



PROVIDENCE IMAGING CENTER

SCHEDULING	212-5856
NURSE –SHELLEY/JEAN	212-3607
PRE-REGISTRATION	212-3151

DUCTOGRAM INSTRUCTIONS

You have a ductogram scheduled at Providence Imaging Center in Anchorage. This ductogram has either been recommended by your health care provider or by the radiologist based upon findings related to an abnormal nipple discharge. Ductography is most commonly used to evaluate either clear or bloody discharge. Creamy, white or greenish discharge is usually not an indication for this study.

Your ductogram is scheduled for _____ on _____.

(time)

(date)

The radiologist for your ductogram is _____.

What is a ductogram?

A ductogram is performed to evaluate an abnormal nipple discharge. Your mammogram images will be reviewed by the radiologist prior to the procedure and additional mammogram images may be obtained. The radiologist will squeeze your nipple to identify the nipple discharge and the duct from which it originates. A small tube is inserted into the duct. The tube is used to inject a dye. Mammogram images will be obtained with the tube and dye present. The radiologist will review and evaluate these films. The tube will then be removed and you may leave the department. Results of the procedure will be sent to your healthcare provider, who will review the results with you.

What to do prior to your ductogram

There are no diet restrictions -- eat and drink as usual. Take your usual medications on the day of your appointment. A two-piece outfit will be more comfortable.

What to expect during the procedure

There is pressure or squeezing associated with identifying the nipple discharge. Most women experience brief discomfort as the tube is placed into the opening of the duct. In some women, placement of the tube is difficult and may be unsuccessful. Once the tube is in place, most women experience no further discomfort with this procedure.

What happens after the procedure

You may experience nipple discharge following the procedure. The contrast material is clear, but sticky and we will give you gauze to place into your bra to protect your clothing. There are no activity restrictions following this procedure.

Results and Follow-up

Your healthcare provider should contact you with the results of your ductogram several days after the procedure. Depending upon the results, you may be referred to a surgeon for additional evaluation.

Questions

If you have any questions about the procedure or results, call the nurse at Providence Imaging Center, 212-3607.

Providence Imaging Center is an independent diagnostic testing facility with two locations: In Anchorage on the east side of the Providence Hospital campus at 3340 Providence Drive (Entrance 4), and in Eagle River at 17101 Snowmobile Lane.