

Semen Analysis Collection Instructions/Information

Sexual abstinence (no ejaculation) of 2-7 days should precede the collection.

The only method of collection of seminal fluid for routine semen analysis is masturbation directly into a clean plastic container (a random urine container) labelled with the patient’s name and date of birth. Care must be taken to include the entire specimen. The use of lubricants, spermicides and other contaminants should be avoided.

The sample should be obtained at the physician’s office, a room near the laboratory, or in the privacy of the patient’s home. The specimen must be brought to the CMC or LDC laboratory within 20 minutes of collection and maintained at room temperature during transport.

The following information is required for analysis: approximate time of collection, days of abstinence, delays or problems in transportation to the lab, and whether the specimen was collected according to the above instructions.

To be completed by Patient			To be completed by Lab		
Time of collection			Time of receipt		
Sexual Abstinence (days)			Time of analysis		
Delays in transport to the lab	Y	N	Post Vasectomy (first/additional)		Infertility
If delayed, reason					
Was the collection method in accordance with the above instructions	Y	N			