

# Warning Signs Which Need Immediate Attention



If you experience any of the following warning signs listed below or have other symptoms that you feel are not normal, get medical attention immediately.

## **Preterm Labor - (three or more weeks before your due date)**

- Contractions, more than four occurring in an hour
- Menstrual-like cramps, may come and go or be constant
- Abdominal cramps, may occur with or without diarrhea
- Low backache, comes and goes or is constant
- Pelvic pressure, feels like the baby is pushing down
- Change in vaginal discharge, a sudden increase in the amount or may become more mucus-like, watery or slightly blood-tinged
- Water breaks before 37 weeks
  - Note how much fluid, small leak or big gush?
  - What color is the fluid?
  - If you are not sure if it is your water that has broken or if you passed urine, call your health care provider and get it checked right away

## **Vaginal Bleeding - (bright red vaginal bleeding is not normal)**

- Amount of bleeding
- Presence of clots

## **Abdominal Pain**

- Needs immediate attention

## **Decreased Fetal Movement**

- Absence of movement or significant lessening of movement

## **Fever**

- Notify your health care provider if you have a fever

## **Headache**

- Unusually severe
- Seeing spots or flashing lights
- Other neurological symptoms, numbness, loss of vision, weakness, loss of balance or speech difficulty

## **Urinary Discomfort**

- Frequency with small amounts
- Blood-tinged urine
- Painful urination
- Pus in urine