

What to Bring to the Hospital



- Bed pillows, at least two
- Music that is soothing to you
- Snacks for support person
- Cards, books, videos and any other time-passers
- Pair of socks
- Focal point
- Hand-held massager/lotion
- Digital camera
- Toiletries for mom and support person
- Slippers and bathrobe/nightgown
- Change of clothes for support person
- Going-home clothes for mom and baby
- Reading and writing material
- Change for vending machines
- Watch or clock with second hand
- Hand fan
- Lip balm
- Bra and panties
- Nursing bra
- Receiving blankets for going home
- Car seat

Please do not take the hospital linen home with you.

During your stay newborn will be supplied with shirts/diapers and blankets.