















Thank you in advance for trusting The Women's Care Center at Covenant Children's to deliver your baby!

Our care team is committed to the safe delivery of your baby and the best care for you! Our desire is for the birth of your baby to go as planned and for you to have the best experience possible. The care team will discuss any reasons for deviation from your plan, but will do their absolute best to meet your birthing plan goals.



Preparation for Childbirth

- I attended a prepared childbirth class with this baby.
- I attended a breastfeeding class.
- I attended a prepared childbirth class with a previous baby.
- I did not attend any prenatal classes.








During Labor and Delivery (check all that apply)

<input type="checkbox"/>  No Pain Medication	<input type="checkbox"/>  IV Medication	<input type="checkbox"/>  Epidural	<input type="checkbox"/>  Dimmed Lights	<input type="checkbox"/>  Mirror	<input type="checkbox"/>  Free Movement	<input type="checkbox"/>  Listen to Music
<input type="checkbox"/>  Labor in Shower	<input type="checkbox"/>  Alternative Pushing Position	<input type="checkbox"/>  Natural Water Rupture	<input type="checkbox"/>  Nitrous	<input type="checkbox"/>  Saline in Place of IV	<input type="checkbox"/>  No Episiotomy	<input type="checkbox"/>  Intermittent Monitoring

After Delivery (check all that apply)

<input type="checkbox"/>  Delayed Cord Clamping	<input type="checkbox"/>  Immediate Skin-to-Skin	<input type="checkbox"/>  Delay Eye Ointment 1 Hour
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Postpartum/Newborn Care (check all that apply)

<input type="checkbox"/>  Pacifier During Procedures Only	<input type="checkbox"/>  No Bath	<input type="checkbox"/>  Bath After 24 Hours	<input type="checkbox"/>  Exclusive Breastfeeding Unless Medically Indicated
<input type="checkbox"/>  No Pacifier	<input type="checkbox"/>  Exams, Bath, etc. in Patient Room	<input type="checkbox"/>  Parent Will Bathe	

Do you have any cultural or religious practices that are important to you during childbirth, and what can we do to accommodate these? _____

What is important to you during your labor and birth? _____