**Enjoy the ride** "Getting older and having kids, you learn how to become less serious about it all." —Lena Headey, actress

**More beauty shows** "That's another great thing about getting older. Your life is written on your face." —Frances McDormand, actress

**Let yourself shine** "I wish I was 100-per cent confident in my own skin. It's always a process, but getting older, I've become more confident." —Brittany Snow, actress

**The best is yet to come** "I love getting older! I really believe that a woman doesn't reach her peak until her 40s." —Evangeline Lilly, actress

**Learn as you go** "I have a great curiosity to see new things, but not to own them. It's very peaceful this way, and one of the nice things about getting older." —Lee Radziwill, socialite

**It all works out** "I like getting older. When you're in your 20s you're really forging for your future. Things take shape later on." —Crispin Glover, actor

**Savor it all** "Let us never know what old age is. Let us know the happiness time brings, not count the years." —Ausonius, poet

**Free your thinking** "Age is a case of mind over matter. If you don't mind, it don't matter." —Satchel Paige, baseball player

**The stinky bit** "Age is something that doesn't matter, unless you are a cheese." —Luis Bunuel, filmmaker

**Stay alive** "Try to keep your soul young and quivering right up to old age." —George Sand, writer

**See the beauty** "Youth is the gift of nature, but age is a work of art." —Stanislaw Jerzy Lec, writer