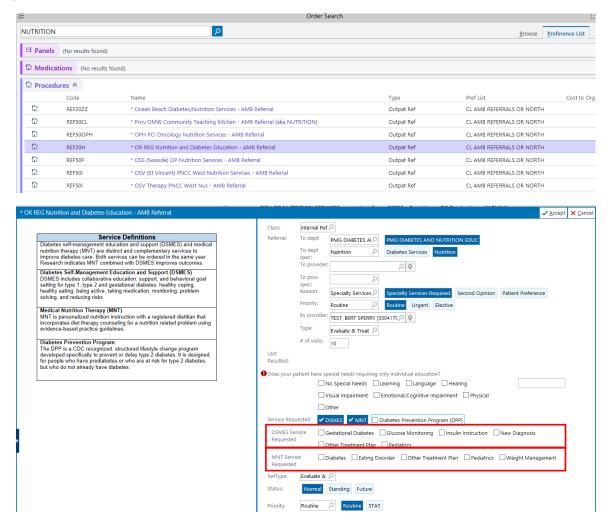
# REF20H: One Referral Form for all OR REG OP Nutrition, Diabetes Education and Diabetes Prevention referrals

**REF20H OR REG Nutrition and Diabetes Education** is the new referral form for all Nutrition, Diabetes Education and Diabetes Prevention Program referrals for hospital and PMG locations in the OR region. A centralized scheduling and insurance verification team manages **REF20H** referrals for:

- Outpatient Nutrition, Eating Disorders, and general Medical Nutrition Therapy
- Diabetes Education
- Diabetes Prevention

Preference lists were updated to remove previous referrals and add the **REF20H** referral for the system preference list (primary Oregon North and South), as well as personal/user preference lists for providers.



- 1. **Do not change Referred To Dept.** (PMG Diabetes and Nutrition Education)
- 2. Select the service(s) requested for your patient; sign as usual.
- 3. Your patients will be scheduled with the appropriate clinician.
- 4. The centralized insurance verification team will contact the patient with a summary of benefits and expected OOP costs prior to the appointment.

For questions, please call the scheduling line at (855) 360-5456 or email Kathy.schwab@providence.org

#### **Common Medical Nutrition Therapy Diagnostic Codes Approved by Insurance:**

### Pregnancy Related:

O26.00 Abnormal weight gain in pregnancy

O26.11 Low weight gain in pregnancy, first trimester

O26.12 Low weight gain in pregnancy, second trimester

O26.13 Low weight gain in pregnancy, third trimester

#### O99.019 Iron deficiency anemia in pregnancy

#### O99.21 Obesity complicating pregnancy

O99.210 Obesity complicating pregnancy, unspecified trimester

O99.221 Obesity complicating pregnancy, first trimester

O99.212 Obesity complicating pregnancy, second trimester

O99.213 Obesity complicating pregnancy, third trimester

## O99.81 Abnormal glucose complicating pregnancy

O99.810 Glucose intolerance in pregnancy

#### Non-Pregnancy Specific:

#### E28.2 PCOS

#### E66 Overweight and obesity

E66.01 Obesity due to excess calories

E66.02 Morbid (severe) obesity due to excess calories

E66.9 Other obesity due to excess calories

E66.1 Drug-induced obesity

E66.2 Morbid (severe) obesity with alveolar hypoventilation

E66.3 Overweight

E66.8 Other obesity

E66.9 Obesity, unspecified

E78.1 Hypertriglyceridemia

E78.2 Mixed hyperlipidemia

E78.5 Hyperlipidemia

E88.81 Metabolic syndrome

**I10 Essential HTN** 

R73.01 Impaired fasting glucose

R73.03 Pre-diabetes

R73.9 Hyperglycemia