



# Come Cook With Us

## Oncology nutrition class

Join the Providence Cancer Center for a FREE interactive (virtual) cooking class. Learn nutritional and delicious recipes for you and your loved ones throughout the cancer journey. Every participant will receive recipe cards with ingredients and directions before the class.

## Every first week of the month

2- 3 pm Virtual

## Register

Use your smartphone to scan the QR code or go to the link below.



[providence.org/CancerCookingClass](https://providence.org/CancerCookingClass)

## Haley Hughes MS, RD, CDCES



Haley Hughes is a Registered Dietitian, Diabetes Education Specialist and Intuitive Eating Counselor providing Alaskans with compassionate

nutrition education and support. She enjoys teaching healthy cooking skills and empowering patients with evidenced based nutrition therapy to meet their individualized health goals.

For more information please call 907-212-6870