

CLEANING:

After each treatment rinse out the inside of the nebulizer with hot tap water and leave disassembled to air dry on a clean dry towel. Once a day wash the parts with warm soapy water. The connector tubing does not require cleaning. **EVERY THREE** days nebulizers need to be soaked in a solution of one part white vinegar and two parts water for disinfecting. Soak, for 30 minutes and rinse thoroughly, again air-drying. Cleaning solution can be stored in refrigerator to reuse for one week. **DO NOT** place hand held nebulizer in the dishwasher or in boiling water. **DO NOT** towel dry.

MAINTENANCE OF COMPRESSOR:

The compressor has very little required maintenance. Please make sure to follow these instructions:

1. The air intake filter should be replaced monthly or when moderately discolored. This filter is located next to the compressor outlet where you connect your tubing to the hand held nebulizer. This is easily accomplished and replacement filters are readily available. Call when your supply runs low.
2. The outside of your compressor may be wiped off with a damp cloth. **NEVER** immerse in water or spray with a cleaning solution.

TROUBLESHOOTING:

If you have any questions or problems concerning your nebulizer, or need replacement supplies, please call

PROBLEM

Not Operating

CAUSE

- Compressor not plugged in
- Power not turned on
- Power failure
- Medication not placed in nebulizer
- Connecting tubing not on nebulizer or compressor
- Power not on
- Nebulizer not in upright position

Nebulzer Not Misting

In the Portland Metro Area: **(503) 215-4663**

In Oregon and SW Washington: **(800) 762-1253**

INSTRUCTIONS

NEBULIZED

MEDICATION

HOME THERAPY



(503) 215-4663



NEBULIZED MEDICATION HOME THERAPY

PURPOSE:

Nebulized Medication Home Therapy has been prescribed by your physician for you. This therapy is accomplished with the use of equipment called a compressor combined with a hand held nebulizer, saline and prescribed medication. This equipment will reduce the medication and saline to a particle size small enough to be inhaled, which allows distribution of medication to the actual lung surface where it can dilate (enlarge) airways and/or loosen secretions to help you breathe better.

PRESCRIPTION INSTRUCTIONS:

Your physician has prescribed nebulized medication home therapy, _____ times per day and/or _____.

With/without medication _____.

Your medication is available at your pharmacy only. **BE SURE TO KEEP YOUR MEDICATION REFRIGERATED.**

Notes: _____

INSTRUCTIONS:

1. Carefully assemble the hand held nebulizer using the diagram on the next page as a guide.
2. Plug in the compressor and open the cover.
3. Connect the tubing to the black adapter inside the front cover of the compressor. **BE SURE** the tubing is not kinked.
4. Remove the T-piece and place the prescribed amount of medication in the well of the nebulizer cup. **BE SURE** to keep the nebulizer in an upright position to avoid spillage of medication.
5. Replace the T-piece carefully.

6. Turn on the compressor; In seconds mist will be visible.
7. Inhale the mist, taking slow deep breath occasionally, and continue to take the medication until the mist is no longer emitted from the hand held nebulizer. The treatment should last about 10 to 15 minutes.
8. Clean hand held nebulizer as per directions after each use.

WARNING: BE SURE TO TURN COMPRESSOR OFF AFTER EACH USE. USE ONLY AS DIRECTED BY YOUR PHYSICIAN.

ASSEMBLY:

