



Be Fit: Gym

On-site oncology fitness

Focus on wellness through strength and aerobic conditioning in a fitness survivorship program monitored by the Providence Oncology Rehabilitation team.

Daily passes are \$5 or purchase a Punch Card worth 10 sessions for \$50.

Registration is required. Each session is limited to a 6 participant maximum. All participants must have participated in the Oncology Rehabilitation program and be cleared for attendance.

Monday - Friday

2 sessions available each day

Morning, 7:30 - 9:30am

Afternoon, 3:30 - 5:30pm

Register using your
smartphone and
scan the QR code



-OR-

Register online at
providence.org/AKCancerCenterClasses

For more information please call 907-212-6872